

# Wilderness survival

By SMOKEY TRUMBLEY

Wilderness survival and being prepared on nature trails should be a year-round concern with those who participate in outdoor activities, and I would like to see a personal interest shown by everyone.

The word "lost" it would seem is a nasty and unaccepted word to use when referring to a missing person or person. No one wants to admit they were lost, turned around temporarily maybe, but never lost. For the life of me, I never could understand why those who have been actually lost will refuse to admit it. It is no sin nor for that matter shameful to become lost in strange surroundings, even the most experienced hunter and guide have a hard time or another, found themselves totally lost. The most important factor is what to do, and how you conduct yourself for just such an emergency.

**EASY TO GET LOST**

Summer or winter, it's easy to get lost. During summer most terrain looks the same and unless you can see known landmarks, or know how to read maps and compass you could find yourself in trouble. Blazing a trail as you go (marking) is a good method that will get you back to your starting point.

Some think getting lost in winter is almost impossible, because you can "back track." This is the case, usually unless, a sudden storm obliterates all tracks of tracks, then back tracking is impossible. No one is immune to getting lost. It could happen to hunters, cross-country skiers, snowshoers, or snowmobilers during winter.

**SELF EDUCATION IMPORTANT**

Traveling nature trails can be a beautiful experience when it is done with common sense and respect for nature and fellow beings. On the other hand, a walk off the beaten path can turn into a tragedy. You could get lost, sprain an ankle or get sick. When going into the wilderness areas, even if only for a few hours, it is important to be properly prepared.

A booklet published by the Air Force Survival School titled "Down But Not Out" is by far the most comprehensive coverage of wilderness survival I have read and I highly recommend this book to all outdoor ardent. The book is available at your bookstore, or they can be bought from the Queen's Printer. A pamphlet called ABC's of wilderness survival produced cooperatively by Department of Recreation and Conservation and the Emergency Services Division of the Department of the Provincial Secretary is also a good reference, but not nearly as elaborate as the book "Down But Not Out." The pamphlet is free and available at the local office Fish and Wildlife Branch here in Vernon. Either the book or the pamphlet will teach self-education in wilderness survival.

**THINGS YOU SHOULD KNOW**

The following are things you should know before venturing into the wilderness on any type of outdoor safari.

1. What every item in your pack is and how to use it.
  2. How to start a fire.
  3. The terrain over which you will travel.
  4. How to recognize hypothermia (exposure sickness) and shock. A pamphlet titled Hypothermia is also available.
  5. Hypothermia, caused by loss of body heat, occurs in wet and windy conditions with temperatures between 1 and 10 degrees C.
  6. 60 per cent of body heat loss occurs through an uncovered head.
  7. Loss of body heat will wet clothes 100 times faster than with dry clothes.
  8. Wood clothing is better than cotton in wet weather.
  9. Water is a greater requirement.
  10. Water may be purified by boiling.
  11. A campsite in summer should be near water. In winter the main requirements are shelter and fuel.
  12. How to read a map and compass.
- Locally we are blessed with having the best rescue services anywhere in the world. They are alert and ready to help anyone lost, with airplanes, snowmobiles and land parties, but they are helpless unless you tell us where you are. It is your responsibility to be going and how long you expect to be gone. Don't change your plans either without letting someone know or without having a misfortune to be lost. "Play put" and build a fire for warmth and have green leaves or bows hand to throw on the fire for signalling smoke. If you do this, be assured help will come quickly.
- The best hours for this weekend are in dar'ness so we will have to use our headlights for the first two hours each day. Saturday from 10:00 a.m. until 12:00 noon and for Sunday from 10:00 a.m. until 11:00 a.m.

## SPORTS BRIEFS

**ELECTED PRESIDENT**  
TORONTO (CP) - Neil MacFarland of the Star was elected Wednesday as the second term as president of the Toronto chapter of the Associated Writers Association of America. Neil Campbell of the Globe and Mail outgoing secretary treasurer of the chapter was chosen vice-president while Ross Hopkins of the Toronto Star was elected secretary and treasurer.

**BARN GUARDED**  
TORONTO (CP) - A barn on the Greenwood race track was closed and kept under guard Tuesday night after a fire broke out in an unoccupied tack room at the north end. Damage in the fire was estimated at more than \$20,000 but OJC officials would make no estimate of damage to the barn after Tuesday's fire.

**BARBARIE, ONT. (CP) -** Orilla Ferrier of the Ontario Soccer Federation announced the purchase Wednesday of centre Jon Hammond from Harris Soccer for cash and future considerations. Hammond had become the Flyers fifth centre with the recent signing of Don Tannahill, formerly of Van

**COLOMBIA (CP) -** Miguel Cantos of Mexico claimed his second flyweight boxing win Wednesday night with a unanimous 15-round decision over Martin Vargas of Cuba.

**COLOMBIA (CP) -** The 100th anniversary of the birth of the late President Carlos was celebrated in Japan in January 1975.

**COLOMBIA (CP) -** A signed 100-point and 100-point



## SKIMOBILE SPREADS THE SKI WORD

North Vancouverite Lynne Sommerville is just one of thousands of people who have viewed Tourist British Columbia's Skimobile. Since it began travelling throughout Western Canada and the North-western United States at the beginning of October, the Skimobile, operated in conjunction with the Ski Marketing Advisory Council, has handed out over 70,000 ski brochures as part of the province's promotional activities inviting Canadians and Americans to come to the ski resorts of British Columbia and "ski the Difference."

## Short fences seal the deal for Kingman

CHICAGO (AP) - Sluggish Kingman signed a five-year, \$12 million contract Wednesday with Chicago Cubs, saying he liked the short fences at Wrigley Field.

