

**Daily News**

**SPORTS**  
 DCN KENDALL — Sports Editor  
 Phone 545-0671 **PAGE**



**HOOF BEATS**  
 with  
 Jeanne White

A weekly column to aid the novice horseperson.

**GROUND POLES**  
 Last week we started our horse-pony over trotting poles on the ground which we had placed four to five feet apart. It is important to find your animal's stride — obviously a 13 hand pony and a 16 hand horse will not both go comfortably through poles set at a specific distance apart. Find the correct distance for their natural trotting stride and work over that until they are comfortable and confident, remembering to give them their head so their back can move more freely.

**DISTANCES**  
 Let's assume that your horse is comfortable with the poles set 4' apart. You can shorten or lengthen his stride by changing them to 3'9" and 3'6". This is very useful for your preparation.

**JUMPING POSITION**  
 In the beginning we had asked you to go through the poles at a trot sitting up straight and using your seat and legs to push the horse straight and actively through the poles. For those of you with English saddles who may perhaps wish to try some jumping, the pole work can be used to great advantage in developing a correct jumping position.

Go around the arena and up a long side, as you have previously, at rising trot if you wish, and when you are approaching the corner look back at the poles, make your way over and into the jumping position. This means you will keep the same position in the saddle from the hips down, but from the hips up, you will incline your body slightly forward, keeping the head up and looking over the top of the arena.

The calves of your legs will increase their pressure as needed to give your horse's impulsion (activity). You may need a rest, or you can go back into rising trot once through the poles.

This exercise will greatly assist in developing your balance so that you will be able to take a jump without interfering with your horse's mouth or action.

**CAVALETTI**  
 Once you have your cavalletti made, you can progress from the ground poles, using these in the same manner. You will have the added advantage of being able to turn the cavalletti to different heights and to make little jumps out of them. Be sure in all this work that your horse is given time to develop his muscles over the poles and cavalletti in a stride that is comfortable to him before attempting to change it. If he stumbles or is then lunge him over the poles until you find the correct distance for him. Lunging has the advantage in allowing you to see how he moves and where any difficulty may be.

**WESTERN RIDERS**  
 You may think if you ride western that this pole work does not apply to you, however, with the exception of the jumping position over the poles, it most definitely does and is an important part of your horse's training. As mentioned in an earlier column, this pole work builds up and exercises his muscles, teaches him to pick up his feet, look where he is going and become more supple. It also adds variety to your lessons and helps to keep your horse from becoming bored. I believe, also, that it is just as important for a western rider to learn to jump a small obstacle as it is for the English rider.



**MEXICANS WIN**

Clint Kanester, of Vernon, was a member of the Okanagan All-star team that dropped three consecutive games to Mexico's Institute of Social Services in exhibition volleyball action Tuesday night at VSSS. The ISS team, ranked second in Mexico, beat the all-stars 15-11, 15-9 and 15-6. Dale Olsen, of Vernon, and Allan Gatzke, of Oryama, are also on the valley team. The same two clubs meet tonight at KLD, in Kelowna. In preliminary action, Vernon Panthers split four games. Panthers beat Kamloops 15-6 and 15-13, but lost 16-14 and 16-12 to Salmon Arm. (Daily News Photos)



**Lowly Lakers thumped by first-place Rockets**

By DON KENDALL  
 Daily News Sports Editor  
 It is becoming apparent Vernon Lakers may not be good enough to play in the B.C. Junior Hockey League.  
 First-place Revelstoke Rockets hammered Lakers 10-2 before 440 fans Tuesday night at the Civic Arena. For Vernon, it was the eighth consecutive loss since spitting the opening two games of the season with Penitence Knights.  
 The other four teams in the league's Interior Division have bolstered their line-ups with tier one cuts in recent weeks. Their players have given the club-

