

Cross Country Skiing

By BOB PLATT

All that the Parks Branch planned for and executed on the Silver Star cross-country trails has now made for a really fine recreational area, catering to skiers both expert and novice. The North Okanagan Cross-Country Ski Club can share in the praise as it put in many hours of voluntary effort clearing deadfalls and cutting brush. The emphasis was on reducing the growth to an extremely low level and there was a saying towards the end of the program: "A foot of snow and we go." This proved to be true, people have been skiing logs to a minimum of cover.

FAMILY PARTICIPATION
The 1980-81 season on the Star will be a good one for family enjoyment as the new trails, with only slight rise and fall, are designed for easy access and it will be possible to return with little effort to the parking lot if the youngsters tire.

There is still plenty of scope for the better qualified performance skiers who are looking to test their skills.

This season will also see a trails groomer in action, engaged on a regular maintenance schedule. It is very much needed to keep the tracks in order. This machine will be greatly appreciated as it fills in holes and leaves behind it a double ski track of packed snow.

GENERAL MEETING
The club was fortunate in being able to show the Sun Life cross-country film at its meeting Thursday and the argu- dience reflected the wide interest in Nordic skiing. Much of the footage was made on the Sunshine slopes near Banff; splendid terrain for the long skinny skis. Many members recalled with pleasure their visit there last Easter.

SNOW DANCE
The second annual club's Snow Dance takes place Saturday at the Spallumcheen Golf Club and it promises to be a most successful function, even better than the last year. Thanks are expressed to the businesses which responded so wholeheartedly to requests for donations to the Tombola prize fund. The proceeds from this and other activities are used to meet the club's share of the cost of the equipment.

Rain prevented the holding of the Larch Hills event last week but the youngsters are hard at it, getting ready for the Star race on Dec. 7. All the indications are that there will be good representation in the whole of the five categories.

This is a most worthwhile project, involving winter outdoor activity and at the same time, improving their skiing technique. So much depends on the correct posture and effort when on the skis, only a little skill, the difference in stride and glide is at once felt. A most satisfying result for the novice, who can then aspire to a higher level of performance.

College bowl game could go to either team

TORONTO (CP) — Rick Zmich doesn't really know what to expect when he leads Ottawa Gee-Gees into the College Bowl football final at Varsity Stadium on Saturday against Alberta Golden Bears.

"I've only seen these guys on film a couple of times, and all I can say is they look pretty tough," said Zmich, the Gee-Gees' nominee for the Heisman Trophy. "They seem to be here on the strength of what we've seen."

Zmich didn't win the outstanding collegiate player award, but he and his team-mates have a chance at being Canadian champions.

Zmich's Gee-Gees arrived for the Canadian inter-university Athletic Union finale the hard way, ousting the defending College Bowl champion Acadia Axemen in a rain-plagued Atlantic Bowl in Halifax last week.

The quarantine conditions were to Ottawa's liking since most of their games this year were played in the rain. In fact the one game they lost during a 6-1 season was played in ideal sunny weather.

Similar conditions could exist Saturday. The forecast calls for partly cloudy skies with snowflurries and temperatures around zero.

SPORTS BRIEFS

WOMAN NAMED
SAN JUAN, Puerto Rico (AP) — The World boxing Association elected a woman to its executive committee Thursday for the first time in its 59-year history and unanimously ratified Panamanian Rodriguez Sanchez for a second term as president. The general convention selected Kwawaja Knight, a Detroit schoolteacher, as an association committee member.

U.S. GOLFER LEADS
AUCKLAND, New Zealand (Reuter) — Vance Heafner, the U.S. amateur champion, putted brilliantly for a 65 and a two-stroke lead after the first round of the New Zealand Open golf championship Thursday. He leads countrymen Gary Hallberg and Larry Watkins and Australian Ted Ballray, all at 67. Defending champion David Graham of Australia had 68.

GUATEMALA WINS
SAN JOSE (Reuter) — Guatemala improved its chances of reaching the regional qualifying stage of the World Cup soccer tournament when it beat Costa Rica 3-0 in a Central American zone match Wednesday. Two teams from each of the North American — Canada and Mexico — Central American and Caribbean zones will play each other for the two places in the 1982 finals in Spain. Guatemala leads its zone with one point followed by El Salvador with seven.

REUSE SUSPENDED
NEW ORLEANS (AP) — New Orleans Saints said Thursday they have suspended defensive end Don Reese for the remainder of the National Football League season as the result of a fight he had with team-mate Derlin Moore the day before. Spokesman Greg Sait said the suspension would be for the four games remaining in the season. He said it was for "conduct unbecoming to the team."

EVONNE RESTING
MELBOURNE (AP) — Evonne Goolakane, three months pregnant, withdrew Wednesday from women's tennis for the rest of the Australian summer.

