

Orienteers to compete for B.C. championship

Daily News

SPORTS

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6 VERNON DAILY NEWS, WEDNESDAY, SEPT. 21, 1977

Third annual British Columbia Orienteering championships will be held in Vernon this weekend.

About 100 entrants, from through B.C., are expected to compete.

First registration session will be Friday, at 3 p.m., at Coldstream Elementary School. There will be a training session from 8:30 to 9:30 p.m.

On Saturday, another registration will take place at 9 a.m. A training session will run from 9:30 a.m. to 12:30 p.m., to be followed by a warm-up event at 2 p.m.

The championships get under way Sunday at 9 a.m. with trophy presentations at 12:30 p.m.

All activities will take place at Coldstream School.

OUTDOOR SPORT
Orienteering enthusiast Candice Davies describes orienteering as "An outdoor physical sport embodying a hand approached fitness for people of all ages."

"If a person is bored with jogging or unenthused by repetitive exercises, orienteering could be the answer." The activity involves being

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Alberta reminder, are a few other Packers.

Kelowna Moisons have a huge list of ex-Bucks which includes Shawn O'Reilly, Dave Angus, Dave Cousins, Larry Keating, Gerry Peet, Rick Benninghof, Bill Haynes, and Don Bassett.

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directed to a convenient starting place, in an easily accessible outdoor recreation area, where you will be armed with a map and set of instructions laying out the task of visiting a number of check points.

To ensure all age groups and ability levels are satisfied, there are four categories ranging from the white course, which is one mile and classified as easy; the orange course, which caters to the enthusiast who has some training in map and compass reading; the red course, for skilled orienteers; and the blue course for the advanced.

All that is required is an inexpensive compass, map and practical outdoor clothing.

For further information, phone 545-4277 or 545-5035.

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Horse Talk
Training & Handling
with Don Fraser

This column is presented as an aid for non-professional horsemen who share common training problems. It serves as the medium for non- and professional riders to seek advice and for the passing along of training tips that have worked for the author.

If you have a problem with your horse, drop a short note to the Vernon Daily News and Don Fraser will try to answer it.

TRAIL HORSE AND/OR RACE HORSET?
Christine Emerson writes: "I own a 7-year-old beautifully trained Quarter horse, Thoroughbred mare which I am planning to enter in races (flat) and trail her for those special classes. Can you please help me in setting up a trail course at home? Also I would like to know where I may obtain permission to use Kin race track. My mare "Velvet" neck reins very well and she can run like a racehorse. I would really appreciate it if you could help me out!"

First of all, I would decide which event you prefer and concentrate on that. ... I would be very difficult race horse and compete in "trail" class at the same time. A racehorse gets very excited which is exactly what you don't want in a trail horse. You have two conflicting interests.

If you decide on "trail," a few obstacles for the backyard are a sack full of tin cans (empty), wheelbarrows, walking through tires or over logs, dragging a log, walking over a plastic sheet or a bridge which you can make out of a few planks if you get a chance, go to a local horse show and enter in a trail horse class. As far as using Kin race track, I'm sure you could get any information from the caretaker who lives at the track in a trailer.

BARN SMOKE HORSE
Armstrong's girl inquired, "How do I get my pony away from the barn? When I try to ride her away from the barn she rears?"

This is quite common in kids horses as they are not strong enough to physically get them away from the barn. One remedy might be to try feeding your pony away from the barn in different locations so she gets the idea that the barn is not the place where she gets fed. Also, if you are going for a ride don't play around the barn.

When you go for a ride, pack a small amount of grain with you and while you're out riding, stop at a different place each time and give her the grain. She will get the idea that the barn is not the place where she gets fed. This will probably stop the rearing too.

HORSE HAPPENINGS
Sunday, Sept. 18, 10 a.m. — Armstrong-Enderby Riding Club trail ride at Okanagan Lake by Ellison Park. Signs will be posted. For information phone Jim Heilger at 546-3656.

Spallumcheen in great shape
Spallumcheen Golf Club in excellent condition for the upcoming Canada-Rodeo Open Tournament.

Club pro Pete Wase told the Daily News the course couldn't be better. Wase said, "I don't think I've ever seen the greens so good."

More than 180 golfers, from throughout the province, have entered the two-day tournament. Post-entries will be accepted up to a maximum of 180.

Play gets underway on Saturday and Sunday at 8 a.m. Wase said, "We've got entries from all over. We even have a guy from Ireland, who is holidaying in Kamloops, entered."



DAVE CALDWELL ... with P and M
MIKE SMITHSON ... Jonas Cougar
CLINT ECCLES ... a Raider now

NHL schedule begins in October

North Okanagan Hockey League 1977-78 schedule will open Oct. 14, at the Vernon Civic Arena with Kelowna Moisons visiting Vernon Civic Arena, with Kelowna Moisons visiting Vernon Sport Cougars.

Each of the six teams in the restructured NHL will play 30 games, 10 on the road and 10 at home.

The regular season will conclude on Feb. 18. League spokesman Chris Nelson told the Daily News he is hoping to name the league's new head referee within a week.

"We have spoke to someone with an extensive background in officiating and I'm hoping he will accept the post."

If training camp is any indication, the NHL appears much-improved and should be well-balanced.

Defending champion Price and Markie has its key players back, with several helpful additions. Charlie Brisham will again be between the pipes with Bob McCullum and Bob Powell anchoring the defence.

Vernon Vikings have a hole in their defence they weren't counting on filling.