talent and experience.  
 On the other hand, Lakers have been forced to go with mostly local players, who lack size and experience.  
**POWER PLAYS**  
 On Tuesday, Rockets took advantage of penalties, to both teams, to score five powerplay goals while Murray Matheson added a pair. Singles went to Russ Allen, Jeff Armitage, Dan Hutchinson, and Walter Lawlor. Darryl Hora replied with both goals for Lakers.  
 Revelstoke held period leads of 3-1 and 8-2.  
 Vernon took 15 of 27 minor penalties, two of four fighting majors, and one of two misconducts.  
**HASCARL HURT**  
 Lakers were without forwards Dean Hascarl, who suffered a broken ankle last weekend, and Jeff Vest, who is serving a three-game suspension for fighting with tape on his hands.  
 Centre Mel Reimer was called up from the Vernon midgep rep and didn't look out of place.  
 One player who would like to forget Tuesday's game is Vernon goalie Jim Baint. Baint received little help from his

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**MINOR HOCKEY**

**Vernon rep teams suffer first losses**

By DALE MAJOR  
 Daily News Sports  
 The Vernon Walkin Motors Pee Wee rep lost a pair of high-scoring exhibition games last weekend, as three Vernon minor hockey rep teams suffered their first setbacks.  
 Walkin Motors had their three-game winning streak snapped, losing 8-2 to Kamloops on Sunday, and 13-10 to the Vernon Bantam B's Saturday.  
 Doug Payne scored four times to lead Kamloops while Mark Rechel added a pair. Thane Friesen and Wade Ball netted singles.  
 For Vernon, Derek Webb and Steven Schroeder countered with a pair each, while Troy Mick and Murray Head found singles. Kamloops held period leads of 3-1 and 7-4.  
 On Saturday, in a goalterred nightmare, Rob Dennis led the Vernon Bantam B's scoring parade with three goals. Danny Nolan, Warren Schneider and Alan Turkiak snatched a pair each, with singles going to Rob Morris, Benny Sudd, Brady Prentice and Rob Beauchamp.  
**SCORED FOUR**  
 Dennis Holland paid the peewees with four goals and an assist. Mick added a pair, while Webb, Schroeder, Head, and David Calder netted singles.  
 Pee wee Rep Team Manager

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**SPORTS BRIEFS**

**Broomball loop holds meeting**

Vernon Molson Major Men's Broomball League will hold a meeting for all executive members and team captains tonight, at 7:30 p.m., at the Coldstream Hotel banquet room.

**SOCCER DANCE**  
 Tickets are still available for the Vernon City Soccer Club's annual banquet and dance Saturday, at 9 p.m., at the Vernon Armouries. For more information, phone 545-9022 or 545-3107.

**BOTTLE DRIVE**  
 Vernon Minor Hockey Association will hold a bottle drive Saturday, starting at about 5 a.m. The association hopes to cover the entire greater Vernon area.

**SEASON STARTS**  
 The White Valley Hockey League season gets under way tonight with a doubleheader at the Lumby arena. At 7 p.m., Coldstream Sabres meet Lotus Gardens. And at 9 p.m., National Hotel Raiders face Lakeside Red Devils.

**DEFAULT WINS**  
 Screaming Lizards beat Selects and Camels dined Gordie's Mini Motors, both by default, in the North Okanagan Men's Road Hockey League playoffs Tuesday night. In semi-finals Thursday, Screaming Eagles meet Screaming Lizards at 7 p.m. and Camels face Tigers at 8 p.m.

**FIELD HOCKEY**  
 In junior field hockey action recently at VSSS, Panthers and Hot Shots fought to a 9-0 draw, Giants blanked Red Devils 1-0, and Hackers nipped Panthers 3-0.

**WORTMAN GUILTY**  
 CLAYTON, Mo. (AP) — Keith Wortman, St. Louis Cardinals injured offensive tackle, has pleaded guilty to resisting arrest after being stopped April 16 by police. The judge said he would render a verdict after reading the police report in August. Wortman pleaded guilty to

drunken driving and was placed on six months' probation. He is injured his knee in a National Football League game last month and is out for the season.

**NO PAGE THIS WEEK**

Due to production difficulties, the Daily News Minor Sports Page will not appear this week.  
 The Minor Sports Page will return next Wednesday.

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