

SKI TIPS

By TOM FERRIS
Ski School Director
Tillicum Valley

Bumps
They say that bumps (mounds) are caused by goggles looking for coins that skiers leave all over the mountain in the winter time.

I don't know. I don't ski in the summer. But I do know that bumps require a little more flexibility and better timing than skiing on flat packed snow.

The best way to learn to get into time and enjoy it. Sit them slowly to start with taking each round bump as it comes and turning on the tops where the least amount of snow resistance will be met under your skis.

Slide down the other side as you turn and keep your eye out for the next. As your ski moves into the fall line, tip your body into the hill or you'll get left behind, on your behind.

If you fall, make sure your money is in a safe pocket!

VSSS teams lose squeakers

Vernon Panthers and Royals both lost heart-breakers in high school basketball action Friday night.

In Rutland, Panthers were edged 83-90 by Rutland Voodoos in Nelson. Royals were edged by a point, 47-46 to the host in a girls tournament. Panthers Coach Rick Ingram called his team's effort the best of the season. Ingram said, "It was a very close game. We were down by 10 or 12 points a few times and kept coming back."

Voodoos held quarter leads of 28-22, 54-42 and 78-73.

LAST ZIMMER
Vernon played great ball in the final quarter, but again ran into its number one enemy—foul Brent Zimmerman, who scored 30 points, fouled out in 36 minutes to end the game. Vernon's starting lineup: Starter Rob Fisher and Mike Kaksas also finished the game on the bench.

Ingrid said, "If we hadn't lost Merrill, I think we could have won the game. But even without him, Rutland had a great team."

Glen Sirges added 18 for Vernon while Mike Oztudak scored 22.

John Russo was Rutland's top sniper with 21 points.

HOMEBACK
In Nelson, Royals trailed by 10 points with only five minutes left. They went to press worked to perfection and almost pulled the game out of the bag for the VSSS girls.

Laurie Ferguson was Vernon's top scorer with 19 points and Marg Bailey added 10.

Dawn Wetzel was a stand-out on defence, holding Nelson's big gun, Elaine Ouchell, to 10 points.

On the consolation side today, VSSS takes on Castlegar and University of Spokane.

Lumby athletes enjoy busy year

LUMBY — It is a busy season for the athletes around the town of Lumby. The school at the basketball and curling season draws to an end.

The weekend of Jan. 20-21 will see the junior girls in an eight team basketball tournament. Jan. 27-28 is the senior girls and Feb. 3-4, senior boys. All this will be held in the school's gym.

The junior secondary boys' rink participated in the recent high school boys' curling playoffs at Winfield. They lost. Vernon's Seaton School rink, but lost to Summerland and Princeton.

Coach John Higgs said he came home quite satisfied with their effort and felt they were a lot from the experience.

The rink consisted of skip Clint Mermalek, third Sheardown, second Jeff Devan and lead Terry Drueger. Charles Bloom will be hosting an invitational junior secondary curling bonspiel in February. Higgs said next year when they have a little more time it will be an open event.

DAILY NEWS SPORTS ALERT

JUNIOR HOCKEY (Civic Arena)
7:30 p.m., Vernon Vikings vs. Nanaimo Clippers
2 p.m. (Sunday), Vernon Vikings vs. Merritt Centenials

SENIOR HOCKEY
8 p.m., Enderby Arena, Kelowna Molsons vs. Grindrod Elks
8:30 p.m., Winfield Arena, Westside Packers vs. Winfield Raiders
8 p.m. (Sunday), Vernon Arena, Vernon Sport Cougars vs. Winfield
MINOR HOCKEY
5 p.m., North Kelowna Arena, Vernon midget reps vs. Kelowna
7:30 p.m., North Kamloops, Vernon bantam reps vs. Kamloops Sky Sox
8:15 a.m. (Sunday), Kelowna Arena, Vernon pee wee reps vs. Kelowna
2 noon (Sunday), Merritt Arena, Vernon bantam reps vs. Merritt
12 noon (Sunday), Oliver Arena, Vernon juvenile reps vs. Oliver

CROSS-COUNTRY SKIING
9 a.m. (Sunday), North Okanagan Cross-country Ski Club Marathon (at East Area) — 22 miles east of Vernon on Cedar Hill Road

HONEYMOONS VOLLEYBALL
Sunday at Recreation Complex 5:30 p.m., Friends vs. Goodtimers, 5:20 p.m., Hot-to-go vs. Campout Racers, 7:10 p.m., Old Stylers vs. Six Pack, 8 p.m., Sandowners vs. Bankers' Folly, and 8:00 p.m., Good Fauts vs. Vipers