Emerging with his agent, Lowell Morse, from the office of club owner William Wrigley, the 28-year-old right-hander also said he picked the Cubs because he wanted to return to baseball's home state, Chicago is his home town and has an offshoot home here.

Kingman hit 26 homers last season while shattering daily club to club. He had consulted for two hours with the owner and general manager Bob Kennedy.

Kingman also met Wednesday with representatives of Chicago White Sox. Earlier he had negotiated with New York Yankees and California Angels.

Wrigley had previously shunned the free-agent march, saying the players available were too expensive. But such was not the case with Kingman, he said.

Kingman played out his option last season after stints with the New York Mets, San Diego Padres and the Vancouver Braves, who traded him to San Francisco Giants.

## Daily News

### SPORTS

DON KENDALL - Sports Editor  
PHONE 545-0671

VERNON DAILY NEWS, THURSDAY, DEC. 1, 1977

## Chiefs whip Vikings 13-6

KAMLOOPS, B.C. (CP) - Mike Menic and Clint Fehr scored three goals each as their Kamloops Chiefs whipped Vernon Vikings 13-6 in the only British Columbia Junior Hockey League game Wednesday.

Vernon is tied with Revelstoke Bruins for last in the Interior, each with 10 points. Kamloops is 10 points behind third-place Kelowna Buckaroos.

Other Kamloops scorers included Glenn Merkoxy with two goals while Jay Kozak, Murray Matheson, Peter Dinsen, Wade Bradley and Norm Meyer scored singles.

Mike Winther scored twice for Vernon, and brother Al scored a single. Scott Coussa had two and Darryl Itani had one.

Vernon took nine of 15 minor penalties, two 10-minute misconducts and a govt misconduct. Each team drew two fighting majors.

In the only game tonight, Revelstoke plays the Flyers at 8:00.

## Sabres dump Lumby and take lead position

As a result of the final game in the White Valley Hockey League this week, the Coldstream Blades assumed the divisional lead over the Lumby Royals by virtue of a 5-1 victory. In other play, Lums Gardeners slumped to defeat Blades 11-5 in the Monday night game and minutes later outplayed the Burrard Barons 10-4 on Tuesday.

In the first game of the week, Lumby Gardens found themselves on top of a 1-0 lead before being tied in the first period of play and increased the score to 4-3 after two goals by the Blades. Blades scored another five goals in the third period of play to pace themselves on an 11-5 victory.

**GOALIE MAUSSER SENT TO DENVER**

VANCOUVER (CP) - A spokesman for the Vancouver Canucks said Wednesday the North American Soccer League team had sent goalie Arnie Mausser and forward Brian Budd to Denver for a straight player deal. The spokesman said an agreement was reached between the teams for the use of Budd and Mausser for the 1978 season and that no other players were involved in the deal.

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**WINN BEITH**  
HELIAPOLIS (CP) - Spain defeated Yugoslavia 1-0 Wednesday on Huben Canso's goal in the 75th minute. Spain qualified for the World Cup championships next year in Argentina.

# Two shut-outs in Pup House senior play

**By DALE MAJOR**  
Correspondent  
Vernon Daily News

In Senior Pup House league play last week, Rendall Tractor edged Bear Alignment 4-2 and Village Green blanked Boston 6-0 while in exhibition games, Standard Oil edged Armstrong 7-0, Willowdale 4-3, Red 3-0. Grocery nipped Armstrong 7-0, Riverside 5-3, Lumby Whiskey 11-0, outscored Tractor 11-5, Rendall Tractor shut out Lumby Key Line 6-0. Enderby thumped the Scotia Flyers 8-1, Armstrong outskated Bear Alignment 7-5. Enderby edged Tractland Realty 6-2 and the Vernon P.C. Pups and the Salmon Arm All Stars fought to a 6-6 draw.

**SCORES TWO**

Darren Adams led Rendell over Enderby in the Scotia Flyers 8-1, Armstrong outskated Bear Alignment 7-5. Enderby edged Tractland Realty 6-2 and the Vernon P.C. Pups and the Salmon Arm All Stars fought to a 6-6 draw.

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## PIN POINTS

**NOVEMBER 19**  
YBCA JUNIORS  
Women's high single, Donna Keckalo 235, high triple, Dawn Klym 275, high average, Arlene Turker 181.

Men's high single, Brad McCann 232, high triple, Darren Franks 237, high average, Kelly Meyer 172.

Team high single, Rating Pins 100, high triple, Oromedreys 299.

**TEAM STANDINGS**

Rating Pins	215
Wipe Outs	207 1/2
Glo's Gimps	200 1/2
Super Stars	199 1/2
Bowler of the Week: Kelly Chamberlain, 48 pins over; Boys Greg Edgewood, 107 pins over.	

**NOVEMBER 19**  
BANTAMS 11 A.M.

Women's high single, Penny May 205, high triple, Bonnie Edwards and Penny May tied 144.

Men's high single, Peter Kropp 260, high triple, Peter Kropp 486.

Team high single, Pine Power 1041, high triple, Chums 3017.

**TEAM STANDINGS**

Chums	213
Hot Shots	205
Coopers	189 1/2
Super Stars	187 1/2
Bowler of the Week: Girls, Kim Chamberlain, 48 pins over; Boys, Peter Kropp, 81 pins over.	

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**Flyweight retains title**

SANTIAGO (CP) - Miguel Cantos of Mexico retained his world flyweight boxing title Wednesday night with a unanimous 15-round decision over Martin Vargas of Cuba.

Cantos received \$100,000 to the title match and Vargas \$50,000.

It was the 100th anniversary of the birth of the late President Carlos who was born in Japan in January 1975.

Cuba's signed 100-point and 100-point

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