

"After the Game, Take Your "Hungries" to Boston

Boston Pizza

TAKE A PICTOZZ BREAK!

Nº 1262

DOWNTOWN

545-3228

FOR PICK-UP OR DELIVERY

- A Parkside Pontiac Buick Ltd.
- ☆ Vernon Mazda
- **Sunshine Marine**

- **☆** Wholesale Auto Sales
- Mark Import Auto Body
- **☆** Okanagan Auto Lease

Why We Sell Over 2000 Vehicles Per Year?

- ✓ Free Courtesy Cars
- ✓ Authorized I.C.B.C. Windshield Center

- ✓ 7 Day Money Back Guarantee
- ✓ Over 300 Vehicles to Choose From ✓ Parkside Group Discount Gold Card
 - ✓ Authorized Government Inspection Center

All Vehicles Welcome On Trade Cars, Trucks, Boats, Trailers, Campers, and Motorcycles

25.00 Gift Certificate

with any \$100. purchase

Parkside Auto Group

THE CORPORATION OF THE CITY OF VERNON

3400 - 30th Street, Vernon, British Columbia V1T 5E6 Telephone (604) 545-1361





Office of the Mayor

On behalf of Vernon City Council and all citizens of Vernon, I am delighted to have this opportunity to welcome all players, officials and fans of the B.C. Junior Hockey League to the "Top of the Okanagan". I would especially like to wish the Vernon Lakers much success in the 1989-1990 season.

The City of Vernon is honoured that the Canadian Amateur Hockey Association has selected Vernon as the site for the 1990 Centennial Cup Championships. The entire community is looking forward to this event with enthusiasm, and we are anticipating top-notch hockey which players and fans alike can

I heartily extend thanks to our own Vernon Lakers for being such capable ambassadors of the City of Vernon during their many tours of our Province and throughout Canada. Each player and staff member is to be commended for his fine represenation of our City.



Anne Clarke,

GOOD LUCK From one of the most exciting Furniture, Appliance & Electronics Stores you could visit.

RECORD your game with a HITACHI CAMCORDER

WATCH your game on a HITACHI TV 10 Stores Serving B.C.



3415 - 31st Avenue **VERNON**

549-3121

ONTHEROAD, OFF THE ROAD, A BRUTE.



BOB PETERS FISH

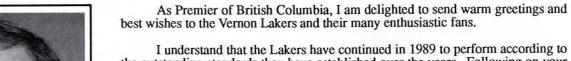
3300 - 43rd Ave., Vernon #8415

542-0371



Province of British Columbia

Office of the Premier



the outstanding standards they have established over the years. Following on your exceptional achievements on the ice at the British Columbia Junior Hockey League Championship, you continued to demonstrate that the Lakers represent the finest players in Canada by hosting the 1990 Centennial Cup Tournament in Vernon.

Well done, Lakers! The pride which your players, coaches and fans exhibit on and off the ice is richly deserved.

Sincerely,

fill vand lacon

William N. Vander Zalm PREMIER





- ★ TUNE UPS
- * BRAKE
- * SHOCKS
- ★ ALIGNMENTS
- ★ MAGS &
- * ACCESSORIES

549-5111

2407 - 48th Avenue, Vernon

Where Quality, Choice & Price are a Must! We're the ones you can TRUST!





IT'S YOU THAT COUNTS THE MOST

REAL ESTATE SERVICES

Buying -- Selling

Free Market Evaluations

upon Request

545-6077 bus.

2802 - 30th Street

Vernon, B.C.





MEL LIS

President and General Manager's Message

Welcome to what we hope will be the finest season of junior hockey in lernon yet

Last season the Vernon Lakers made it as far as the Centennial Cup finals, winning the Mowat Cup and Abbot Cup along the way. This season, our goal is to do our very best to bring the Centennial Cup home to our fans, the best fans in the league.

To that end we are determined to play an exciting brand of hockey, lots of skating, hard-hitting and all-out effort both home and on the road. It has been a successful formula for our team the last three seasons and we believe it will prove to be successful again this year.

Success requires three ingredients: belief in oneself, hard work and discipline. Good coaching helps, too, and we feel we have an excellent staff in Head Coach Ernie Gare and his assistants George Fargher and Eddie Johnstone.

We don't promise to win. But we can promise, and deliver, hard work every time out. We expect the league to be competitive this season and we know we'll have to work hard for every two points. It is that effort which will help us achieve our goal: to provide our fans with exciting bockey all season long.

achieve our goal: to provide our fans with exciting hockey all season long.

Vernon hosts the Centennial Cup in 1990, a week-long event that brings in the best teams in Canada to compete for the national Junior A hockey championships. We have tried very hard to mould a team that will be competitive at that level, and we hope that you, the fans, will enjoy watching us play all season.

So, on behalf of our players, coaches and myself, I extend a hearty welcome to everyone who comes to watch us play, and I thank you for your support in the past.

Yours in sports,

Mel Lis

President/General Manager.



RECOGNITION • EDUCATION • MOTIVATION

1315 Inkster Boulevard Winnipeg, Manitoba R2X 1P6 204/633-8448—Toll Free 1-800-665-7636 Fax: (204) 694-5024



Todd Krohn
Sales Representative, Scholastic Products

4310-47th Street Red Deer, Alta T4N-1P5 Office: (403) 343-0415 Fax: (403) 341-3300











A Tradition of Excellence

MEET THE COACHES







LAKERS 4

GEORGE FARGHER

When Ernie Gare, George Fargher, and Eddie Johnstone played with the Vernon Essos in

1971, they never dreamed they'd be teammates again...almost 20 years later.

Gare, Fargher, and Johnstone comprise the Vernon Lakers' coaching staff. And they have been as successful as coaches as they were 19 years ago as junior 'A' players.

The 1971-72 Vernon squad won the B.C. championship. Gare was among the leading scorers

in the BCJHL and Fargher was a top-notch defensive centre. Johnstone started the year with the Essos, but in December, he was called up to the Medicine Hat Tigers of the Western Hockey

Johnstone starred with the Tigers for two and one-half seasons before moving on to the proranks. After stints with two WHA and in the American Hockey League, Johnstone played in the NHL with the New York Rangers and Detroit Red Wings.

Gare starred for several seasons with the Spokane and Trail, of the Western International Hockey League. Fargher, who remained in Vernon after his final junior season, finished his hockey career with the Vernon Cougars of the now-defunct North Okanagan Hockey League. Gare and Fargher were reunited in 1986 and Johnstone joined them the following year after

retiring from the NHL. In their first season as a coaching trio, the Lakers won the provincial title.

Then, in 1988-89, they guided Vernon to the Western Canada championship.

This year, Vernon is hosting the Centennial Cup and the Lakers have only one more mountain to climb.

CENTURION FITNESS CENTRE



- ~ Beginner's "Safe Conditioning"
- ~ Reconditioning & Rehabilitation
- ~ Sports Training
- ~ Body Building
- ~ Aerobic Classes

VERNON'S OFFICIAL TRAINING CENTRE 4701 - 29th St. Call 545-8943 or drop by

PRODUCE

Wishing the Allstars the Best of Luck!



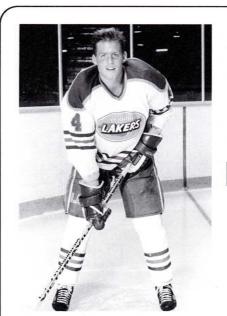
"GET FRESH FOR LESS"

2902 - 43rd Avenue

545-2223

542-3309

- FUND RAISING SPECIALISTS -



DARYN **KRYWKO**

Defence

Birthdate: September 30, 1971

Height: 6' 3" Weight: 215

Hometown: Calgary, Alberta Last Team: Calgary AAA Buffaloes Statistics: Played 38 games, 11 goals,

19 assists, 30 points

Photos by Wayne Emde



THE VERNON **GOLF & COUNTRY CLUB** 542-9126

Kalamalka Lake Road

Vernon, B.C.



PRICE & MARKLE

EQUIPMENT LTD.

Power Transmission Products and Industrial Supplies

1020 Waddington Drive, Vernon, B.C. • Phone 545-6041

☆ 10 LOCATIONS IN BRITISH COLUMBIA ☆





BARRY McLEOD

Defence

Birthdate: March 28, 1969

Height: 5' 9" 180 Weight:

Hometown: Thunder Bay, Ontario Last Team: Thunder Bay Flyers Statistics: Played 48 games, 6 goals,

23 assists, 29 points

Photos by Wayne Emde



- ICBC CLAIMS
 COURTESY CARS
- FACTORY MATCHED PAINT
 - GLASS REPLACEMENT

CELETTE BENCH SYSTEM - FREE ESTIMATES



"In our 22nd year"

545-2291

2814 - 37th Avenue, Vernon, B.C. (Across Tracks from Vernon Arena)



B.C. Telephone wishes the Vernon Lakers another Championship Season



Insurance Kamloops Branch

ALL LINES

AUTHORIZED AGENT



DAVE KEENE

- ★ British Columbia **Cattlemans Association**
- ★ Personal Insurance Services
- ★ Liability ★ Bond
- **★** Commercial
- ★ Industrial
- **★** Business
- ★ Independent Loggers Association

374-3133

100, 125 - 4th Avenue, Kamloops

Sedgwick Tomenson Inc.

OFFICIAL



1989-90 CENTENNIAL CUP HOST

BEING FIRST IS FOREMOST!

First in quality ... Taste ... Freshness ... It's our commitment to you. As is our pride ... Pride in our people ... Pride in our standards of excellence ... and the products that we produce ... from milk ... yogurt ... ice cream ... cottage cheese ... party dips ... dairy products that are foremost ...