Second-year defenceman Brad McDonald told team president Vern Dye on Tuesday he is returning to Selkirk Arm to complete his grade 12 education.

Dye said, "Brad definitely fit into our plans this year. He is coming along well. His schooling will be finished in December, so he could be available to us in the second-half of the season."

"Vikings received more bad news Tuesday. It appears both defenceman Randy Will and goalie Rick Mallott have slunk with Western Canada Hockey League teams. Seattle and Medicine Hat respectively.

Dye said, "Naturally we're happy for Randy and Rick, but we sure could have used them."

Two Calgary players arrived in camp Tuesday.

LOOK BACK FIVE YEARS
SEPTEMBER, 1972

The good people of Westwood have again come through with an excellent community event, the holding of their fall fair recently. It started 20 years ago with only one year being cancelled due to a raging forest fire.

The Westwood Fair 1992 reached its final: to provide visitors and local inhabitants with a good variety of events.

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Up front, league scoring champ Clay Anderson and hard-shooting Wayne Dye will be joined by ex-Esoo star Les Salo, along with Jeff Todd and Dave Caldwell, who played with Selkirk Arm Aces of the now-defunct Monarch League last year.

ADDS GOALIE
Vernon's other entry, the Cougars, have picked up ex-Selkirk Arm goalie Mike Smithson.

Jeff Shirley and Graydon Brown will be joined by their lacrosse team mate and former member of Vernon Vikings, Greg Walmaley. Cougars boast several veteran including King Cam and the Bevan brothers, Willy and Wally.

On paper, the team to beat could be Grindrod Elks. Elks have ex-Victoria Cougar Ed Forland between the pipes.

The defence will be anchored by ex-Esoo and Cougar superstar Bob Mayer and Jim Inglis. Up front, another ex-Esoo, George Faragher, will get lots of help from young Willie Madden and high-scoring Rick Kelly.

Donning the blues for Westside Packers will be Kelowna Buckaroos Wayne Olafson, Bruce Gerli, and Brad Owens as well as former juvenile Packers Kevin Wolfe, Doug Osh, Tom Connaty and Dan Leboe.

Len Barrie, an ex-minor pro, Wayne Brown, a former Saskatoon junior, Ian Snow, an Ontario Senior league goalie, and Dale Harder, an ex-University

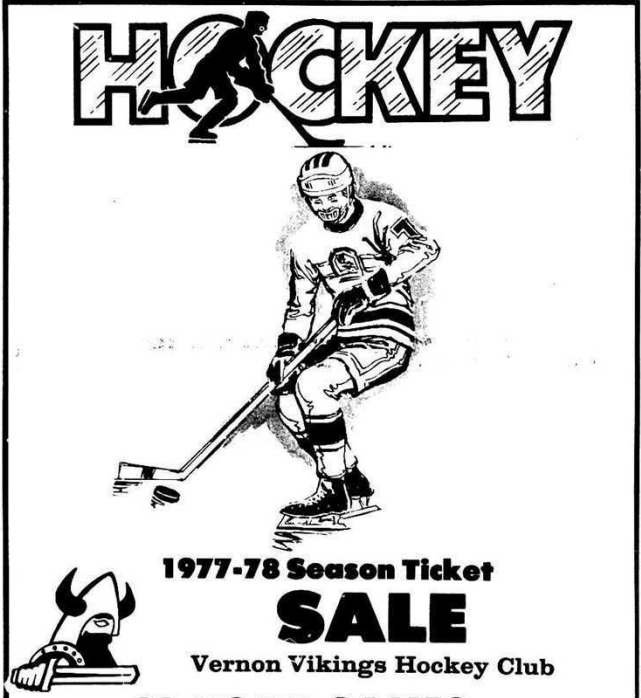
night Centre Don Olson and right wing Mike Roge may see action in one of the club's weekend exhibition games.

"Vikings' first game will be Tuesday at 8 p.m. when they host Revelstoke Bruins. There will be two familiar faces in the Revelstoke line-up, Vernon minor hockey product George Crookhank and ex-Viking Randy Merritt are both Bruins.

Crookhank left Vernon with his parents three years ago. Merritt, a native of Revelstoke, saw play duty with Vikings two years ago after spending the season with their farm team in Grand Forks.

Spallumcheen senior men
SEPT. 22
10 a.m. Larimer, B. Merchison, F. Fussell, H. Steinhilber, 10:07 a.m. Fogman, K. Shurcull, Collier, P. Peltin, 10:14 a.m., M. Uppier, G. Shurcull, O'Keefe, Tom Nelson, 10:21 a.m. R. Scott, J. Dykes, G. Smith, 10:28 a.m. H. Webb, J. Lauren, W. Wilson, G. Peck, J. Morrison, J. Griffin, W. Collier, T. Mott, 10:42 a.m., C. Banner, G. Petersen, L. Kyle, C. Penson, 10:49 a.m. R. Pearson, W. Copan, D. MacBean, J. Mullen, 10:56 a.m. Wm Jack, J. Davis, C. Sorenson, R. Gantzeved, 11:03 a.m. M. Summers, N. Ehry, D. Sutherland, D. Bradbury, 11:10 a.m. M. Kellogg, A. Anderson, T. Hawry, S. Inglis, 11:17 a.m. Wm. Kellogg, G. Palmer, R. Miller, Wm. LaFrance, 11:24 a.m. Wm Taylor, H. McCrae, R. Johnson

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