

HIKING—ORIENTEERING—

Vernon Outdoors

CANOEING—CYCLING—

By BOB PLATT

Last Sunday proved to be an exercise in map reading and looking for a trail on Vidler Ridge, in the Monashees. A small party of hikers threw a back on their own resources because of the lack of a leader, set off to drive to the foot of near Sugar Lake and then to investigate various logging roads there.

On the eastern side of the lake, the country rises steeply, but it was possible to make the cart tracks kilometers before the track became too rutted and eroded and it was then that foot was put to ground.

Out came the maps and study was made of contours and all the many features shown in the British Columbia Lands Service publications. In the absence of local knowledge, the hikers looked for thin blue lines indicating watercourses, types of road surfaces, heights drawn in to show intervals of 50 metres.

They were close together, than meant steep country — and there was no lack of that on Vidler Ridge. By doing this, they hoped to establish their whereabouts and find a line of approach to the plateau above, 1800 metres high. With clouds veiling the whole area, there was no prospect of seeing the wonderful view promised them, but to have made it up there would have satisfied their ego and sent them home happy.

However, it wasn't to be, the track that was being followed got narrower and overgrown with brush, the drizzle increased and after spending some time looking at ribbons that went only a short distance into the timber, it was resolved to go back to the car. The wetness of the ground was noted and fears were entertained about driving conditions, so the intention of going further along and up other "4 wheel drive" roads was voted out.

They came down the mountain, to lake level, where there was a good parking place. The trip was on and so, back to Vernon.

The club executive will try to prevent other non-members like this one in the future. A letter can't make the appointments, then a back-up person will. And it is generally necessary to make a preliminary visit to the area and this is the practice normally. Not so this time and apologies are offered for the lapse.

The club social is the next function on the calendar: on Saturday night, the members and friends will gather at Tillikum for fun and frolic, plus the showing of slides relating to recent outings by hikers and canoeists.

Subject to weather, the hike on Sunday is La Camelle's Hump and S.K. Black is the leader. In deference to the people who wish to sleep in after the social, the starting time, from city hall, is at 8 a.m. If you wish further information, Black's phone number is 545-8072.

Espo gets three against Canucks

By THE CANADIAN PRESS
Having a three-goal night is not an uncommon experience for Phil Esposito of New York Rangers, but having a premonition of a big night is another matter.

NHL WALES CONFERENCE
Norris Division

| Team | W | L | T | P | P |
|----------|---|---|---|----|----|
| Los Ang | 2 | 1 | 1 | 15 | 11 |
| Pitts | 2 | 1 | 1 | 15 | 11 |
| Montreal | 1 | 2 | 1 | 13 | 11 |
| Detroit | 1 | 2 | 1 | 13 | 11 |
| Hartford | 1 | 2 | 1 | 13 | 11 |

Adams Division

| Team | W | L | T | P | P |
|-----------|---|---|---|----|----|
| Buffalo | 2 | 1 | 0 | 12 | 11 |
| Minnesota | 2 | 1 | 0 | 12 | 11 |
| St. Louis | 2 | 1 | 0 | 12 | 11 |
| Toronto | 2 | 1 | 0 | 12 | 11 |
| Winnipeg | 2 | 1 | 0 | 12 | 11 |

CAMPBELL CONFERENCE
Patrick Division

| Team | W | L | T | P | P |
|------------|---|---|---|----|----|
| Phila | 3 | 1 | 0 | 17 | 16 |
| Washington | 2 | 2 | 0 | 18 | 20 |
| Atlanta | 2 | 2 | 0 | 18 | 20 |
| Islanders | 2 | 2 | 0 | 18 | 20 |

Wendell Smith Division

| Team | W | L | T | P | P |
|-----------|---|---|---|----|---|
| Chicago | 2 | 1 | 1 | 12 | 5 |
| Vancouver | 2 | 1 | 1 | 12 | 5 |
| St. Louis | 2 | 1 | 1 | 12 | 5 |
| Winnipeg | 2 | 1 | 1 | 12 | 5 |
| Edmonton | 0 | 1 | 2 | 9 | 2 |
| Colorado | 0 | 1 | 2 | 9 | 2 |



PHIL ESPOSITO ... felt great

cover that Neale ended up benching left winger Ron Sed-bauer — a 40-goal scorer last season — for ineffectiveness.

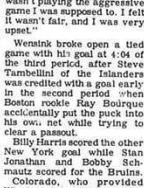
Esposito, meanwhile, seems as good as ever. Stan Stuyf and Thomas Cradin scored 56 seconds apart in the first period and Chris Oddiefson brought the Canucks within 4-3 at 3:32 of the third.

In Boston, tough guy John Wenink of the Bruins is hoping to change his image. Wenink, who became an enforcer under former coach Don Cherry three years ago, now wants to become known as a scorer and a complete hockey player.

Wenink took a small step in that direction as fired home a 25-footer early in the third period to give the Bruins the victory. Wenink scored 23 of his 28 goals last season before his Christmas. However, he recalled getting reprimanded by Cherry "sometime in December."

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Blazers trounce Chilliwack

By THE CANADIAN PRESS
Bellingham Blazers scored five goals in the first period and cruised to an easy 6-2 victory over Chilliwack Thursday night to increase their British Columbia Junior

Hockey League division lead to four points over the second-place Colts. The victory gave the Blazers a 9-2-1 record in the Coastal Division, to Chilliwack's 7-2-1.

In the only other game Thursday, Nanaimo Clippers bounced back from a 3-0 first-period deficit to defeat Merritt Centralia 6-3. In Chilliwack, Mike Ferris scored three goals for winners.

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Four Angels on dream team

NEW YORK (AP) — Led by power-hitting Don Baylor, California Angels placed four players on The Associated Press American League all-star baseball team for 1979.

The California slugger was selected as a designated hitter along with Angels team-mates Rod Carew at first base, Bobby Grich at second and catcher Brian Downing.

The team, announced Thursday, was selected by a panel of sports writers and broadcasters.

Baylor, who led the AL with 139 runs batted in, hit 26 homers and had a .266 batting average, collected 124 extra-base hits.

Downing also ran away from the field, outpacing runner-up Carroll Porter of Kansas City, 161-77. The California catcher had a .258 batting average this year, along with 76 RBIs and 12 home runs.

Three players from Boston Red Sox made the team — Olic and Fred Lynn in the outfield and Dennis Ekerley as the right-handed pitcher.

TOPS VOTE
Lynn, the league's leading hitter with a .338 batting average to go along with 28 homers and 122 RBIs, was the top vote-getter with 263.

Rice, who hit .325, belted 39 homers and drove in 149 runs, received 179 votes for another of the outfield positions.

Ekerley, who outpulled California's Nolan Ryan 49-49, had a 17-0 season and a 2.99 earned run average.

The other outfield berth went to Baltimore's Ken Singleton, a 266 hitter with 35 homers and 111 RBIs. Singleton had 150 votes, a solid margin over Baylor, who collected 108 for an outfield berth.

The rest of the AL team included Kansas City's George Brett at third base, Minnesota's Roy Smalley at shortstop, Baltimore's Mike Flanagan as the left-handed pitcher and relief pitcher Jim Kern of Texas Rangers.

Two golfers share the lead

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