

HIKING — ORIENTEERING

Vernon Outdoors

By BOB PLATT

CANOEING — CYCLING

The Outdoors Club members set off last Sunday to explore Kalamalka Lake Park. Many times they have walked along to the point and then skirted the high ground to reach Cosens Bay, but this hike was different. They made for the top elevation right from the start at the Lachine Estate gate.

They puffed and panted over rocky hillsides and scant vegetation climbing all the time; at each of the frequent halts, they could see further afield, with the whole valley coming into view. The panorama was only restricted by the densely wooded slopes of the range to the south east of the park.

Hikers always tend to walk with heads down to place the foot for the next stride and so they are quick to observe out-of-the-ordinary plants. Half way up the hill on open and in inhospitable terrain, they came across a Mariposa Lily, a delightful purple colored blossom standing erect above the poor looking soil. There weren't many specimens but they were beautiful to see.

Approaching the high ground, the top meadow was reached after two hours of steady walking and here the transformation was amazing, lush growth covered the area and made it a truly pastoral scene. Good for the small creatures of the woodland, as rustlings and movement of the grass indicated. It was home for a rattler and also a garter snake, they left the scene as the party came near.

After satisfying eye level with a look at the trig point, 700 metres above sea level, it was decided to make for Cosens Bay and one hour later, the members were at the waters' edge for a well deserved rest. It was an ideal place for lunch and to lie in the sun, indeed it was hard to get going again after this break.

LAST LAP
It's three kilometres back to the Cosens Bay gate, mostly uphill, but by this time all were in good shape and the road was easy to follow as it wound around the contour. In all, the hike took care of 11 kilometres and they had spent over five hours out in the sun, all the better for the exercise in such beautiful surroundings. The park offers much scope for bush walking and each visit brings to light some more interesting features of the landscape.

NEXT HIKE
The club goes to Deep Lake next Sunday starting from city hall, at 9 a.m., or Cosens Bay gate, at 9:30 a.m. The writer is leading and would like everyone to bring a small trash bag to bring back any junk they see on the trail.

An easy day out, about 10 kilometres long, over undulating country before entering Bear Valley on the way to the lake.

CANOEING THIS WEEK-END
A trip down the Similkameen River is listed for this week-end and some members of the party will leave Vernon tonight, to get an early start for the 40 kilometres two-day jaunt.

Experience in handling fast water is needed. Further information from Darryl Carriere (542-2773).

16 teams to compete in B.C. championship

Sixteen teams are entered in the British Columbia Men's Slowpitch Championships this weekend at Kin Race Track.

Winner advanced to the Canadian championships, on Aug. 15 and 16, in Moncton, N.B.

Play gets underway Saturday, at 8 p.m. with three games. The final game is scheduled Sunday, at 3 p.m.

ROYALS TOUGH
Tournament Chairman Gord Fletcher feels defending champion MEM Electric Royals, of Alderwood, is the team to beat. Fletcher said, "Any one of those Alderwood

guys can hit the ball over the fence, at any time. They have a tremendous club."

Royals placed third in last year's national finals. Pre-tournament favorites among the five local teams is the National Hotel A's, A's, for the second consecutive year, lead the North Okanagan Slowpitch League.

FIRST GAMES
On Saturday, at 8 a.m., Labatts of Burnaby meets Inn Transit of Burnaby, Key Hotel Abbotsford battles Sunrise Rentals of Prince George and Naratone Commercial Hotel faces Jack's Inter-Track of Fort Albert.



GORD FLETCHER ... top teams

At 9:30 a.m., three local teams swing into action. Rappelle's Rangers play Electric Royals, Fishers of Burnaby are up against Armadillos, and the host York Transmission Shifters play Sariga Pacific Truckers of Fort Albert.

The remaining two Vernon teams take the field at 11 a.m. with Westland Wolves meeting Moon and Powells of Vancouver while National A's take on Burnaby Coal Pumpers.

Concession and refreshment facilities will be available. Admission tickets are \$2. Senior citizens and children under 12 will be admitted free.

Daily News 1980 PAGE

Juniors appoint assistant coach

Vernon's entry into the British Columbia Junior Hockey League has named an assistant coach.

Ken Brown-John, 25, will help form the coaching nucleus of the team. With Russ Newton, who has been named head coach, a third, part time coach will probably be added later.

Brown-John comes from a varied and widely experienced hockey career, having been involved in the sport for 21 years. He has played most of his minor hockey in the Burnaby minor hockey system, and played junior for the Burnaby Blazers during the 1973-74 and 1974-75 seasons.

He has also coached minor hockey, from pee wee to juvenile, in Burnaby. He has not coached hockey locally yet.

Last year, Brown-John played locally with Vernon Sport of the Pleasant Valley Hockey League, and also did commentary for North Okanagan Hockey League play. He has also done commentary for Vercom Cable TV.

He is looking forward to the coming year which will include doing public relations for the team, as well as being on the coaching staff and behind the bench during games. Brown-John hopes to help the defensive aspect of the team.

Work for the coming season has already started, and

Newton is already interviewing players. Brown-John said that soon, the coaching staff will go over the training camp roster and form a team with the players they have.

"I think we are going to have a good nucleus of talent here from what I have seen," he said. "Everybody expects an expansion team to come in last during the first year of league play, but I think we are going to be competitive."

"We are going to do well in this league," Brown-John said that last year, he saw the local junior squad play several times, and knows what the players are like. He says he is looking forward to coaching.