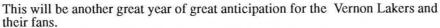
LAKERS 7

Foremost Fine Dairy Foods FRESH AS TODAY Cream Yogourt

Best of Luck to the Vernon Lakers!



MLA'S MESSAGE



After winning the B.C. Junior Hockey League Championship for the second straight year, the Lakers made it to the Centennial Cup Tournament in P.E.I. This season, Vernon will play host to the Centennnial Cup, and our own team will again lock horns with the best in Canada!

Everyone Involved with the Laker Franchise can certainly be proud of their accomplishments.

To all teams and fans; welcome to Vernon, and best wishes for a great season.

Lvall F. Hanson M.L.A. Okanagan North Minister of Labour and



BOOSTER CLUB

"Join us for Fun!"



- Appreciation & Awards Banquet & Dance
- 50/50 Raffle & Hockey Pool at all Home Games
- Souvenier & Publicity Booths
- Players, Billets & Booster Club "Get Acquainted" Night
- ★ Join us in helping to ensure top quality entertaining hockey remains and grows in Vernon as we look forward to hosting the national championship - The Centennial Cup - right here in Vernon in May 1990.

BE INVOLVED! BE A LAKER BOOSTER!



President's Message



On behalf of the British Columbia Junior "A" Hockey League, I want to extend a warm welcome to all our supporters and spectators to the 1989-90 hockey season.

Our motto in the BCJHL is: " High calibre hockey that prepares young men for the future." All the teams within the BCJHL are dedicated to providing a high calibre of skilled hockey in their communities and develop both excellent hockey players and solid young men. The BCJHL has an enviable record of developing high draft picks for the N.H.L., and, more importantly, has witnessed hundreds of league players go on to Canadian and American Universities and Colleges on full scholarships to compete at an elite level of hockey competition and guarentee their future with a degree or diploma. The impressive rosters of each team in the BCJHL is no doubt the envy of every

scout in North America.

I wish to send special greetings to the team owners, directors and coaching staffs, as their dedication and hard work is ultimately responsible for bringing this high level of hockey to your community and developing the potential of each young man on their

The entire BCJHL is excited about the Centennial Cup, emblematic of the Canadian Junior "A" hockey championship being hosted by the Vernon Lakers and the city of Vernon from

May 5-12, 1990. This prestigious event will allow the BCJHL to showcase its solid organization and high calibre of play to all of Canada.

Finally, I would like to wish all the players in the BCJHL the best of luck for the 1989-90 season. I hope you work hard and display all your hockey skills and talents to the best of your ability in every game. This experience will be a stepping stone to greater things in your future, make good use of your opportunity.

BRITISH COLUMBIA JUNIOR "A" HOCKEY LEAGUE

Sincerely yours Bruce Allison, President B.C.J.H.L.

FOR ALL YOUR

BAKERY AND

MEDICAL TEAM



A FINE KETTLE"O"FISH

VERNON'S PHARMACARE CENTRE

3101 - 30th Avenue - Vernon - Phone 542-4181

☆ GOOD LUCK ☆





LAKERS TRAINING STAFF

Sponsored by



1989-90 CENTENNIAL CUP HOST



Don Kassa, B.Comm.

Bus. (604)542-4054 / Car. (604)549-0010 Res. (604)545-7525 / Fax. (604)542-3706



Vernon, B.C. V1T 8G3



VIC CHENIER



SONNY JENKINS

THE SAVE OF THE DAY



Thrify is pleased to announce The opening of our office in Vernon, 3004 43rd Avenue 549-3500

THRIFTY ALSO HAS OFFICES IN KAMLOOPS, PENTICTON, KELOWNA AND SALMON ARM.



"Join us for Fun!"



- Appreciation & Awards Banquet & Dance
- 50/50 Raffle & Hockey Pool at all Home Games
- Souvenier & Publicity Booths

THRIFTY, PRICED FOR EVERYONE AT OVER 700 AIRPORT AND DOWNTOWN LOCATIONS WORLDWIDE.

EVERY DAY MEANS A GREAT SAVE WHEN YOU RENT FROM THE OFFICIAL CAR RENTAL CO. OF THE N.H.L.



Thrifty the First with The No-Smoking™ Car Choice.

For Advance Reservations call 1-800-FOR-CARS.







ROB ATKINSON

Forward

Birthdate: January 2, 1970

Height: 6' 0" 170 Weight:

Hometown: Moncton, New Brunswick Last Team: Vernon Lakers BCJHL Statistics: Played 54 games, 47 goals,

50 assists, 97 points

Photos by Wayne Emde

GOOD **LUCK LAKERS**



HILLVIEW GOLF

1101 - 14th Ave. VERNON, B.C. V1B 2S6



FACTORY OUTLET - 545-9048

3101 - 31st AVENUE - VERNON

SKIWEAR • CASUAL CLOTHING • FOOTWEAR

Nolan DRUGS LTD.

PRESCRIPTION PHARMACISTS

VERNON'S PHARMACARE CENTRE

3101 - 30th Avenue - Vernon - Phone 542-4181

☆ GOOD LUCK ☆

GOOD LUCK.



Specializing In:

'Wedge Fries' *Fried Chicken* *Ribs *Fish *Burgers LICENSED

Eat-In or Take-Out Catering Service Open 7 Days A Week 3131-29th St.

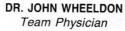
545-4554

(In the New Station Building)











PATRICK HICKINBOTTOM Team Physiotherapist



DR. MAURY BANKS Team Chiropractor

The Drawing Room Consulting Ltd.

CONTRACT DRAFTING AND **BUILDING DESIGN SERVICES** DAVE HEARD

545-2709 - VERNON, B.C.

821 Fairweather Road

V1T 8T9

Squire's Four Pub

COLD BEER & WINE STORE



FINE FOOD & DRINK

Half Mile North of Vernon on Hwy. 97 PHONE 549-2144



BRUCE RAMSEY

Forward

Birthdate: September 13, 1969

Height: Weight: 183

Hometown: Dryden, Ontario Last Team: Thunder Bay Flyers

Statistics: Played 48 games, 18 goals,

28 assists, 46 points

Photos by Wayne Emde

Good Luck





AUTO PROPANE AND GASOLINE



ICG LIQUID GAS LTD

Division of Inter-City Gas Corporation

4606 - 27th Street — Vernon — Phone 542-9622

Go LAKERS Go!

OKANAGAN TRACTOR PARTS & SERVICE FOR LOGGING EQUIPMENT



1046 MIDDLETON WAY VERNON, B.C.

PHONE 549-2217

1989-90 CENTENNIAL CUP HOST

Specialists in Food and Pharmaceutical Transportation



DIV. OF CLARK REFER LINES LTD. ★ SERVICING B.C. ★

VIC CHENIER

542-1377

VERNON, B.C.



POLSON PLACE CINEMAS

Famous Players Inc. 275-2306 Coldstream Road Vernon, British Columbia

(604) 542-1107

Bruce McCulloch

ART'S MAD MAX'S

3201 - 32nd Street, Vernon

- * OPEN 24 HOURS
- * CONVENIENCE STORE
- * FULL SERVICE GAS BAR

542-9225

FARRER ENTERPRISES LTD.

• Construction Equipment Rentals

4509 - 25th Avenue, Vernon, B.C. V1T 1P5

Form Rentals

Phone 545-9108

Crane Truck Service

TOM FARRER Res. 542-1433

Previous Winners:

1982-83 - Nick Kapicki 1983-84 - Bruce Major

1986-87 - Greg Olson

1987-88 - Jamie Steer

1984-85 - Shawn Lafroth

1985-86 - Dennis Holland

CHARLES FARRER Res. 545-1121

Concrete Accessories

LAKER **ROOKIE OF THE YEAR**

Sponsored by ...





TERRY SAMMARTINO Bus. (604)542-4054 / Fax. (604)542-3706 Res. (604)542-3131

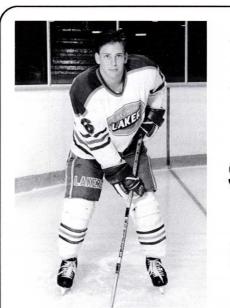
NRS BLOCK BROS. REALTY LTD.



Dave Oliver

5300 26th Street, Vernon, B.C. V1T 8G3

1989-90 CENTENNIAL CUP HOST





CAM SYLVEN

Forward

Birthdate: May 27, 1970

Height: 5' 10" Weight: 175

Hometown: Calgary, Alberta

Last Team: Vernon Lakers B.C.J.H.L. Statistics: Played 53 games, 13 goals,

35 assists, 48 points

Photos by Wayne Emde



Apply of the Party of the Part

With You for the Best of Your Life!

BARON INSURANCE

AGENCIES LTD.
DOWNTOWN VERNON
VILLAGE GREEN MALL
LUMBY

● GOOD LUCK, LAKERS ●

H. Y. LOUIE CO.

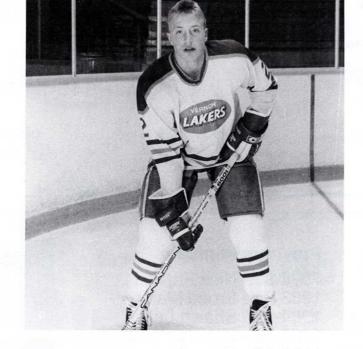
WHOLESALE

RESTAURANT AND GROCERY SUPPLIES

4601 - 23rd Street

Vernon





JASON MARSHALL

1st Round Draft

St. Louis Blues

VAUGHN CUSTOM EQUIPMENT

available at

JARDINES

in Kamloops





1989-90 CENTENNIAL CUP HOST



Good Luck Lakers For The 1989-90 Season

from your
PETRO-CANADA
RETAILERS & ASSOCIATES

Petro-Canada offers a full range of automobile services in the Vernon area

Full Service

Self Service

Service Centres

Car Care

Convenience Stores

Call today for Service Centre Appointments or for information on other great savings at any of our retail outlets



Dealers in Petro-Canada Products

PETRO CANADA

542-1255

Village Green Service, 4709-27th Street

Village Green Gas Bar, 4900-27th Street 542-8047

Polson Park Service 2701 - Highway 6

Corner Grocery, 5487 Okanagan Landing Road

Little Kingdom Service, Westside Road

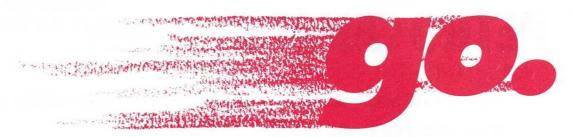
542-8908

545-2515

542-1425

1989-90 CENTENNIAL CUP HOST LAKERS 15

Go feem,



The team at your local Chevron station is rooting for you all the way.