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Bruins tie Penguins to keep streak alive

The Canadian Press
Gerry Cheevers is a hard man to down.
Boston Bruins have gone without a defeat in 10 of their last 11 games, but rookie coach Cheevers is far from overjoyed.
"We haven't played good at all in 11 games and we only lost one game," Cheevers said Thursday night after the Bruins tied Pittsburgh Penguins 3-3 in a National Hockey League game.
"When you look at it, you say, we've only lost one in 11."
"But anyone around the situation knows we're not playing that way. If you look at the other side of the ledger, we've only won a four of 11. We're losing valuable points in these games at home."



GERRY CHEEVERS — hard to please

In other games, New York Islanders downed Montreal Canadiens 4-3 and Buffalo Sabres defeated Calgary Flames 6-3.

Rick Middleton scored the tying goal for Boston in the third period and he was the hero of the night. Pittsburgh had taken the lead on a pass from Jean Karelle. Pittsburgh had taken the lead on a pass from Jean Karelle. Pittsburgh had taken the lead on a pass from Jean Karelle.

Peter McNab of the Bruins and Randy Carlyle of Pittsburgh tied the game in the first period. Nick Libett also scored for Penguins while rookie Dwight Morrison countered for Boston.

Islanders 4 Canadiens 3
Trailing 3-2 heading into the final period, the Islanders' persistence paid off with two unanswered goals.
New York defenseman Denis Potvin pulled the Islanders even

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Rockets blank Knights

By The Canadian Press
Goaltending was the difference in both British Columbia Junior Hockey League games Thursday night as the Vancouver Rockets blanked Penitence Knights 2-0 and Coquitlam Comets trounced Chilliwack Colts 11-4.

In Revelstoke, Randy Kirby blocked 20 shots for the shutout while Butch Swanson and Dave Kirby provided the two goals in the light-checking game which saw the Rockets fire 27 shots on goal.

In Chilliwack, the Comets took advantage of weak goaltending and went to post their victory although Coquitlam had only a 45-44 edge in shots on goal.

John Allison, Steve Rothman and Kevin Mills each scored twice for the Comets. Kevin Argue, Grant Poole, Mark Ducharme, Randy Swanson and Howie Baldock completed the attack while Dan Morgan, Tom Weiss and Robbie Longfellow replied for the Colts.

Eight teams are in action tonight as Kelowna Buckaroos visit the Knights, Merritt Centennials play the Lakers at Vernon, Abbotsford Flyers meet the Blue Hawks in Vancouver and the Comets take on the Capitals at Duncan.

Bullets bomb Pacers

LANOVER, Md. (AP) — Wes Matthews, a first draft choice from Wisconsin, hit 12 points and assisted on four others in the third quarter Thursday night to spark Washington Bullets to a 123-108 National Basketball Association victory over Indiana Pacers.

In the only other NBA game Thursday, Los Angeles Lakers defeated Golden State Warriors 128-113.

"Sometimes I get all pumped up when I do something positive, and I just go off," Matthews said of the spirit at the end of the quarter when he had four assists in 91 seconds.

Coach Gene Shue has been patient with Matthews and was rewarded Thursday as the rookie finished with 18 points and eight assists.

Indiana coach Jack McKinney said the turning point of the game came when the Pacers were given three successive technical fouls in the final minute of the third quarter.

Elvin Hayes paced the Bullets with 24 points and Greg Ballard added 21, including 13 in the opening quarter. James Edwards led the Pacers with 22 points, while George Johnson had 18.

Lakers 128 Warriors 119
Kareem Abdul-Jabbar scored a season-high 40 points to lead Los Angeles to Golden State's first homecourt loss this season. Jabbar's previous high this season was 30 points.

Cowboys bomb Seahawks in Thanksgiving action

By The Canadian Press
At least Seattle Seahawks didn't claim to have stomach cramps.
After the pounding they took on the U.S. Thanksgiving Day from Dallas Cowboys, nobody would have blamed the Seahawks if they had used it as an excuse to wilt.

The Seahawks' quarterback Danny White threw touchdown passes of 18 yards to Tony Hill and 14 yards to tight end Billy Joe Dupree, who also caught a 12-yard scoring pass from backup Glenn Carano. It was Carano's first NFL completion.

Tony Dorsett scored on two touchdown runs of a yard each and gained 107 yards on 24 carries.

The final was 51-7 and it was just as bad as the score indicated.

In the only other Thanksgiving Day game, Chicago Bears rallied for a 23-17 victory over Detroit Lions.

The Cowboys, virtually assuring themselves of their 15th trip to the National Football League playoffs in 18 years, delivered the quick knockout to the saggish Seahawks, who self-destructed with four fumbles and three interceptions.

"You've got to be pleased," Dallas coach Tom Landry said. "It's hard to score that many points in a dummy scrimmage, Merritt Centennials play the Lakers at Vernon, Abbotsford Flyers meet the Blue Hawks in Vancouver and the Comets take on the Capitals at Duncan."

Vernon Fire Department NOTICE

Burning Permits issued for the City of Vernon are cancelled as of midnight Sunday, November 30, 1980.

No further open burning within City boundaries will be permitted until further notice.

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