Track coach likes work

Instead of yelling at the jogger to get off the road, people these days are saying, "Gee, I should be out there, too."

Greg Fraser, who coaches track and field and cross country running at W. L. Seaton School says people are much more aware of fitness now than they were a few years ago. He says, "Participaction has really paid off, people are much more health-minded since the government introduced that program and began giving out the Canadian Fitness Awards.

"I have noticed an increase in the number of joggers in Vernon in recent years. People would look at you strangely a few years ago."

Fraser, who is a social studies teacher at Seaton, has always been involved with track and field. He grew up in Victoria and won he provincial championship in high school long jump. He coached high school teams when he was going to University of Victoria and so it was only natural for him to continue in this field when he moved to Vernon four years ago.

"Throughout the winter, Fraser works with about 70 high schoolers but in the spring, when more teachers get involved, he works with the long jumpers. He spends two hours a day, four days a week practicing. He is away almost every weekend at meets with the team. Fraser says, "It takes a lot of time, but it is a labor of love."

Fraser said, "Young people need a lot of exposure to activities while they're in school as most people tend to quit sports when they graduate. Kids look up to older people and want to imitate them so it's good for them to see other people jogging.

"Self-discipline is very important and it reflects on their studies. There is a very definite co-relation between sports and studies. The old Greek saying, 'a healthy body leads to a healthy mind' is very apt.

"It is good for kids to get a sense of achievement and failure. It's good for them to realize there are people better, and not as good, as them. Kids who get involved in sports are more apt to achieve in other areas of life because they are motivated and know how to spend their leisure time."

Fraser continued, "I get a tremendous personal satisfaction from working with the kids. I get to know them a lot better and it certainly helps my relationship with them in the classroom.

"As far as facilities go, the track at Polson Place is acceptable, but it needs upgrading. It's getting a lot more use now. We have teams coming up from the coast to compete with us. This year I've noticed a lot of women running to keep in shape. People in general are starting to recognize the benefits of exercise.

"I'm trying to establish a track club for all ages, a club would give an outlet for people staying in the area to continue with their high school training."

Anyone interested in forming a track club can phone Fraser at Seaton School.



(Daily News Photo)

W. L. SEATON track and field coach Greg Fraser describes his work with students as, "A labor of love." Sprinters Wanda Ehait, left, and Shannon Magee get tips on coming off the blocks from Fraser. He spends countless hours work with Seaton athletes and is hoping to get a district club formed this summer.

Referee gets blame for loss

CINCINNATI (AP) — The losing coach blamed defeat on a hometown referee after Cincinnati Stingers edged Calgary Cowboys 4-3 in a World Hockey Association contest Wednesday.

Cowboys coach Joe Crozier disagreed with some calls made by linesman Steve Barry during the game, which was tied 2-2 until the last eight minutes.

"He dropped the puck when we were a man short, and they got a goal," Crozier fumed, describing defenceman Barry Legge's slapshot from the blueline at 18:06 in the third period.

"And the next time they're offside he doesn't call it. Then they got a second one," he said of Peter Marsh's goal 28 seconds later.

Tigers strengthen position

By THE CANADIAN PRESS

Medicine Hat Tigers defeated Calgary Centennials 8-5 to strengthen its position at the top of the Central Division standings in the Western Canada Hockey League Wednesday night.

Western Canada						
Eastern Division	W	L	T	F	A	P
Brandon	51	10	8	418	233	110
Saskatoon	37	28	10	291	276	84
Flin Flon	14	37	14	271	364	42
Regina	8	47	11	195	415	27
Western Division						
New West	44	13	9	335	195	97
Portland	33	28	7	323	283	73
Kamloops	30	25	11	280	267	71
Victoria	27	28	11	278	264	65
Central Division						
Med Hat	29	25	12	306	279	70
Winnipeg	29	30	6	309	342	64
Lethbridge	25	30	10	295	306	60
Calgary	19	35	15	300	379	53

Brian Hill scored four goals and linemate Tom Bast added a single and five assists to give Medicine Hat their win. Darre Switzer, Dave Ross and Owen Lloyd also scored for the team.

The Centennials' scores came from Harvey Poczo with two and Dave Morrow, Gary Rissling and Craig Stamler.

In Portland, Ore., winger Tony Currie scored three goals to extend his goal-scoring streak to nine games and lead Portland Winter Hawks to a 7-2 victory over Winnipeg Monarchs.

