

Vernon Outdoors

By MIRIAM TOWNSEND

Under the leadership of Svend Kristensen, four members of the club enjoyed a pleasant weekend of canoe-camping on Mabel Lake.

Our trip began 22 miles out of Enderby at the end of the Mabel Lake Road (Dolly Varden Beach). From there, we fished 14 km (10 miles) to a sandy camping spot at the north end of the lake. Along the way, we paused for a couple of swims to cool off, a break for lunch and time to set up a sail (no wind here).

When we reached camp, we quickly unloaded the canoes and set out into deeper water for a swim. Before we returned to camp, we had a chance to practice a canoe-over-canoe rescue! Back on shore Harold Morgan showed us a little in the art of piling (using a pale to move a canoe about).

From our camp at the outlet of Wap Creek (down the valley from Three Valley Gap), we had an abundance of birdlife — Hummingbirds, sparrow, a lone heron, loons and mandippers. It was a quiet, peaceful spot.

The gourmet cook came through again to teach the finer things in life of outdoor cooking, right down to the smoked oysters and sardines!

On our return home we paused along the way again for cool dips and a chance to view the gradually fading Indian pictographs.

UPCOMING EVENTS
On Sunday, there will be a mystery bicycle trip, leaving city hall at 9 a.m. Bring a lunch. Call 542-2483 for details.

August 12, 13, Henry and Rita Weber (548-3854) will lead a canoe trip (Savona to Ashcroft). Grade 1 and 2.

August 13, Stan Allen will lead a hike (easy family hike) nearby 7,000 ft. to Eurka Mountain. Call 542-1709 for details.

In mid-August, John W. Morrison, P.O. Box 5, Revelstoke, will explore the Bugaboos. Call Revelstoke, 837-1142 or 837-4278 for dates and departure information.

Thanks for supporting your club's events during the heat of the summer.

Legionnaires defend crown this weekend

Enderby Legionnaires are in Queenell this weekend to defend their British Columbia senior baseball championship.

The three-day, six-team competition gets under way Saturday, at 9 a.m., at the Vernon Sports Centre.

Legionnaires' Coach Jerry Reimer told the Daily News his club is confident heading into the double-knockout tournament.

Reimer said, "We won the championship last year and I don't think we are as strong as this season. The feeling among the players is that we can do it again."

Reimer said, "I'm sure we will have a very good team. We have some of the best players in the province. We have some of the best players in the province. We have some of the best players in the province."

DAILY NEWS SPORTS ALERT

LACROSSE
8:30 p.m., Armstrong Arena, Armstrong Shamrocks vs. touring Australian team in an exhibition game.

SATURDAY
BASEBALL
B.C. Senior Championships. First game at 9 a.m., Enderby Legionnaires vs. Prince George.

In Richmond: Vernon Hudac Homes competing in B.C. Juvenile championships.

MEN'S SLOWPITCH
10-team Molson Men's Slowpitch Tournament starts at 10 a.m. at Alexis and Polson.

GOLFING
B.C. Royal Canadian Legion Golf Tournament runs all weekend at the Vernon Golf and Country Club, 350 entries.

CHUCKWAGON RACES
Sixth annual Falkland Chuckwagon and Chariot Races, at the Stampede Grounds, run Saturday to Monday. Action starts daily at 9 a.m.

Rally falls short for Super Sonics

The Vernon Men's Summer Basketball League season ended with a thriller Thursday night at the Recreation Complex.

Super Sonics scored 13 consecutive points in the dying minutes, but lost a 72-71 decision to Celtics.

Celtics led 42-28 at half-time as they held a comfortable 72-56 cushion late in the game.

Glen Wheelhouse led the winners with 22 points while Rick Wilson dropped in 14.

33 POINTS
Glen Wheelhouse was the top scorer for Sonics with 32 points, including 25 in the second half. Harry Adams swished 20 to help the rally.



COLDSTREAM MOTOR HOTEL third baseman C. Vicki Nelson swings around to put the tag of Kelowna

Luigi's runner Jean Nichols during Thursday's football game at Alexis Park. Coldstream took a 6-1 lead and hung on to edge Luigi's 6-5, to win the league title. Nelson was one of the stars of the game with two hits and several fine fielding plays. (Daily News Photo)

WITH 6-5 VICTORY Coldstream gals win playoff title

Coldstream Motor Hotel captured the Okanagan Senior 'C' Ladies' Fastball championship by edging Kelowna Luigi's 6-5 on Thursday night at Alexis Park.

The win gave Coldstream a two-game sweep in the best-of-three final series.

Alyne Dernerle was the winning pitcher while Jean Nichols was tagged with the loss.

Coldstream took a 1-0 lead in the second, stretched the margin to 3-1 in the third, and added two more runs in the fifth.

In the sixth, Dernerle got into a jam with two out and Pat Wilson was called on in relief. She got the next batter to ground out.

LATE RALLY
However, in the seventh, Luigi's took advantage of four hits and three errors to score four runs and make the game close.