And if you'd like some of our friendly service and a fill of one of our top quality gasolines, come on in and give us a ding.

Before the game, or after it. Either way, you can't lose.

Good Luck Vernon Lakers
from the Vernon Chevron Team.

Daryl Weitzel - 32nd St. Gordy Stark - 27th St.

Al & Flora Sterling - Lavington Jack Howard - 37th St.





George Randall's Men's Wear

QUALITY MEN'S CLOTHING AT AFFORDABLE PRICES

We Wish You A Successful 1989-90 Season

(604) 542-3111 2805 - 32nd St., Vernon, B.C. V1T 5L9

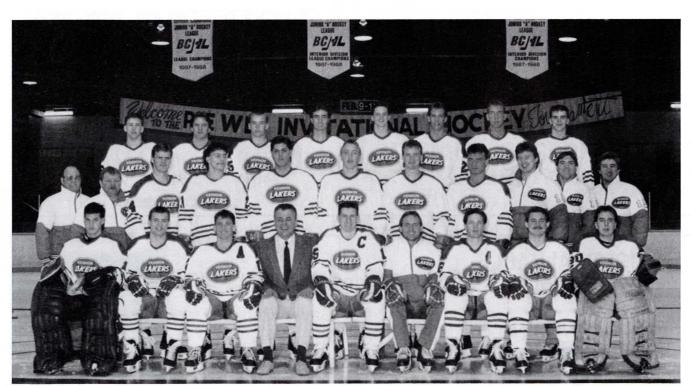
LIS

Lis Equipment & Tool Rentals Ltd.

24-HOUR SERVICE

- CONSTRUCTION EQUIPMENT
- INDUSTRIAL SUPPLIES
- RENTALS

977 Laval Crescent Kamloops, B.C. 372-0911 920 Waddington Drive Vernon, B.C. 549-5113

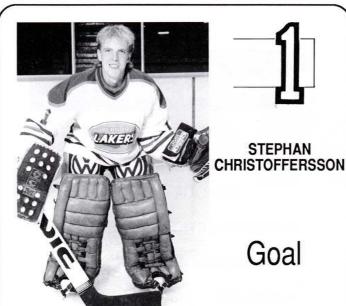


BACK ROW, LEFT TO RIGHT: Cam Sylven, Lance West, Bill Lindsay, Rob Atkinson, Dave Oliver, Corey Carlson, Scott Salmond, Mike Dennis.

MIDDLE ROW, LEFT TO RIGHT:
Vic Chenier (Trainer), Sonny Jenkins (Trainer),
Sean Stewart, Garth Geddes, Craig Daly, Jason
Marshall, Sandy Rennick, Dean Zayonce. (Assistant
Coaches), Keith Chase, George Fargher, Ed Johnstone.

FRONT ROW, LEFT TO RIGHT: Chris Fairlie, Todd Demchuk, Tony Szabo, Mel Lis (G.M.), Shawn Hendry, Ernie Gare (Coach), Duane Dennis, Adrian Markin, Kevin Baldridge.

1989-90 CENTENNIAL CUP HOST



INDUSTRIES LTD.

Manufacturers of Roof Truss Systems 545-3215



" QUALITY PRODUCTS - QUALITY SERVICE " 4109 - 25th Avenue, Vernon

Goal

STEPHAN

Birthdate: June 11, 1970

Height: 5' 9" 170 Weight:

Hometown: Calgary, Alberta

Last Team: Sodertalje J.K. Hockey Club - Sweden

Statistics: Played 21 games, 2.90 average

Photos by Wayne Emde

We Wish You a Successful 1988-89 Season!

Findlay's Vacuum & Sewing Machines

549-2730

POLSON PLACE MALL VERNON, B.C. V1T 7E3

READY MIX LTD.

ENGINEERED QUALITY CONCRETE

CONCRETE FOR ALL BUILDING PURPOSES.

RADIO DISPATCHED

545-7238

EVENINGS: 542-8253

2401 - 43rd Street, Vernon

MOST VALUABLE LAKER PLAYER...

Sponsored by...



Previous Winners

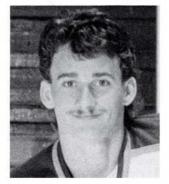
1982-83 - Gavin Shuva

1983-84 - Rob Kossan

1984-85 - Greg Kowal 1985-86 - Dennis Holland

1986-87 - Doug Spooner

1987-88 - Dallas Drake



TONY SZABO



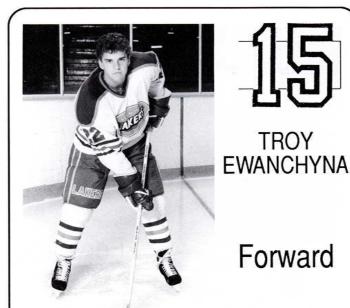


"TOYOTA . . . We Care"TM

AK SAKAKIBARA BUS. 545-0687

SAKAKIBARA FARMS & VERNON TOYOTA CENTRE LTD.

4376 - 27th Street - Vernon - British Columbia



TROY

Forward

Birthdate: January 2, 1972

Height: 5' 11" Weight:

Hometown: Prince Albert, Saskatchewan Last Team: Prince Albert 'AAA' Raiders Statistics: Played 32 games, 32 goals,

43 assists, 75 points

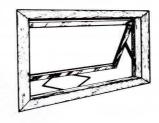
Photos by Wayne Emde

BEST OF LUCK LAKERS!

From Vince, Ken & Staff

FAIR GLASS LTD.





REAT THE HIGH COST OF HEATING Remodelling Or New, Your Resale Value Will Increase

ALL INTERIOR & EXTERIOR DOORS AND MOULDINGS - FREE ESTIMATES -

#107 - 1735 Dolphin Road, Kelowna 1935 - 11th Avenue, Vernon, B.C.

860-6097 545-6096 FOR ALL YOUR

Parefree TRAVEL LTD.

519 Cliff Street Enderby, B.C. 838-6868

3328 - 30th Avenue Vernon, B.C. 545-2154

AIRLINE TICKETS AT AIRPORT PRICES

Good Luck Lakers!

WOODLAND PARTS (VERNON) LTD.

New and Used Skidder Parts

MARCEL PAYEUR Phone 549-4232 MONTY DEEG Phone 549-4232

1600 KOSMINA ROAD VERNON, B.C.

18 LAKERS 1989-90 CENTENNIAL CUP HOST 1989-90 CENTENNIAL CUP HOST



DAVE

Forward

OLIVER

Birthdate: April 17, 1971

Height: 5' 11 1/2" Weight: 185

Hometown: Courtenay, B.C.

Last Team: Vernon Lakers B.C.J.H.L. Statistics: Played 58 games, 41 goals,

38 assists, 79 points

Photos by Wayne Emde

Northern Lite mfg. Ltd.

3451 - 48th AVENUE - VERNON, B.C. - V1T 3R5 TELEPHONE 542-3115



Universal Fiberglass Campers for the 90s Lightweight Models

For Import & Domestic Trucks





2900 - 30th Street

542-3333



UNIVERSAL FASTENING & CONCRETE ACCESSORIES CANADA INC.

Lloyd Johnson BRANCH MANAGER

BUS. PHONE (604) 374-6295

RES. PHONE (604) 376-0415

FAX NO. 372-1586

855 LAVAL CRESCENT

KAMLOOPS, B.C.

MOST SPORTSMANLIKE AWARD

Sponsored by ...



KAL LAKE ROAD - BOX 938 VERNON, B.C. V1T 6M8

20 LAKERS

545-0684

Previous Laker Winners:

1982-83 - Stacy Wakabayasi

1983-84 - Rob Kossan

1984-85 - Al Young

1985-86 - Doug Spooner

1986-87 - Al Young

1987-88 - Jamie Steer



Cam Sylvan

4900 - 27th Street, Vernon, B.C.

THE FASHION CENTRE OF THE NORTH OKANAGAN

Over 70 Stores and Services —



INCLUDING . . . The Bay, K-Mart, Canada Safeway, PLUS . . .

11 Women's Wear

11 Food & Restaurants

4 Jewelry

2 Men's Wear

15 Other Retail

2 Financial

Specialty Clothing

3 Books & Cards 2 Records & Tapes 9 Services

5 Shoes

VILLAGE GREEN MALL . . . meeting all your expectations and more.

CONVENIENT MALL HOURS: Monday - Wednesday & Saturday 9:30 a.m. - 5:30 p.m.

Thursday - Friday 9:30 a.m. - 9:00 p.m. Sunday & Most Holidays 11:00 a.m. - 4:00 p.m.

Mall Administration: 545-3204 • Mall Information: 542-1666

Best Wishes & **Congratulations** to our Junior 'B' Affiliate ...



