

GUIDE REPORT

Winter feeding

By SMOKEY TRUMBLY
When temperatures are as cold as at the present time, feeding our feathered friends is not always the best thing to do.

FEEDING METHODS

Where possible, all birds should be fed in their natural surroundings. Small birds, such as sparrows, snow-birds, and chickadees are at home in tree branches.

Feeding small birds is by far the easiest and least costly. Most stores that carry pet foods also carry ready mixed bird seed.

BIG UNDERTAKING

Feeding large birds is a much bigger undertaking and should not be attempted unless you are well versed in correct methods and aware of the dangers that incorrect feeding practice may bring about.

The fact that pheasants appear to be hungry and are seen around your home, does not mean you should feed them in recent years a good number of these birds have been chosen to habitat within heavily residential areas.

Larger birds feed is costly and you should contact the Fish and Wildlife Branch for advice.

FISHING DERBY EXTENDED

The Armstrong Fish and Game Club "Holiday Ice and Boat Fishing" extended until Jan. 14, at 4 p.m.

Only the closing date has been changed, all other derby rules are the same.

GUIDE TIP

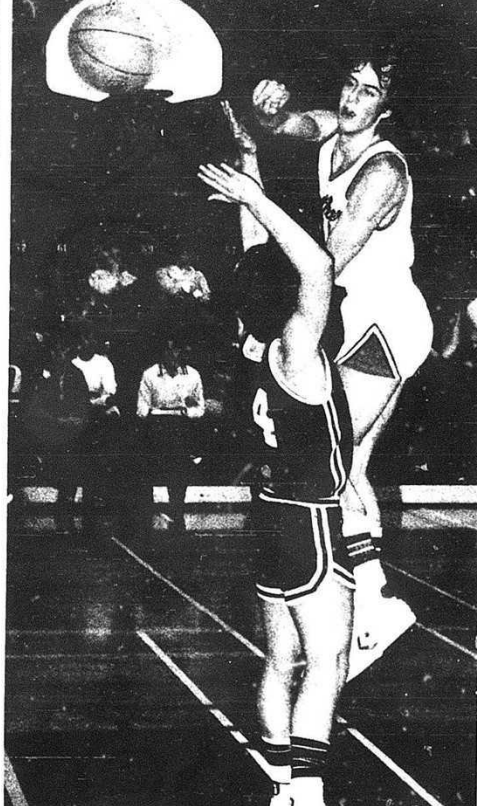
Best method to freeze fish any size is to clean your fish and then wrap the entire fish in at least three to four layers of newspaper.

BEST HOURS

Your best hours for this weekend are Saturday from 5:25 until 7:25 a.m. and Sunday from 8:00 until 8:05 a.m.

PIN POINTS

Table with columns for DEC 13, DEC 14, DEC 15, DEC 16, DEC 17, DEC 18, DEC 19, DEC 20, DEC 21, DEC 22, DEC 23, DEC 24, DEC 25, DEC 26, DEC 27, DEC 28, DEC 29, DEC 30, DEC 31. Rows include Women's high, Men's high, Team high, and various sports results.



VERNON PANTHERS' Rob Fischer goes up and blocks a shot during Wednesday's high school basketball game at VSSS.

and Panthers defeated the North Kamloops Saints 94-81. (Daily News Photo)

OVER NORKAM Panthers win season opener

By KEVIN MITCHELL Daily News Writer

Greg Deleehener might have been a bit disappointed, but he still had enough steam and spark to pace the Panthers to a 94-81 thumping of the visiting North Kamloops Saints in senior high school basketball Wednesday night.

Rick Inrig pulled me off and then I went back and cooled off. As a team, we did all right in the first-half but in the second-half we kind of slacked a bit.

travel to Rutland for a Saturday night battle with the Woodcoats. Meanwhile in the girls' clash before the Panthers Saints contest, Delroy Routley's 22 points, while North Kamloops Nerettes to the tune of 48-40 as Fay Zwarych was the top scorer with 10 points.

Madden signs with Canadians

Vernon Canadians will have a new face in the line-up tonight when they battle the Abbotsford Flyers in the first game of a three-day away trip.

Bloomer said, "It would be nice to win out of three on this trip, but it is the tough coast teams have really improved in the past month."

Pup Rees drop exhibition games

By DALE MAJOR Daily News Sports

Sheridan Delta defeated Vernon Consumers Glass 10-9 and 9-6 in a pair of exhibition pup hockey games last weekend.

Balcombe led the Lodge Red Top with three goals and two assists. Danny Nolan and David Horochuk scored twice while Doug Short added a single.

Kevin Maskowski, Rob Houston, Rick Zoerhout and D. Hill triggered goals for the Eagles, while Dave Marchand and Russell Parr replied for the Daily News.

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WRESTLING ALL STAR WRESTLING Friday, Jan. 5, 8 p.m. VERNON REC CENTRE MAIN EVENT MIKE SHARPE VS OUTLAW BOB BASS & SALVATORE MARTINO VS THE ALASKAN Novack VS Cody Dara Singh Jr. VS Goldie Rogers Morretti VS Froelich Ringside Reserved Tickets at VERNON SPORT CENTRE 3109 - 30th Ave. 542-3154

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