

BIG GAME TONIGHT

It's first place on line for Lakers

Vernon Lakers can move into a tie for first place in the B.C. Junior Hockey League's Interior Division tonight when they visit the Revelstoke Rockets.

Penticton Knights lead the division with 38 points, two more than Vernon. However, Lakers have two games-in-hand on the defending B.C. champions.

LOST ENEMARK

Vernon will have to make its climb to the top without defensive stalwart Mike Enemark. Enemark suffered torn knee

Abbotsford downs Cowichan Caps 8-3

DUNCAN, B.C. (CP) — Eight players shared in the scoring Wednesday as Abbotsford Flyers trounced Cowichan Capitals 8-3 in B.C. Junior Hockey League play.

Randy Douville, Dwight Mathieson, Ralph Vos, Kevin Porier, Tom Weiss, Paul Lelievre, Bill Shibicky and Clay Nygaard had the Flyers' goals.

Replying for the Capitals — with two

goals — was Jeff Doer. James McKee added the single.

Abbotsford took a 3-0 lead after one period and then moved to a 5-1 advantage after 40 minutes.

Abbotsford is currently in first place in the league's coastal division, while the Capitals are tied with Richmond Sockeyes for last place.



MIKE ENEMARK
... knee injury

ligaments in Tuesday's 6-1 victory over Shuswap Totems.

Lakers' Coach Murray Lawrence said he expects to be without the 20-year-old rearguard for four-to-six weeks. "Mike left for Vancouver today where he will see a specialist. If he needs surgery, he'll be sidelined until sometime in February."

NEW DEFENCEMAN

Lawrence said he expects to have another defenceman in town, for a tryout, next week. Kelly Kozak, 16, is scheduled to arrive Dec. 29. He has played with Brandon Wheat Kings, of the Western Hockey League, and Estevan, of the Saskatchewan Junior League, this season.

CAN USE HIM

"Kozak comes highly recommended," Lawrence said. "Brandon is quite high on him. With Enemark hurt, we sure could use another good defenceman."

Special programs offered to skiers

Beginning Jan. 12, the Regional District of North Okanagan Recreation and Parks Department, in co-operation with Silver Star Sports Ltd., will offer a program called, "Skiing is Believing".

The program will be broken into two groups, both oriented toward the adult skier, but open to anyone wishing to register in the program.

The first of these programs is called "Slats and Splats". This unique arrangement is geared toward the first-time skier who wants to learn the proper techniques of the sport. The participant will start off on short skies and gradually work their way on to the type of equipment that they should eventually be skiing on. This program consists of four one and one-half hour

lessons, equipment, and lift passes for \$65 per person.

"Tips Up" is for the skier who has had some experience or lessons and wishes to upgrade or refresh their skiing abilities. The participant will be involved in improving their technique and style as well as being exposed to the latest innovations in skiing technology.

The cost for this program is \$45 per person with equipment and \$65 for those without their own equipment. This includes four one and one-half hour lessons and lift tickets.

Registration for both of these programs takes place at the regional district office, at 2903 - 35th Avenue, up until Jan. 7.

Both these programs will take place on Wednesday nights.