Columbia Valley Rockies

for their accomplishments 88-89 K.I.J.H.L.

"LEAGUE CHAMPIONS"

• B.C. CHAMPIONS WESTERN CANADA CHAMPIONS

1989-90 CENTENNIAL CUP HOST

After the Game. We Do Chicken Kentucky Fried Chicken



GOOD LUCK LAKERS!



ROBY **GROPP**

Goal

Birthdate: May 22, 1973

6' 1" Height: Weight: 155

Hometown: Kamloops, B.C.

Last Team: Bantam AAA Kamloops

Statistics: Average 3.71

Photos by Wayne Emde



MIKE DUNN 1529 KEGHN RD., KELOWNA V1X 5P3

POWER TRAIN & BRAKE SPECIALISTS

FOR ALL MAKES OF LIGHT AND HEAVY DUTY TRUCKS

BUS. PHONE (604) 861-5511 BUS. PHONE (604) 545-2121

RES. (604) 765-1245



BRING THE STARS HOME TONIGHT! SM

BRING THE STARS HOME TONIGHT!

3104 - 27th Street - Vernon

PHONE 549-3090

THE VALLEY'S BEST MOVIE SELECTION

766-4455

860-4448

IIMel's Sport Shoppe 1/21-

· We carry one of the biggest selections of hockey

"Your Total Sports Specialist"

- ★ over 30 models of skates
- ★ over 50 models of sticks
- plus a full line of protective equipment.
- Over 100 models of athletic shoes to choose from.
- Complete line of men's or ladies sport clothing.
- · Full line of fishing gear (rods, reels, tackle, tackle boxes and fly tying materials).
- · Everything for those racket enthusiasts (tennis, racquetball, squash & badminton).
- · Complete line of golf equipment (shoes, clubs, bags, carts & accessories).
- · Fantastic range of camping gear.
- · Full selection of curling equipment.
- Unbelievable selection of softball equipment (balls, gloves, bats, helmets etc.).
- Also we have the greatest deals on team equipment, team uniforms and team jackets.

"OUR GOAL IS TO PLEASE YOU"

Serving you from two locations:

Winfield Shopping Centre

Northgate Plaza - Kelowna

BONANZA

Where The Extras Don't Cost Extra.®

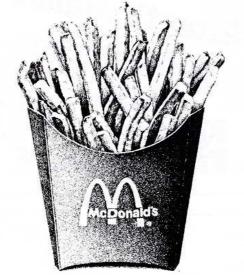
Our all you-can eat food bar includes fresh garden vegetables, crisp deli salads, hot soups, fresh hot buns, cheese, fruits and even desserts The best part it's all free with every dinner.

That's our freshta

Highway 97 Vernon

ONLY AT BONANZA

COME IN AFTER THE GAME



World Famous Fries

Nobody makes french fries like McDonald's. Those golden, crispy fries you just can't wait to get your hands on. Always hot. Always fresh. Always perfect with your favorite McDonald's sandwich.

IT'S A GOOD TIME FOR THE GREAT TASTE

HWY 97 NORTH — ACROSS FROM VILLAGE **GREEN SHOPPING CENTRE**

LUCKY PROGRAM DRAWS

Check your program for your lucky number. you have a chance to win one of the following door prizes to be given away at each home game.

\$10.00 GIFT CERTIFICATE

Courtesy of the Sundowner

TWO VIDEO MOVIE RENTALS

Courtesy of Video Pop

2 SNACK PACKS

Courtesy of Kentucky Fried Chicken

\$10.00 GIFT CERTIFICATE

Courtesy of Bonanza

\$10.00 GAS CERTIFICATE

Courtesy of ICG Liquid Gas

2 MOVIES

Courtesy of National Video

1989-90 CENTENNIAL CUP HOST

VERNON 1989-90 SCHEDULE

	Date	Day	Guest	Home	Time	ĺ
1	Sept.22	Fri	Vern	Pent	7:30 PM	ı
2	Sept.23	Sat	Lad	Vern	8:00 PM	
3	Sept.26	Tues	Vern	Kel	7:00 PM	ı
4	Sept.29	Fri	Mer	Vern	8:00 PM	
5	Sept.30	Sat	Vern	Mer	8:00 PM	
6	Oct. 3	Tues	Mer	Vern	7:00 PM	
7	Oct. 6	Fri	Vern	Nan	8:00 PM	ı
8	Oct. 7	Sat	Vern	C.V.	8:15 PM	ı
9	Oct. 8	Sun	Vern	P.R.	7:00 PM	ı
10	Oct. 12	Thur	Rich	Vern	7:00 PM	
11	Oct. 14	Sat	Pent	Vern	8:00 PM	
12	Oct. 17	Tues	Vern	Pent	7:30 PM	
13	Oct. 20	Fri	Kel	Vern	8:00 PM	
14	Oct. 21	Sat	Vern	Kel	8:00 PM	
15	Oct. 24	Tues	Vern	Mer	7:30 PM	
16	Oct. 27	Fri	Vern	N.W.	7:30 PM	
17	Oct. 28	Sat	Vern	Lad	8:00 PM	
18	Oct. 29	Sun	Vern	Rich	6:00 PM	
19	Nov. 3	Fri	Vern	Pent	7:30 PM	
20	Nov. 4	Sat	Pent	Vern	8:00 PM	
21	Nov. 10	Fri	N.W.	Vern	8:00 PM	
22	Nov. 11	Sat	Lad	Vern	8:00 PM	
23	Nov. 16	Thur	Vern	Mer	7:30 PM	
24	Nov. 18	Sat	C.V.	Vern	8:00 PM	
25	Nov. 21	Tues	Mer	Vern	7:00 PM	
26	Nov. 24	Fri	P.R.	Vern	8:00 PM	
27	Nov. 28	Tues	Pent	Vern	7:00 PM	
28	Nov. 30	Thur	Vern	P.R.	8:00 PM	
29	Dec. 1	Fri	Vern	Nan	8:00 PM	
30	Dec. 2	Sat	Vern	C.V.	8:15 PM	

Valu 2 Locations to Serve You! Downtown and Polson Place Mall

	Date	Day	Guest	Home	Time
31	Dec 5	Tues	Vern	Pent	7:30 PM
32	Dec 8	Fri	Nan	Vern	8:00 PM
33	Dec 9	Sat	Mer	Vern	8:00 PM
34	Dec 12	Tues	Pent	Vern	7:00 PM
35	Dec 15	Fri	Vern	Kel	8:00 PM
36	Dec 16	Sat	Kel	Vern	8:00 PM
37	Dec 17	Sun	Vern	Mer	7:00 PM
38	Dec 20	Wed	Kel	Vern	7:00 PM
39	Jan 5	Fri	Vern	Pent	7:30 PM
40	Jan 6	Sat	Mer	Vern	8:00 PM
41	Jan 7	Sun	Vern	Mer	7:00 PM
42	Jan 11	Thur	C.V.	Vern	7:00 PM
43	Jan 13	Sat	Kel	Vern	8:00 PM
44	Jan 16	Tues	Vern	Kel	7:00 PM
45	Jan 20	Sat	Kel	Vern	8:00 PM
46	Jan 25	Thur	Pent	Vern	7:00 PM
47	Jan 27	Sat	N.W.	Vern	8:00 PM
48	Feb 2	Fri	Vern	Pent	7:30 PM
49	Feb 6	Tues	P.R.	Vern	7:00 PM
50	Feb 9	Fri	Vern	Rich	7:30 PM
51	Feb 10	Sat	Vern	Lad	8:00 PM
52	Feb 11	Sun	Vern	N.W.	7:00 PM
53	Feb 15	Thur	Pent	Vern	7:00 PM
54	Feb 16	Fri	Vern	Kel	8:00 PM
55	Feb 17	Sat	Nan	Vern	8:00 PM
56	Feb 20	Tues	Mer	Vern	7:00 PM
57	Feb 24	Sat	Rich	Vern	8:00 PM
58	Feb 25	Sun	Vern	Mer	7:00 PM
59	Mar 2	Fri	Kel	Vern	8:00 PM
60	Mar 3	Sat	Vern	Kel	8:00 PM

1989-90 CENTENNIAL CUP HOST



PHONE 542-9309 HOME 542-8464

HERB SCHNEIDER DAVE SCHNEIDER

Glass for Every Purpose

4409-28th STREET • VERNON, B.C. • V1T 7W5



BC/4L

· HOME ·

VERNON LAKERS

30 MURRAY CATON

34 DEAN KUNTZ

2 DEAN ZAYONCE "A"

3 MARCIL AUBIN

4 DARYN KRYWKO

7 BARRY McLEOD

8 BRAD NEUMEIER

10 MIKE DENNIS

11 ROB ATKINSON

12 LORNE KANIGAN

14 MIKE KNAPTON

15 TROY EWANCHYNA

16 CAM SYLVEN

17 SHANE MORSON

18 DUANE DENNIS "A"

19 DAVE OLIVER

20 BRUCE RAMSAY "C"

21 GARTH GEDDES

22 ANDY WINGROVE

24 PAUL MacLEAN

25 JASON TALO

27 JASON ELDERS

General Manager - Mel Lis Head Coach - Ernie Gare

Assist. Coaches - George Fargher, Ed Johnstone

Trainers - Sonny Jenkins, Vic Chenier

VISITORS

LADNER PENGUINS

29 JOHN COLVIN

31 PIERRE DEFORAS

4 KERRY ANGUS

5 BOB WILDE

7 CRAIG GUSTAFSON

9 PAUL McMILLAN

15 DARREN NAYLOR 'C'

16 VITO RUSSO

17 JAMIE RENNIE

17 DALE WALSH

20 JEFF KERR

21 TASO SOFIKITIS

27 DAVE BRIETZKE

32 BILL HARRINGTON

33 BARCLAY PARNETA 'A'

44 BRAD TRELIVING 'A'

69 JUSTIN GEORGE

77 JASON MAGER

88 TOM WITTENBERG

96 SCOTT GREEN

55 KEN WALTERS

General Mgr./Head Coach - Ken Walters Assistant Coaches -

Dennis Ververgaert, George Gardner

Trainer - Lance Parker



"HOCKEY SPORTS AND TEAM SPECIALISTS" NEWLY ENLARGED HOCKEYSHOP, COMPLETE TEAM & CORPORATE OUTFITTERS, INSTORE SILKSCREENING, INSTORE EMBROIDERY. VISIT OUR DOWNSTAIRS DISPLAY AREA.

