

HIKING — ORIENTEERING

Vernon Outdoors

CANOEING — CYCLING

By BOB FLATT

The hikers were making a trail for themselves Sunday in an area that has such great potential for outdoors activity. The occasion was helping the North Okanagan Cross-Country Ski Club in the clearing and opening up the Look-Out Loop, on Silver Star.

The snow that had fallen 6 hours earlier was still to be seen here and there, but conditions were good and by mid-afternoon, much work had been done. By then, a lengthy stretch of smooth ground between the trees had come into being, all the debris out of sight, as required by the Parks Branch.

It was a change from the normal activity, but the efforts made to provide another hiking trail were regarded as worthwhile and the club will benefit accordingly.

CANOEING

After a period of maintenance of gear and other tasks closer to home, the paddlers are looking at the possibilities of a trip down the Thompson River this weekend. The outing on the Bow River last month is still fresh in their minds, as can be appreciated by anyone who has driven along the highway near Bamfr. That white water must have been exciting but only if one was blessed with good warm weather.

Chris Saunders (545-5120) can supply information about the Thompson Excursion. He asks that people wishing to go with him phone as soon as possible as the plan calls for an early start from Vernon on Saturday.

HIKING SUNDAY

Originally set down for Postill and Beaver Lakes, that outing has been discarded in favour of an inspection of the Silver Star Area. Each year access, in terms of hiking, is improving and the club wishes to make more use of the park. Close to Vernon, it offers exceptional sub-alpine landscapes and the summit is a wonderful vantage point for panoramic views of mountain peaks and valley depths.

Ken May is leader on Sunday and leaves city hall at 10 a.m. He advises members to wear good solid waterproof boots as there are a few boggy areas to be crossed.

Ken's phone number is 542-4248 if further details are required.

OYAMA TRIP

Miriam Townsend advises she is organizing a trip back from Oyama and will give more information next week.

OCT. 24 TO 27

21 confirmed for Car Spiel

Only one opening remains among the teams that have been invited to compete in the seventh annual Vernon Carling O'Keefe Car Spiel. The spiel is scheduled Oct. 24 to 27 at the Vernon Curling Club. Spokesman John

Taporowski said 21 invited rinks have confirmed their participation. "And we hope to hear from the other skip, in Winnipeg, this week."

Among the entrants are former Canadian mixed champion and 1976 Car Spiel winner Tony Eberts, of Kamloops; B.C. Curling Association runner-up in 1980, Vernon's Wayne Lafuze; two-time world junior champion Paul Gowell, of Calgary; defending B.C. champion Tim Hordigan, of Victoria; B.C.'s 1979 Brier rep Bernie Sparkes, of Vancouver; seven-time Alberta Brier rep Matt Baldwin, of Edmonton; and Alberta mixed champion Wayne Sokolowsky, of Calgary.

LOCAL RINKS

For the first time, there are three invited rinks from the

Okanagan, Bert Gretinger and Len Radloff, of Kelowna, along with Lafuze.

Taporowski said, "We feel our local curlers are now at a level that they can play with anyone. The improvement locally, since the Car Spiel started, has been fantastic."

The remaining eight spots, in the 32-team event, will be filled from two qualifying spiels.

A local playoff, which will have four teams advance to the car spiel, is scheduled Oct. 11 and 12.

Then on Oct. 18 and 19, an open competition will determine the final four qualifiers.

FOLK MISSING

Defending Canadian champion Rick Folk, of Saskatoon, is unable to attend



PAUL GOWSELL ... is entered

the Car Spiel this year due to another commitment. He will be representing this country at a hospital in Bern, Switzerland.

Folk had completed in four Car Spiels, including 1978 when his rink won four new automobiles.

More than \$37,000 in cash and cars is up for grabs this year.



Vernon Golf and Country Club Captain Erv Orcutt, left, presented the Club Championship Trophy to Bob Goodwill this week. Goodwill won the title on the 38th hole of match play with Wayne Uppier. (Daily News Photo)

CLUB CHAMPION

Vernon Golf and Country Club Captain Erv Orcutt, left, presented the Club Championship Trophy to Bob Goodwill this week. Goodwill won the title on

Lakers trim roster to 20

Vernon Lakers, of the B.C. Junior Hockey League, have trimmed their roster to 20 players in preparation for two weekend games.

Lakers' Coach Russ Newton released goalie Darren Zupp, defenceman Dave Walters, and forward Ken McNeil after a practice Thursday night.

Zupp and Walters are graduates of the Vernon juvenile rep team and McNeil is from Trail. Lakers will have 20 players

on the roster Saturday when they meet the Centennials, in Merril, and Sunday when the Kelowna Buckaroos travel to Vernon.