The team will first meet in mid-August, when dry land training begins. Until then, a lot of time will be spent in organizing the team.

"We are expecting an exciting season and hope to surprise a lot of people. I think with the calibre of players coming, we should have a real crowd pleaser."

"I know Russ Newton well and I am confident in his ability. As for general manager Hank Arsen, he is well as being on the coaching staff in with his eyes open and a good attitude. Brown-John thinks the team will be good for Vernon."

"A strong junior club helps hockey on every level," he said.

LAWN BOWLING GREEN GOSSIP

BY LAURA PAGET
There are times in Lawn Bowling when there just isn't any rhyme or reason to it, as Ida Kerr, Mary Heracke and Bob Newcom found out when playing against Laura Page, Herb Langworth and Eleanor McMillan at this week's Hot Night, when the latter had a 24-3 score to win the honors.

Two other games were also one sided, George Emerson, Frank Reade and Marjory Miller won by 21-4 score over Mac Wallace, Martha Hopkins and Jean Whyte. John Ricketta, Dorothy McCorquodale and Ella Bain were a little more lively in

Alec Bain, Mary Inglis and Ethel Harwood, winning 23-10. Half way through the evening's play, Pat McGillivray, Marian Reade and Fella Henshale lead Henry Vergano, Wynn Langworth and Bert McCallum by 11 points, but Sherry's trip held Pat scoring for the second half, losing by only one point 12-11.

Gordon Miller, Jessie Anderson and Selge Siggawara were drawn against Louis Melanson, Florence Melanson and Bob Dunn who were leading on their sixth but allowed Gordon to take a 20-15 win.

Blues breeze by Burgermen

Sparked by a four home run performance by Ichel Darrel Hanoski, the Vernon Daily Blues notched their first victory of the season by breezing by McDonalds 21-19 in slowpitch action Thursday.

Hanoski homered each turn at the plate and with his grand slam in the fourth, accounted for eight of the Blues runs. Don Kendall also cleared the

fence at the Mission Hill diamond. Despite a ninth inning flurry by McDonalds which tied the score at 18, Blues came out with a two run performance in the extra inning and allowed only one hit to clinch the victory.

Blues next see action on July 19 against the Kamloops Daily Sentinel, in Kamloops.

Coldstream advancing to league finals

Coldstream Hotel women's softball team advanced to playoff finals of the Okanagan Senior "C" Softball League in its second consecutive shutout victory over Bob Harris Sports of Kelowna in a game played at Alois Park, Thursday evening.

The 4-0 win was a combined three-base stealing offense, as well as strong defense and the one-hit pitching of Elaine Walliser.

Walliser struck out the first two batters of the game, but the following two batters reached base on errors. The runners advanced to second and third base before being left on the pads.

Lead off batter for Coldstream, Pam Balfour, started the bottom of the first inning by reaching first base on an error. With Cheri Watt at the plate, Balfour stole second.

Watt bunted, moving Balfour to third, and on the overthrow to first, Balfour scored and Watt went to second.

Jan Rogers singled, moving Watt to third. Rogers stole second. Walliser put down a sacrifice bunt, scoring Watt and moving Rogers to second, where she was stranded as the inning ended.

Coldstream scored single runs in the third and fourth innings to complete the game scoring.

In the third, Balfour led off the inning with a walk, and stole second and third with Watt at the plate. Watt was called out on a bunt for the first out of the inning. Rogers came to bat and the pitcher for the Kelowna team balked, allowing Balfour to walk home. Rogers, and the following batter, Walliser, hit catchable fly balls to end the inning.

In the fourth, Sue McLennan again started the inning with a walk, and stole second and third. Wendy Hyer singled, scoring McLennan. Pam Maclewood also singled during the inning before the third out.

Walliser was the winning pitcher, allowing just the single hit, walking one and striking out five. Cindy Hewitt was tagged out during the final inning. Monahsee Jewels of Kelowna, who also swept the first two games of the semi-final series against McLellan Logging by 7-0 and 3-0 scores.

Coldstream and McLellan Logging square off in a best-of-five series beginning early next week, with specific playing days to be announced.

ON GAMES TEAM

Vernon's Brian O'Keefe has been named the Thompson Okanagan golf team that will compete in the British Columbia Summer Games next month, in Kelowna. A total of six golfers and six alternates are on the zone

squad. The other members are Glen Heuser, Dean Clague, and Grant Barnes of Kelowna; Mark Feidinger of Revelstoke; and Gary Cope of Kamloops. (Daily News Photo)

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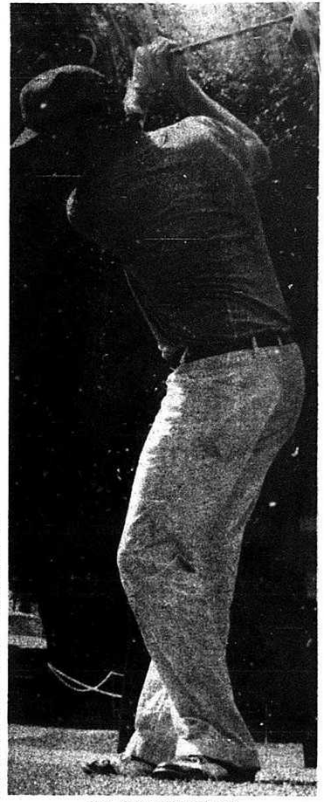
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