Member of SPORTS DISTRIBUTORS OF CANADA 542-2852

OVER 150 STORE BUYING POWER

3334 - 30th Avenue (next to Eatons) Downtown Vernon



ELECTRICAL CONTRACTORS

RESIDENTIAL, INDUSTRIAL & COMMERCIAL INSTALLATIONS

- SALES MAINTENANCE RENOVATIONS
 - ENERGY MANAGEMENT
- FIRE & SMOKE DETECTION SECURITY/INTRUSION ALARM SYSTEM

AL SCHUCK

1901 - 48th Avenue - Vernon - Phone 545-3254

adallan Homes

OFFICIALS

Vernon

Vernon's #1 Realtor

· Offices Coast to Coast in

Canada & the U.S.A.

Full Relocation Service

Free Market Evaluation

For "Above the Crowd " Service

3100 - 32nd Avenue

ASSISTS

GOALS

REFEREE:

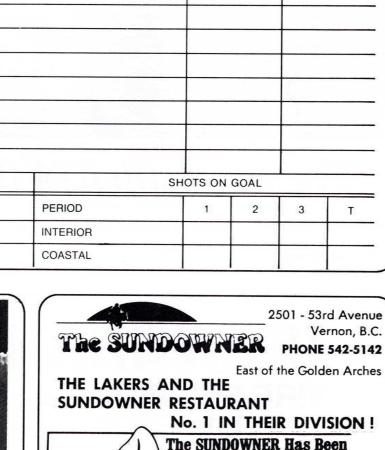
LINESMAN:

LINESMAN:

(d;(e),(, p)

RF/MAX®

SCOREBOARD

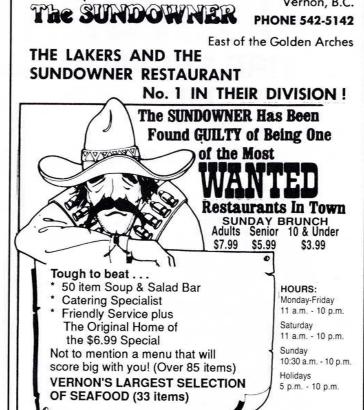


Vernon • Kelowna • Richmond

545-7752

TIME

PERIOD



Our spirit shows.



The new spirit of the west.



It can be just one little thing that makes the difference between a good flight and a great flight. A pleasant greeting, the extra effort to be helpful or a smile just when you need it. AirBC people like what they do and it shows. In attentive service, outstanding performance, a caring attitude. That's why the smiles. And behind those winning smiles is a winning spirit. The spirit of AirBC.





Roy's

TIRE SERVICE LTD.

"Complete Tire Service"



Phone 545-2729 4207-24th Ave., Vernon, B.C.

> **ROY HERRLING** Owner-Manager

THE NEW



CIVIC PRELUDE CRX

PLUS THE COMPLETELY RESTYLED 1990 ACCORD. THE SHAPE OF THINGS TO COME.

SEE THE SUNSHINE BOYS

4705 - 27th Street, Vernon, B.C. V1T 4Y8

1989-90 CENTENNIAL CUP HOST

HE GREAT NATURAL BEERS OF **BRITISH COLUMBIA**

Premium Lager. Dry, clear, clean and golden refreshment. Extra Special Pale Ale. Crisp, coppery, a nectar among beers. Old Munich Wheat. A delicious blend of wheat and barley. Dark champagne.

St. Patrick Stout. Deep brown, dry and meaningful. Old English Porter-style Malt

Liquor. A banquet in a bottle

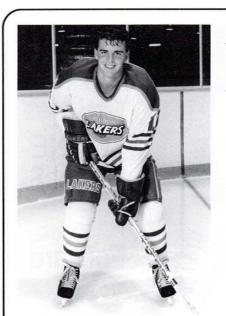


SPALLUMCHEEN GOLF & TENNIS CLUB

- 18 Holes Driving Range
- 9 Hole Executive Course
- Rentals 4 Tennis Courts **FULL FACILITIES**

Club House 545-5711 Pro Shop 545-5824

400 Highway 97, Vernon



MIKE **DENNIS**

Defence

Birthdate: May 18, 1971

5' 10" Height: 180 Weight:

Hometown: Fruitvale, B.C.

Last Team: Vernon Lakers B.C.J.H.L. Statistics: Played 56 games, 8 goals,

15 assists, 23 points

Photos by Wayne Emde

CENTRAL HARDWARE

Your Complete Sporting Centre for the North Okanagan — Shuswap



NAME BRANDS IN STOCK

BAUER CCM COOPER PROTECTION TITAN SHERWOOD

For Service, Selection & Competitive Pricing Come into . . .

> Central Hardware Ltd. Cliff Street, Enderby

> > 838-6474



1989-90 CENTENNIAL CUP HOST



DUANE **DENNIS**

Forward

Birthdate: February 6,1969

Height: Weight: 180

Hometown: Vernon, B.C.

Last Team: Vernon Lakers B.C.J.H.L. Statistics: Played 57 games, 43 goals,

59 assists, 102 points

Willy's Motor Inn Best of Luck

2209 - 48th Avenue, Vernon

LAKERS

QUIET .. 1 ½ BLOCKS OFF HIGHWAY 97 • Across from Vernon Recreation Complex and Curling Rink

SITZMARK RESTAURANT WILLY AND SYLVIA LEITNER

3309 - 39th Avenue - Vernon - Phone (604) 545-3351

(ACROSS FROM WINDSOR PLYWOOD)

Is Your

WATERBED

giving you a backache, or are you just tired of fixing leaks! Foam mattresses for all bed sizes, regular or custom, for your home or R.V.

SUN VALLEY FOAM & FUTON

See our attractive FUTON Furniture and Pinebeds.

Two Great Reasons to add GATORADE THIRST QUENCHER to your Starting Line-Up

GATORADE

When you exercise your whole body gets thirsty. Gatorade® Thirst Quencher is made to satisfy the thirst that comes with physical exertion. That's why pro athletes use it!

The next time you visit your neighbourhood sporting goods store, reach for Gatorade and reach for that winning edge.



MORE THAN JUST A DRINK!

Gatorade is more than just another thirst quencher. Gatorade belongs in the arena and on the field. That's why we created Gatorade Sports, to help sports at all levels grow and prosper. If you have a tournament or special event coming up, write Gatorade Sports to see how we



GATOR (DESPORTS 1133 YONGE STREET, TORONTO, ONTARIO M4T 2Z3

FOR THAT DEEP DOWN BODY THIRST





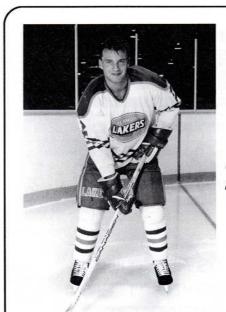
COMMERCIAL BUILDING

RENOVATIONS

BOBCAT SERVICES

PHONE 545-5131

SITE 7, COMP. 15, R.R. 8 - VERNON, B.C.





DEAN ZAYONCE

Defence

Birthdate: October 28, 1970

Height: 5' 11" Weight: 195

Hometown: Kelowna, B.C.

Last Team: Vemon Lakers B.C.J.H.L. Statistics: Played 52 games, 2 goals,

15 assists, 17 points

Photos by Wayne Emde

Go **LAKERS** Go!

1989-90 CENTENNIAL CUP HOST



PARKWAY PROPANE

Large and Small We Service All

RADIO CONTROLLED

WE DELIVER 542-3200 FOR



AN AGENT

1989-90 CENTENNIAL CUP HOST

FINNING



CATERPILLAR, CAT and @ are trademarks of Caterpillar Inc.

BOX 459, 1504 KAL LAKE ROAD VERNON, B.C. V1T 6M4 TELEPHONE: 545-2321

CALL US FOR YOUR AUTOMOTIVE BATTERY AND ANTIFREEZE REQUIREMENTS

GOOD LUCK LAKERS!

From Your Friends at Finning Ltd.