Newton said, "I hated to cut those guys. We're at a point now where every cut is tough."

THREE GOALIES

"We've got three goalies and Darren was the odd-man out. Walters didn't come along like we had hoped and McNeil played well, but we just don't have a spot for him."

Lakers lost their league opener 6-1 to Penticton Knights last Friday. But Sunday, Vernon bounced back to dump the Knights 6-3.

"That win was a big morale booster for us," Newton said. "There is nothing like a victory to give a team some confidence."

SPORTS QUIZ



BILL WALTON HAS A 17.1 POINT CAREER AVERAGE. WHO WAS THE TOP UCLA STAR LAST YEAR WITH A 25.6 SCORING AVERAGE?
A. KAREEM
B. MARGUES JOHNSON
C. JAMAAL WILKES

NOSHOP JANSUB

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BURNABY COMING

All-star goaltender signs with Cougars

North Okanagan Hockey League champion Vernon Cougars have filled a giant hole.

Cougars' General Manager Gary Swanson announced today his club has signed goalie Mike Smithson.

Smithson starred for the past three seasons with the now-defunct Winfield Raiders. In 1979-80, he was named to the league's first all-star team. With the departure of incumbent Jamie McKenzie to the coast, veteran Charlie Brinkham has been the only netminder at Cougars' training camp.

GOOD DUO
Cougars' best defending Canadian champion Burnaby Lakers on Saturday, at 7:30 p.m., in the Civic Arena. Vernon will be without all-star winger Dave Caldwell, who is on holidays, for two weeks. His spot alongside Gary

Gilchrist and Greg Walmsley will be filled by Neil Herzog.

TOP LINE

The highest scoring line in the NHL last year, with Terry Love between Les Salo and Wayne Dye, will remain intact. A third line will feature youngsters Les Creelman and Darcy Anderson with veteran King Cam.

Cougars are still carrying seven defencemen and Swanson doesn't plan to make any cuts for at least a week. "I want to give everybody a good shot," he said. "Our first league game isn't until Oct. 4."

LOOK BACK FIVE YEARS SEPTEMBER, 1975 Retiring president Wolfgang Roemer of the Vernon Plah and Game Club commended club membership for a good year of finances and participation.

SEPTEMBER, 1975 Vernon's second annual Carling O'Keefe Car Spiel is now filled to capacity. All 21 berths for specially-invited rinks have been filled along with six spots left for local rinks.

Daily News

SPORTS PAGE

DON KENDALL — Sports Editor
Phone 545-0671

Ruggers schedule final home game

Vernon Rugby Club plays its final home game of the year Sunday, at Kalamalka Junior Secondary School, against Penticton.

Game time is 1 p.m. Vernon will wrap up its 1980 season next month with matches in Trail and Kelowna.

Vernon spokesman Stu

Marshall told the Daily News he is expecting a good game Sunday. "We've never played Penticton, but we know they have some excellent players," he said.

"I believe they have a team similar to ours... young guys who make up for their lack of experience with hustle and desire."



CROSS-COUNTRY SKI EXECUTIVE

North Okanagan Cross-country Ski Club recently elected its executive for the 1980-81 season. They include from left: Bob Platt, publicity; Leigh Pearson, co-chairman; Kathy Ober, secretary; Jake Sorba, treasurer; Rita Haehem, social; Al Melland, president; Carl Wylie, trails chairman, and Miriam Townsend, membership. Other executive members are

tours chairman Peter Tassie, vice-president Don Wylie, and librarian Connie Abram. The executive plans to meet within the next weeks to discuss activities for the upcoming season. Next general meeting is scheduled Oct. 30. Work parties are being organized every weekend to complete the Lookout Trail, on Silver Star.

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3. Supply and install new spark plugs
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5. Check H.T. wiring, distributor cap, coil, primary circuit
6. Check and adjust timing
7. Check P.C.V. operation
8. Check and lubricate front end
9. Check and adjust oil mixture
10. Check fuel pump and filter for proper operation
11. Check air cleaner element

12. Final ignition system analysis

13. Pressure test cooling system and check for leaks

14. Test coolant for proper anti-freeze mixture

15. Inspect condition of hoses and belts

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5. Inspect brake hoses and lines for leaks
6. Check return springs and adjusters for proper operation
7. Check for correct parking brake operation
8. Road test vehicle

A GIFT FOR EVERY GUESS!

Try to guess the advertiser of the billboard and get a gift. Send your guess to Box 29 c/o The Vernon Daily News, 200 U.S.A. Road. Enter as often as you want! Limit: one gift per person. Entries must be in before September 30, 1980.

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My Guess is: _____