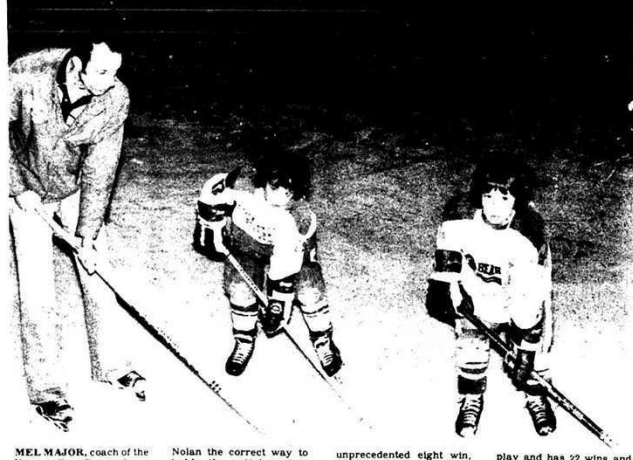
PLEASANT VALLEY HOCKEY
10:45 p.m. (Sunday), Civic Arena, Firefighters vs. Canucks

PIN POINTS

JANUARY Wednesday 8:11
40km High Single, Mary Anderson 280, high triple, Mavis Anderson 655, high average, Gloria Barkers 296

Men's high single, Shig Tabata 314, high triple, Shig Tabata 785, high average, Joe Grindrod 224, high triple, C.G. Burch 1074, high triple, C.G. Burch 3000, high average, Shig Tabata 314, high triple, C.G. Burch 1074

TEAM STANDINGS
45km/50km/100km/150km/200km/250km/300km/350km/400km/450km/500km/550km/600km/650km/700km/750km/800km/850km/900km/950km/1000km



Unprecedented eight win, no loss record in league play and has 22 wins and one loss in exhibition play.

MEET THE COACH

Strong skating crucial

Strong skating and positional play are the basic components forming a good 10-year-old hockey player, according to Mel Major, Vernon pup rep coach.

"When the players become proficient skaters, then ideas of attacking, shooting and passing plays can be incorporated into the game," he said.

The Vernon pup rep play in a six-team league with Merritt, Kamloops, Rutland, Kelowna and Westside. In league play this year, the team has eight wins and no losses and have only suffered one loss in 22 exhibition games.

"The team presently practices twice weekly and is made up of one eight-year-old, one nine-year-old and the remaining 13 players are 10-years-old. Major said all of the players are goal scorers.

GREAT DEDICATION
"The boys playing rep hockey have great dedication because they all want to play rep hockey and have to work hard to get there," he said. "The whole team is strong, we move the puck well, have big defences and a good offensive line. Our goaltenders have an average of under three goals a game, which is exceptional for this kind of hockey."

"When a boy comes to our team, the first thing we teach him is agility on skates. Practices include backward and forward crossovers, speed skating and balance drills. Kids should work on all of these skills exclusively until they reach the age of 12 years old."

Major feels that a couple of his players are tops in their position in the valley and that 80 per cent of his team will continue to play rep hockey. "Although we have some fine young players on our team, the prime idea for our team is to have fun together," he said.

Major said that he also has fun working with the team and gets great satisfaction from watching them develop as players. "They are a great bunch of kids and really responsive and receptive," he said. "Add this to the solid parental backing we get and you have the formula for good hockey club." Major also credits assistant coach George Faragher for a good deal of the team's success. "He communicates well and the kids adore him," said Major.

Continued success and fun is what Major would like to see in his team for the remainder of this season and said 18 players, 30 parents and two coaches working as a unit, the team will be a contender for the rest of the season.



TERRY PENNY ... IN NOHL

Penny to coach Cougars

Vernon Sport Cougars' player-coach King Can announced today he has returned to the club's coaching reins over to Terry Penny.

Penny, who coached Vernon Vikings for a brief time this season, has an extensive background in hockey — both as a player and coach.

Can said, "It was just getting too hard to play and coach. Terry will be making the decisions now and it will take a big burden off my shoulders."

There are three games scheduled in North Okanagan Hockey League action this weekend. Tonight, Kelowna Molsons travel to Enderby to battle Grindrod Elks and Westside Packers are in Winfield to tangle with the Flyers on Sunday. Cougars host Winfield.

A game scheduled for Friday night in Westside, was postponed because Vernon Price and Marlie could not see a team doctor.

Doesn't think the flu will hurt his club Sunday.

When asked for as far as I know, nobody on our team is down with it I sure hope not — with only six games left, we need everyone.