Vicki Nelson was a standout for Vernon with a single, triple, and several key defensive plays. Sue McLennan also had two hits for the winners, including a double.

Coldstream Coach Walt Keckalo said, "It is nice to win, but we made a lot of fundamental errors — particularly in the seventh inning."

B.C. FINALS
Vernon will be taking part in the provincial senior 'B' championships, Aug. 24 to 26, in Kamloops.

Keckalo said, "There are two main reasons why we decided to move up to 'B' from 'C' for the playoffs. For one thing, the competition is about the same and for another, it is a lot cheaper to travel to Kamloops than Abbotsford (site of the 'C' finals)."

Coldstream plans to pick-up two or three players for the championship.



GARY SWANSON ... knows hockey

Swanson to coach Cougars

Gary Swanson was named today as coach of Vernon Sport Cougars, of the North Okanagan Hockey League.

In making the announcement, General Manager Vern Dye said he feels fortunate that a man with Swanson's hockey background will be running the Cougars.

Dye said, "I'm sure Gary will do a good job. He knows his hockey."

Swanson coached Merritt Centennials, of the B.C. Junior Hockey League, for one and one-half years. He also had a stint as coach of the Vernon Vikings, in the 1976-77 season.

Prior to working in the BCHL, he was assistant trainer for Calgary Cowboys, of the World Hockey Association.

Swanson said, "My biggest problem will be finding 19 guys who can play together. I'm sure we'll have lots of talent at training camp. There have been a lot of good graduating juniors over the last few years and there are many fine NOHL veterans."

LOOK BACK FIVE YEARS
AUGUST, 1973
Forty members of the Vernon Kokanee Competitive Swim Club were busy seeking pledges for a 3.13 mile swim to be held in Kai Lake Aug. 19.

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Rider qualifies for meet

Nick Holmes-Smith, a past student of the Okanagan College Equestrian program, will compete as a short-listed rider for the Canadian national equestrian team in the world championships in Kentucky.

In the Jokers' Hill Horse Trials held recently in Toronto, the B.C. team placed first in the preliminary division.

Of the 10 riders from B.C. who were entered in the Canadian-International Three-Day event and the North American junior championships for teams under 18 years, Bill Ulmer of Vernon placed fourth, Holmes-Smith of Oliver, placed seventh, in the advanced competition, and Janice Tjaden of Kelowna placed fourth in the junior division. Tjaden was also the leading Canadian junior rider in the competition.

INNS CONTRACT
BUFFALO (AP) — Derek Smith, a centre who broke into the Buffalo Sabres' regular team lineup late in the 1977-78 season, has signed a new multi-year contract with the team.

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SPORTS

Rocks hosting Aussies tonight

Armstrong Shamrocks host the touring Australian national lacrosse team tonight, at 8:30 p.m., in the Haszen Memorial Arena.

The Australians, on route to the Commonwealth Games in Edmonton, are playing three exhibition games in B.C. Earlier this week, North Vancouver Indians drilled the visitors 3-0. Their swing through B.C. ends Sunday in Prince George.

ROCKS EXCITED
Shamrocks' President Ernie Henderson told the Daily News his club is excited about the game.

Henderson said, "Our guys are really worked up. It's quite an honor and thrill to play a team from another country."

The Aussies, who are among the best field lacrosse players in the world, are just learning the indoor game. As a result, they have to rely on teamwork and hustle more than finesse and passing.

CAPACITY CROWD
A capacity crowd is expected and fans are advised to arrive early.

Henderson said, "We're expecting a full-house and all tickets will be on sale at the door, on a first-come, first-serve basis."

At the Commonwealth Games, Australia will play the indoor game. As a result, they have to rely on teamwork and hustle more than finesse and passing.

TEAMS EVEN
Tournament Director Doug Hayden told the Daily News most of the teams are evenly balanced.

Hayden said, "There should be a lot of close games. It is tough to pick a pre-tourney favorite but I'd have to say that Raiders, Roo Crew, Nationals and 1 and 2 Electric will be tough."

Final games Saturday will be at 8 p.m. The teams evened up in the first round games on Saturday, at 8 a.m.: Lumby Hotel vs. National B (Polson) and 2 Electric vs. Star Auto Body.

16 teams enter slowpitch tourney

Sixteen teams will be competing for \$1,100 in prize money this weekend in the Molson's Invitational Men's Slowpitch Tournament at Alexis and Polson Parks.

Fourteen of the clubs are from Vernon, with the others coming from Lumby and Armstrong.

First-place club will take home the Molson's Trophy and \$400. Runner-up wins \$200, third-place team gets \$200 and the fourth and fifth place clubs each earn \$125.

STARTS SATURDAY
The double-knockout events gets under way Saturday, at 8 a.m., with the finals slated for Monday afternoon.

First round games are: 8 a.m.: Lumby Hotel vs. National B (Polson) and 2 Electric vs. Star Auto Body.

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Top lady putting the ball during the women's comp

Spallumcheen from left

Wa

Jack Nicklaus, Nature, maybe it's during the women's comp

Spallumcheen from left

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