6

CAM McLELLAN

Forward

Birthdate: August 9, 1971

Height: 5' 11" Weight: 192

Hometown: Regina, Saskatchewan Last Team: Regina Pat Canadians Statistics: Played 34 games, 15 goals,

22 assists, 37 points

Photos by Wayne Emde

DUNBAR

AUTOMOTIVE CUSTOM ENGINE REBUILDERS

- Exhaust Systems Stock & Custom
- Automotive Parts Speed & 4 Wheel Drive
- Parts & Accessories
- Engine Machine Shop Service
- Complete Brake Service
- Tires (Bridgestone Uniroyal)
- Propane Conversions & Repairs

We Repair All Makes & Models

COMPLETE INSTALLATION & REPAIR SERVICE CENTRE

545-7733

542-2685

2405 - 53rd AVENUE - VERNON
(Behind & accross from McDonalds Hamburgers)



VERNON BAKERY

DAILY FRESH PASTRIES Specialty Orders Welcome

Open 6 Days a Week

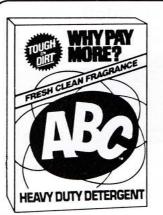
542-2780

Your Hosts:

Evert and Fred

3413 - 30th AVENUE





1989-90 CENTENNIAL CUP HOST

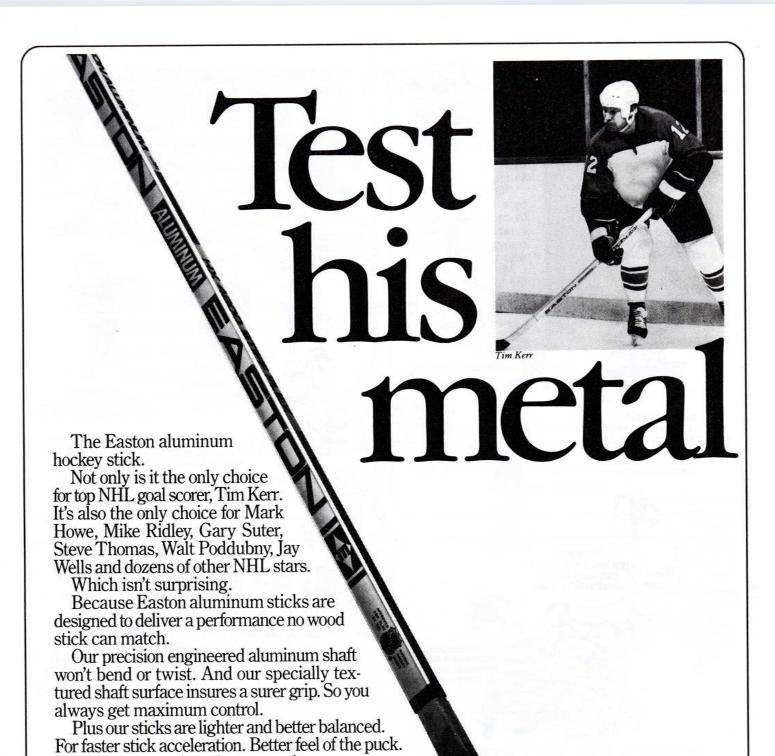


COLGATE-PALMOLIVE CANADA

Wishes the Vernon Lakers Another Successful Season in 1989-90



1989-90 CENTENNIAL CUP HOST



PHONE 542-6669

FMERGENCY FLOOD &

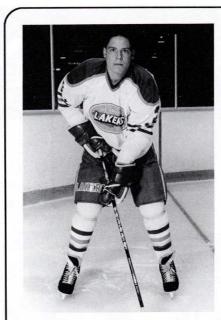
KALAMALKA CARPET & FABRIC CARE

POWERFUL TRUCK MOUNTED CLEANING EQUIPMENT

Serving Vernon & Area Since 1980

GRANT ROLSTON

#4 2803 28th STREET,



MARCEL AUBIN

Defence

Birthdate: September 28, 1970

6' 2" Height: Weight: 191

Hometown: Kelowna, B.C. Last Team: Nelson Maple Leafs

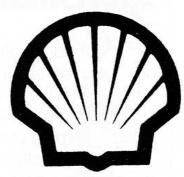
Statistics: Played 29 games, 10 goals,

28 assists, 38 points

Photos by Wayne Emde



Best of Luck LAKERS



From your Vernon Area Dealers

- Dobie's Shell Service 4419 - 27th Street 542-2233
- **Shell Canada Products Bulk Sales** 3500 - 27th Avenue 542-1343

- Shell Food Store 1901 Kalamalka Lake Rd. 542-1311
- Lavington Market Shell 545-8370

Marketed and distributed exclusively by **EXEASTON SPORTS***, 577 Airport Blvd., Burlingame, CA 94010

Taking hockey out of the ice age.

Easton Sports, Canada, 9670 route Transcanadienne, Ville St-Laurent, PQ, H4S 1V9

And start putting our metal **EXEASTON**

And a more complete shot every time.

my shot," he says.

So try one today.

to the test for yourself.

32 LAKERS

Look what Easton did for Tim Kerr. Before he used

But you don't have to be a pro to get the Easton advantage. Easton sticks are available in a full range of flex patterns

our stick, his season high was 22 goals. Now Tim's a consistent 50-goal man. "I think the snap in the shaft helps

for every level of play, and every type of player.

1989-90 CENTENNIAL CUP HOST

1989-90 CENTENNIAL CUP HOST



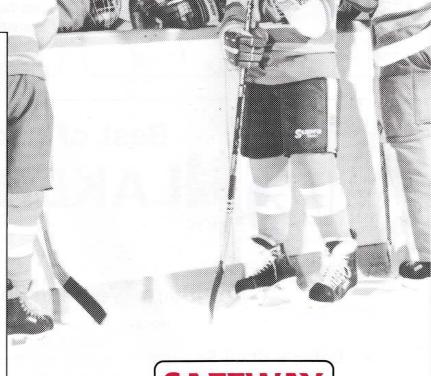
Good Neighbours



Canada Safeway is a proud sponsor of Minor Hockey throughout B.C. This is just part of our overall commitment towards helping young people develop physically and socially through teamwork & sportsmanship.

Our Company is pleased to provide assistance and sponsorship for many amateur youth teams and sporting events including hockey, ringette, soccer, baseball, swimming and track.

Canada Safeway and our employees are proud to be "Good Neighbours," and part of and involved in our community.





CRAIG BEDARD



Stay With the Winners SANDMAN INN Vernon

WE ARE PLEASED TO SPONSOR THIS PAGE OF SCHOLARSHIP RECIPIENTS



KEVIN SCOTT

1986-89



1986-87 Northern Michigan University

1986-87 University Alaska (Fair.)

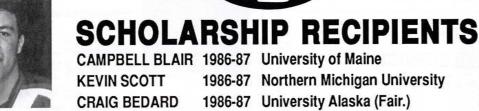
1987-88 Michigan Tech University

1986-89











PHIL SOUKOROFF



JAMIE STEER



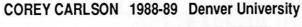
DANE JACKSON



1987-88 Michigan Tech University 1987-88 University of North Dakota

SHAWN HOWARD 1986-87 University Minn (Duluth)

DOUG SPOONER 1986-87 University of Alaska (Anc.) PHIL SOUKOROFF 1987-88 Northern Michigan University



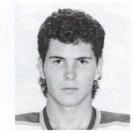


DANE JACKSON

DALLAS DRAKE

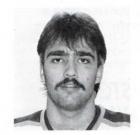
SANDMAN INNS HOME AWAY FROM HOME FOR B.C.J.H.L. PLAYERS

- Full service restaurant
- Catering to team meals
- Special team rates Indoor Pool and Sauna



GREG PARNELL

4202 - 32nd STREET VERNON B.C. 542-4325 CENTRAL RESERVATIONS 1-800-663-6900



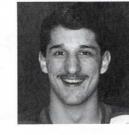
JAMIE STEER

DARCY MARTINI



SHAWN HOWARD

CORY CARLSON



DOUG SPOONER



MIKE BARKLEY

GO LAKERS, GO!

KAL COLOR PHOTO LAB

"One Hour Service"

Any Size SLIDES E6 SERVICE 31/2 x 5 4 x 6 or 5 x 7

3313 - 30th Avenue Downtown beside Woolworth's

549-1254

B.C. WELDING SUPPLIES LTD.

Welding Friendship with Quality Products and Service since 1957



Welding Equipment & Supplies

- Industrial Gases
- Specialty Gases
- Torches
- Regulators
- Arc Welders

7861 Highway 97 N., Vernon, B.C. V1T 6N4 (604) 542-0393

9-1753 Dolphin Avenue Kelowna, B.C. V1Y 8A6 (604) 860-4455

> 780 Laval Crescent Kamloops, B.C. V2C 5P3 (604) 374-7147

Electrodes

- Wire Feeders
- Safety Products
- Welding Accessories

601-23rd Street Castlegar, B.C. V1N 2N5

(604) 365-2144

1606A Cranbrook St. N., Cranbrook, B.C. V1C 3S8 (604) 426-5454

PETERS TIRECRAFT LTD.

- Alignments
- Shocks
- Brakes





MASTER MUFFLER

"Dual Exhaust Specialists" Free Estimates

"We're Cheaper & Faster at Master"

2719 - 44th Avenue

36 LAKERS

549-1414

Best of Luck LAKERS

from all of us at...



Western Crests

Suppliers of all team uniforms and commercial promo-wear including hats, jackets, golfshirts, t-shirts, etc.

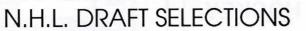
QUALITY IN-STORE SILKSCREENING

100 KAL LAKE ROAD BUS. PHONE 542-5511

RES. 545-2430

VERNON LAKERS 1987-89

545-0544





SHAWN HOWARD KEVIN SCOTT 9th Round N. Y. Islanders 8th Round **Detroit Red Wings**

Native of Kimberly, B.C Won1987 B.C.J.H.L. Scoring Championship Minnesota at Duluth.



DANE JACKSON 3rd Round Vancouver Canuks

Native of Anchorage, Alaska. Native of Castlegar, B.C. Shawn's draft year with the Dane has the distinction Lakers. He scored 25 goals, of becoming the second 34 assists fora total of 59 highest draft pick (43rd in points. Shawn is currently all) to come directly from attending the University of the B.C.J.H.L. in the N.H.L. entry draft. Dane will be attending the University



JASON MARSHALL 1st Round St. Louis Blues

Native of Cranbrook, B.C.