Daily News

SPORTS Page

DON KENDALL — Sports Editor
PHONE 545-0671
VERNON DAILY NEWS, SATURDAY, JAN. 14, 1978

SPORTS BRIEFS

SMITTY'S FIRST
Smitty's Pancakes was the first event in the Molson Dual Slalom Challenge Series this week at Tillicum Valley Ski Area. Jeff Dave and Mark Wadsworth had a combined time of 62:18. B.C. Hydro took second spot and Harley's Fabrics finished third. A total of 15 teams took part in the event. Next race is scheduled Jan. 18.

TIGERS UNBEATEN
Vernon Lodge Tigers recorded their seventh consecutive win by dumping Enderby Motor Inn 58-42 in Men's Commercial Basketball League action this week at W. L. Seaton School. In other games, Okanagan College downed Marauders 48-38 and Fullon blasted Hookers 78-63.

IN BROOMBALL
Ball Brushers blanked Rock Brothers 50-10 in Men's Broomball League play this week at the Centennial rink. In another game, Vernon Raiders slipped past Verberas 21.

FLAMES WIN
Super-Yalu Flames trounced Tri-Lake Cougars 7-1 in Pleasant Valley Hockey League play Thursday night at the Civic Arena. Mike Ferguson scored three goals for the winners.

ADULT REGISTRATION
Registrations are now being accepted, at the Recreation Complex for the adult gymnastics program. For further information phone Myrna Coburn at 545-6821.

GIRLS' SOCCER
In girls' indoor soccer action this week at the Recreation Complex, Demons edged Kickers 8-7 and Cougars fought a 10-10 tie with Overlanders.

INDOOR SOCCER
In Men's Indoor Soccer League play at Kai School, Hawks drew 3-3 with Wanderers and Roadrunners hammered Overlans 9-1.

FORMER REP DEES
CALGARY (CP) — Thomas William Cheney, 60, a former Canadian Football League referee and well-known Calgary sports figure died Thursday while jogging. Cheney spent his entire working life in Calgary and was chosen city sportsman of the year in 1975 by the Calgary Booster Club. He retired from the CFL as a referee two years ago, but was still active in officiating at the high school level.

PAYTON HONORED
EVANSTON, Ill. (AP) — Walter Payton of Chicago Bears, the Nat'l All Football League's leading rusher during the 1977 season, has been named NFL player of the year and the outstanding running back by Football Digest. Other winners in including by the editors of the magazine and a panel of NFL experts were: Red Miller of Denver, coach of the year; and Bob Griese of Miami, best quarterback.

BURKA THIRD
INNSBRUCK, Austria (CP) — East German men and Soviet women dominated the first four events in a three-day speed skating competition which began Friday. Canada's top skater was Sylvia Burka of Winnipeg, this in the 1,000-metre women's race.

46 REGISTER
CHARLOTTETOWN (CP) — Vernon's defenseman Tim Sanche was named to the first team of the mid-season All-star selection.

Newcomers lead Buckaroos past Vikings

The B.C. Junior Hockey League theme song should be "The rich get richer and the poor get poorer."

Kelowna Buckaroos blasted Vernon Vikings 10-1 Friday night in the Regatta City rink in the Interior Division and well within striking distance of first place Merritt.

THREE GOALS
Paul Phee, playing his first game for Kelowna after being acquired from Calgary, then Canucks of the Alberta Junior League, scored three goals and added a pair.

On the other hand, Vikings, who are tied for last-place with Revelstoke Bruins, have no cards left to sign players and are down to 18 bodies.

The entire night was a disaster for Vernon. The club's sweaters arrived late, they had to wear Kelowna's tan uniforms in the first period.

Vikings trailed 2-1 after the first period and 4-1 after the second.

Brian Matthews also scored twice for Kelowna while Greg Wilson, Bill Audycki, and Cam Torgeson added singles.

Scott Cousins got the lone Vernon goal.

HOT LEADERS
Vikings have two more chances this weekend to snap their five-game losing streak.

Nanaimo Clippers then visited at 8:30 p.m. Vernon hosts Coast Division leader Kelowna at 8:30 p.m. on Sunday, at 2 p.m. Joe Ten-Tentative to town.

In other action Friday night, a four-goal outburst in the final six minutes carried Penitence Youth to an 11-7 win over Nanaimo Clippers in Langley. Kamloops chiefs waited to a 9-3 victory over Langley Lords.

The win leaves Penitence with three points behind Merritt. Despite the loss, Nanaimo still holds a four-point buige over Bellingham Blazers on the coast.

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Saturday Night Bingos

The UNN Friendship Centre Bingo will be resumed on Saturday, Jan. 14th and will be held every Saturday evening at 7:30 p.m. thereafter at

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