Jason has the distinction

of becoming the highest

draft pick (9th overall) to

C.J.H.L. in the N.H.L.

come directly from the B.

entry draft. Jason will be

playing for the Canadian

Olympic Team this season.

VERNON, B.C. V1T 5A5

549-2112

Kelowna V1Y 6L6 (604) 861-1338

67 E. Nanaimo Ave.

Penticton V2A 1M1 (604) 493-2262

LAKER DEFENCEMAN OF THE YEAR



Adrian Markin

LEADING LAKER

SCORER

Sponsored by ...

Club Rates (Bed & Breakfast)

(opposite Polson Park)

3200 - 25th Ave.

with Vernon Lakers.

Currently attending

Northern Michigan

University. Scored

56 goals, 70 assists for a total of 126 points.

1989-90 CENTENNIAL CUP HOST

Decks • Phones • Sauna
 Pool • Cafe • Daily, Weekly, Monthly Rates

1982-83 - Mike Enemark Stacy Wakabayasi

Previous Winners

Previous Winners

1983-84 - Ken MacKenzie 1984-85 - Tony Christy

1985-85 - Shawn Lafroth

1986-87 - Campbell Blair

1987-88 - Phil Soukoroff

Chad Biafore

1982-83 - Gavin Shuya

The Hark Royal Motel 1983-84 - Dave Wensley

1984-85 - Nick Kapicki

1985-86 - Dennis Holland 1986-87 - Kevin Scott

1987-88 - Dallas Drake



Tony Szabo

Sponsored by



EAT DRINK AND BE IRISH.

OPEN 11 A.M. TO MIDNIGHT

2905 -29th STREET,

441 Lawrence Ave.

235 Landsdowne Ave. Kamloops V2C 1X8 (604)828-1559

COLDSTREAM AUTO WRECKERS

CAR DIVISION

QUALITY PARTS FOR MOST DOMESTIC AND IMPORT CARS

TRUCK DIVISION

542-1364 3201 - 45th AVE., VERNON IN THE ANDERSON SUBDIVISION





FREE TELETYPE SERVICE TELEX 04885220

97

Hwy

* PICK-UP & 4X4 PARTS * SPECIALIZING IN DIESEL ENGINES & HEAVY TRUCK PARTS * HEAVY TRUCK PARTS * TRU

V/S





27

JASON ELDERS

Forward

Birthdate: December 28, 1970

Height: 5' 10" Weight: 183

Hometown: Winfield, B.C. Last Team: Oyama Lakers

Statistics: Played 28 games, 49 goals,

32 assists, 81 points

Photos by Wayne Emde



43rd Ave

N.H.L. HOCKEY

40 Regular Season Plus All Star Game & Playoffs

"You're Right There."

542-4007

ONLY \$3.50 PER MONTH WITH CABLE PLUS VERNON CABLE T.V.



MARCH 31, 1990 ___

★ GOOD LUCK , LAKERS!

METERED PROPANE WITH THIS AD 20LB.

PROPANE CYLINDER : \$3.79

POLSON PLACE MAIL 549-1715

THE VERNON Jr. A. HOCKEY SCHOLARSHIP FUND



Don Weixl Photo, The Morning Star

The Scholarship Selection Committee have chosen three young men to receive the 1989 scholarships.

The Roly Sammartino Scholarship Award is given to a graduating Vernon Jr. A. hockey player who wishes to continue his education at a Canadaian college. This years winners are two former Laker defencemen, Adrian Markin and Sean Stewart. Both will be attending Red Deer College and playing for the varsity team.

and Sean Stewart. Both will be attending Red Deer College and playing for the varsity team.

The Vernon Jr. Hockey Scholarship Award is given to a Vernon Minor Hockey graduate who wishes to continue his education at a Canadian college. This years award was won by Darcy Quiring who played all his minor hockey in Vernon. Darcy's plans are to attend Selkirk College in Castlegar while playing for the Nelson Jr. Maple Leafs of K.I.J.H.L.

Congratulations to these young hockey players.

OKANAGAN SCREENPRINTERS

CUSTOM SCREENPRINTING OF...
DECALS • BUMPER STICKERS • HATS
COMMERCIAL & MAGNETIC SIGNS
T-SHIRTS • SPORTSWEAR • JACKETS

Carol or Tiny MacDonald 542-7336 1-4311-25th Ave., VERNON, B.C. V1T 1P5



RODGER BERGEN

Sales Territory Manager

3409 - 39th Avenue, Vernon, B.C. V1T 3E3

Phone (604) 763-5151



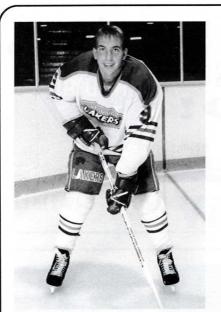
"Insuring Your Future Today"
Telephone 545-9135
Polson Place Mall, Vernon, B.C.

ROKO SERVICE LTD.

Auto Electricians Specializing in...

SERVICE - REBUILDING - REPAIRS
ALERNATORS - GENERATORS - STARTERS
AUTOMOTIVE WIRING
AND BATTERIES

2901 - 43rd Ave., Vernon, B.C. Phone 542-5344





SCOTT SALMOND

Forward

Birthdate: February 4, 1971

Height: 5' 11" Weight: 165

Hometown: Creston, B.C.

Last Team: Vernon Lakers B.C.J.H.L.

Statistics: Played 41 games, 7 goals,

26 assists, 33 points

Photos by Wayne Emde





- Open Daily at 6:00 a.m.
 - All-Day Breakfast
 - Non-Smoking Section Available
 - Licenced

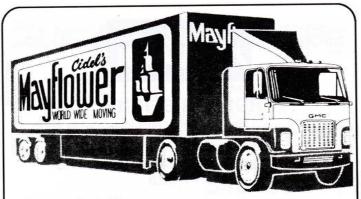
PHONE 542-7161

4101 - 32nd STREET — VERNON

Corner 41st Ave & Highway 97

THE WADSWORTH FAMILY:

Ken & Ruth, Dave, Jeff, Ric and Mark



MOVING AND STORAGE

LOCAL AND LONG DISTANCE MOVING **DELIVERY SERVICE**

Serving the Vernon Area for Over 25 Years

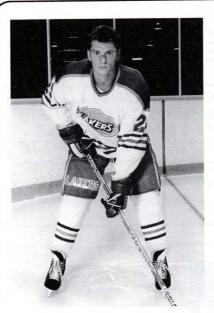
"FOR YOUR MOVING EXPERIENCE"

CIDEL MOVING & STORAGE

FREE ESTIMATES

2101 - 43rd STREET VERNON, B.C.

542-4254 or 549-1558 24 HOUR ANSWERING SERVICE



CARY **KIT**

Defence

Birthdate: October 9, 1969

Height: 6' 0" 186 Weight:

Hometown: Christopher Lake, Saskatchewan

Last Team: Kelowna Packers

Statistics: Played 46 games, 7 goals,

22 assists, 29 points

Photos by Wayne Emde

MENS' WEAR

DRESS & CASUAL FORMAL RENTALS

GOOD LUCK, LAKERS!

Country Casuals

"For the Man That Knows the Difference"

3106 - 30th Avenue • Vernon, B.C. • V1T 2C2 **TELEPHONE: 549-4204**



4510 - 27th Street

549-2131

MOST VALUABLE PLAYER IN PLAYOFFS

Sponsored by ...

ATHENS PIZZA AND SPAGHETTI HOUSE 542-4422

2916 - 30th AVENUE

Next to Towne Theatre "2 for 1 Super Specials"

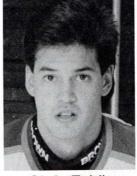
Previous Winners

1982-83 - Gavin Shuya 1983-84 - Nick Kapicki

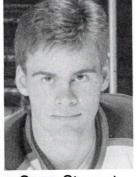
1984-85 - Scott Young

1985-86 - Doug Spooner Scott King

1986-87 - Jason Palmer 1987-88 - Glen Fry



Chris Fairlie



Sean Stewart

(604) 545-9820 DAVE COTTRELL

Res: 542-1346

3325-31st AVE

Vernon, B.C. V1T 2H5

SURPLUS HERBY'S

CRAZIEST STORE IN TOWN

- *BANKRUPT STOCKS * ARMY SURPLUS ★ INSURANCE AND FREIGHT DAMAGED GOODS **★ CAMPING & HIKING SUPPLIES**
 - **★ FOAM RUBBER CENTRE**



Open 7 Days a Week

Cold Beer & Wine Store Open 9 a.m. - 11 p.m. Open 11 a.m. to 11 p.m. Sundays

Restaurant: 9:00 a.m. to 11:00 p.m. Pub: 11:00 a.m. to 1:00 a.m.

4513 - 25th Ave., Vernon 2 Minutes to Graham Park



MIKE KNAPTON

Forward

Birthdate: January 29, 1969

Height: 6' 0" Weight: 187

Hometown: Dryden, Ontario Last Team: Thunder Bay Flyers

Statistics: Played 47 games, 25 goals,

35 assists, 60 points

Photos by Wayne Emde



VERNON HUSKY

COMPLETE AUTO SERVICE CENTRE OPEN 7:00 A.M. TO 10:00 P.M.

- ★ FULL SERVICE
- ★ NATURAL GAS CONVERSION & PROPANE
- ★ PROFESSIONAL CARB & TUNE-UP MECHANICS
- ★ GOVERNMENT CERTIFIED INSPECTION CENTRE

3401 - 32nd STREET

VERNON, B.C.

Husky We compete.

- ★ PARTS AND SERVICE
- ★ NATURAL GAS AVAILABLE ★ ALL WORK GUARANTEED

TELEPHONE 545-4775

1989-90 CENTENNIAL CLIP HOST

LAKERS 41 1989-90 CENTENNIAL CUP HOST



割

GARTH GEDDES

Forward

Birthdate: July 17, 1969

Height: 6' 1"
Weight: 185

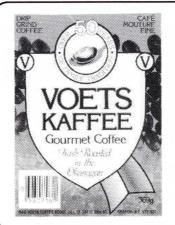
Hometown: Coquitlam, B.C.

Last Team: Vernon Lakers B.C.J.H.L.

Statistics: Played 47 games, 21 goals,

48 assists, 69 points

Photos by Wayne Emde



549-2711

3011C - 28th St., Vernon, B.C.

Go Lakers Go!

S. P. SEYMOUR (1964) LTD.

PLUMBING — HEATING — POOL SUPPLIES GAS, OIL, ELECTRIC HEATING

4217-25th Avenue, Vernon, B.C. • 542-4122

CONFUSED?? SEE OUR EXPERTS

Building or redecorating your home or office can be a pleasurable experience. Work with our professionals and make an exciting statement in every room.

We Supply, NEW OR REUPHOLSTERED

Furniture,

Wallcoverings,

Window Treatments

542-1151

Design Consultant on staff

Correale Upholstery & Drapery House

Serving Vernon and Area for 30 Years

3004 - 39th Avenue, Vernon, B.C.



The Interior's Finest . . .

Brian Macklin, design consultant (left), and Brent McDougall, sales manager (right), scan a press sheet from a multi-colour advertising brochure.



Wayside produces the finest quality colour work in the Interior — thanks to the skills and dedication of a superb staff of craftsmen, administrative and sales employees.

WAYSIDE PRESS LTD.

33rd Street at 34th Avenue, Box 446, Vernon, B.C. VIT 6M3 Phone 545-2341 • Fax 545-4530

TAKE YOUR BEST SHOT with . . .

1460 - KAL LAKE RD.

542-1156

FOR

TIRES CHAINS BATTERIES

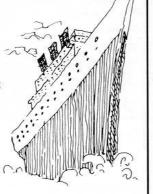


"OUR SERVICE MAKES THE DIFFERENCE..."

YOU DON'T HAVE TO BE RICH

Some people think you have to be wealthy to have a financial plan. But if you have a goal—like paying off your mortgage or a Caribbean cruise—you **need** a plan to save enough money to achieve it. Especially if you aren't rich.

I can show you how you can save some money, and how you can make those savings grow. Call me today.



545-9188



3107B - 31st Avenue, Vernon

Working with communities in Lavington, Merritt, Kamloops, Vernon, Louis Creek, Quesnel, and North Vancouver.

Specializing in solid wood products for domestic and export markets.

LAKERS 43

1989-90 CENTENNIAL CUP HOST

VERNON CREDIT UNION

3108 - 33rd AVENUE VERNON, B.C.



GOOD FOR YOU AND VERNON TOO ..

545-9251



BOMAG

DAN CHURCH Western Sales Representative

BOMAG (Canada) Inc. P.O. Box 5821, Station 'A' Calgary, AB T2H 1Y3

(403) 283-1730 (Bus.) (403) 278-2287 (Res) (403) 540-4745 (Auto) (800) 661-1730

RAC SUPPLIER OF THE YEAR



this community. That is why your community newspaper, The Morning Star dedicates a considerable portion of its lineage base to the reporting of local sporting events.

Anchored by sports editor Glenn Mitchell, the sports reporters of The Morning Star are dedicated to bringing you all of the sporting news from the North Okanagan.



Glenn Mitchell Sports Editor

Call us with news of your team's sports event The peoples' first choice in sports!



4409-29th St. (Across from Bakers Dozen)

Sports Action Line 545-3322

NAPA AUTO PARTS

NAPA CHASSIS PARTS **ENGINE PARTS BELTS** CV-JOINTS BRAKES



COMPLETE LINE OF AUTOMOTIVE & INDUSTRIAL PARTS **PAINT & BODYSHOP** SUPPLIES **MACHINE SHOP**

SERVICES AVAILABLE

ARMSTRONG

VERNON



3215 Smith Drive

"When The Name Is NAPA, The Standard Is Quality

MOST IMPROVED LAKER

545-7856



NEIGHBOURHOOD PUB

1220 KAL LAKE RD.

MOST IMPROVED TROPHY PROVIDED FOR ANNUAL PRESENTATION BY THE **VERNON LAKERS BOOSTER CLUB** 1987-88

1987-88 Adrian Markin 1988-89 Garth Geddes



Garth Geddes

1989-90 CENTENNIAL CUP HOST



QUALITY SERVICE LOCALLY OWNED 1 HOUR PHOTOFINISHING

545-4540

4300 - 27th ST. VERNON, B.C. V1T 4Y4

GOPHER GUS SAYS "GOOD WORK, LAKERS"



FAX SERVICE, KEY CUTTING

Lypchuk IRRIGATION LTD.



BOX 1437, VERNON, B.C. V1T 6N7 545-3987

Glenn A. Lypchuk

TELEFAX: (604) 545-3811

Vernon Insurance Agencies Ltd.

 Vernon's Largest Home Insurers **GEORGES DANSEREAU**

GENE NATSUHARA

3118 - 32nd Avenue, Vernon • 545-5311

Retail Wholesale Residential and Commercial Lighting Contract Work and Light Bulbs



RAY CREED

Bus: 545-7370 Res: 545-2065 2801-44th AVENUE

VERNON, B.C.



3213 - 30th Ave., Vernon

VILLAGE GREEN BRANCH 4900 - 27th St., Vernon 1989 Vernon Ave., Lumby

1989-90 CENTENNIAL CUP HOST



ANDY WINGROVE

Forward

Birthdate: April 25, 1972

Height: 5' 10" 186 Weight:

Hometown: Port Coquitlam, B.C. Last Team: Rossland Warriors

Statistics: Played 45 games, 45 goals,

52 assists, 97 points

Photos by Wayne Emde

ROB EHMAN

PHONE 545-6811 MARK EHMAN

R&M GLASS & TRIM

#3, 4505 - 23rd STREET . VERNON, BRITISH COLUMBIA

COMPLETE GLASS SERVICE • AUTO • HOME • COMMERCIAL

☆ ICBC AND PRIVATE INSURANCE GLASS CLAIMS ☆

AUTOMOTIVE STRIPING AND PROTECTIVE MOULDINGS

WINDOW TINTING - SUN ROOFS - VINYL ROOFS SCREENS - PLEXIGLASS - MIRRORS



OFFICE EQUIPMENT LTD.

- Panasonic Typewriters
- Mita Copiers
- Cash Registers (Sanyo, Sharp & Uniwell)
- · Sanyo Facsimile Systems
 - · Calculators (Canon, Victor & Olympia)

2906 - 31st Ave., Vernon 542-1191

SALES SERVICE RENTALS **LEASING**

MOST POPULAR LAKER PLAYER

Sponsored by ...



3011 - 28th Street

545-4949

Previous Winners

1982-83 - Stacy Wakabayasi

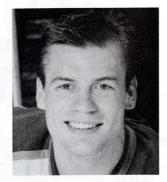
1983-84 - Nick Kapicki

1984-85 - Tony Christy

1985-86 - Doug Spooner 1986-87 - Ed Tuckwood

1987-88 - lan Alger

1988-89 - Todd Demchuk



Todd Demchuk

LAKERS UNSUNG HERO

Sponsored by ...



101 - 3304 - 32nd Ave. Polson Place Mall

46 LAKERS

542-3366 542-2239

"UNSUNG HERO" TROPHY PROVIDED FOR ANNUAL PRESENTATION BY THE VERNON LAKERS **BOOSTER CLUB** 1987-88 1987-88 - Michael Paller

1988-89 - Dean Zayonce



Dean Zayonce



Special Event Nights

DAY	MONTH	EVENT
Saturday	October 14	United Way Night
Friday	October 20	Safeway Hot Dog & Coke Night
Friday	November 10	Kal Tire "Shoot to Win"
Saturday	December 9	Coke & Mug Night
Saturday	December 16	2 Autographed Hockey Sticks
Saturday	January 27	Safeway Hot Dog & Coke Night
Saturday	February 17	Senior Citizen Night
Friday	March 2	Air B.C. "Shoot To Win"

CVCNIT



CONCRETE SERVICES

- PLACING & FINISHING
 DRIVEWAYS
- Phone 542-5118 SIDEWÁLKS

4106 - 26th AVENUE VERNON BRITISH COLUMBIA VIT 1R1

- WALLS PATIOS, POOL DECKS

AUTO SALES & SERVICE LTD.



GRAYDON BROWN

Site 17A, Comp. 34 • R.R. 3, Vernon, B.C. V1T 6L6 • Hwy. 97N

Bus.: 545-7281

4308 - 29th St. Vernon

WEST-CAN AUTO SUPPLY

Your Quality

Parts Store!



GOOD LUCK **ALLSTARS!**

Because you support B.C. Junior Hockey clip this ad and we will give you . . .

your next purchase

Limit one per customer

542-3305

1989-90 CENTENNIAL CUP HOST

GOOD LUCK LAKERS

from your friends at...

MOLSON



Molson Canadian What Beer's All About.

SIGALET BROS. (AUTO) LTD.

Your Chrysler Dealer in Vernon For More Than 35 Years

2806 - 32nd Street

Ph. 545-2261 • Toll Free: 1-800-642-1153

Sales Dept. Wide Open: 8:00 a.m. - 9:00 p.m. • Monday to Friday

8:00 a.m. - 6:00 p.m. • Saturday



- Always a large stock of new cars and trucks
- Plus a very large stock of used cars and trucks
- Plus service for all makes of vehicles