Helping Portland to its win were Paul Mulvey, Dave Hatheway, Perry Turnbull and Brent Peterson.

Winnipeg's marksmen were Dave Morrison and Tom Roulston.

Hatheway also has a nine-game scoring streak. In addition to one goal, he collected two assists while the other member of the line, centre Dale Yakiwchuk, picked up four assists.

SCORED THREE

Dirk Graham scored three goals and added two assists to pace Regina Pats to an 8-6 win over Saskatoon Blades.

Gerry Galloway added two goals while Rod Yaworski, Greg Ing and Greg Tevvutt produced singles for the Pats.

Ken Federko tallied twice for the Blades while Wes George, Dar Bent, Dell Chapman and Dan Erickson scored once each.

Regina took seven of 13 minor penalties, three of seven majors, one of two game misconducts and a gross misconduct. The Blades were also assessed a ten-minute misconduct.

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BCJHL PLAYOFFS

Vees move ahead after 9-4 win over Kelowna

By THE CANADIAN PRESS

Linemates John Uvegas and Ken Pedersen each scored twice in the third period to ensure Penticton 9-4 victory over Kelowna Buckaroos and give the Vees a 2-1 edge in their best-of-seven British Columbia Junior Hockey League semi-final series Wednesday.

In the other semi-final, Nanaimo Clippers took a 2-1 lead over Langley Lords with a 4-1 win that stemmed from three Clipper goals in the second period.

The series resume Friday at Penticton and Nanaimo.

About 1,600 fans at Kelowna watched as the Vees and Bucks tied 3-3 at the end of the first period, and Penticton outscored Kelowna 2-1 in the second period.

Penticton coach Terry Martin said later it was one of the Vees' better games in the last month.

"They finally put three periods together," he said.

Uvegas scored three goals while singles went to Kevin Maxwell, Dave Smith, Bob Dietterle and Carey Eades.

Second draw played

SHEFFIELD, England (AP) — Aston Villa and Everton drew 1-1 at Sheffield's Hillsborough Stadium Wednesday night in a replayed English soccer League Cup final.

Replying for Kelowna were Bill Audycki, Rob Neeld, Rod Danchuk a ..tt MacLeod.

Penticton netminder Jim Semmell made 29 saves while Randy Struch stopped 25 shots for Kelowna.

At Langley Mike Shields, Torri Robertson and Sid Giroux scored for Nanaimo after a scoreless first period while Gordie Brandt replied for Langley on a power play. Barry Pederson scored for visiting Nanaimo in the third period.

Nanaimo goalie Steve Hanna blocked 35 shots while Langley's Al Wiebe stopped 27.

Langley was assessed 10 minor penalties, a fighting major and three 10-minute misconducts while Nanaimo took 11 minors and one major.

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CHARLES O'FINLEY
. . . may have lost

Finley decision expected

CHICAGO (AP) — The Sun-Times says Oakland A's owner Charles O. Finley has lost his multi-million-dollar suit against baseball commissioner Bowie Kuhn.

Judge Frank McGarr, who heard the case in United States district court without a jury, will announce later today that Kuhn had the authority to cancel Finley's $3.6-million sale of A's stars Vida Blue, Joe Rudi and Rollie Fingers, the newspaper said.

The newspaper's report came from baseball writer Jerome Holtzman at Scottsdale, Ariz., where he is covering Chicago Cubs' spring training camp.

Finley contended in his suit that Kuhn overstepped his authority because the player sales did not violate any of baseball's existing laws. The sales were voided by Kuhn on the basis that they "were not in the best intereat of baseball."

The A's owner argued that he had no recourse but to sell the players because they were playing out their options and would have become free agents at the end of the season.

Fingers and Rudi did play out their options and signed multi-million-dollar contracts with San Diego Padres and California Angels, respectively.

Blue was signed eventually by Finley and still is a member of the A's.

In the original sales, Blue was to have gone to New York Yankees for $1.5 million, and Rudi and Fingers were sold to Boston Red Sox for $1 million each.

Soccer league kicks off year

Okanagan Senior Soccer League kicks off its 1977 season on March 27 with all 10 teams in action.

The league will have four entries from Vernon and three from Kelowna, as well as clubs from Osoyoos, Penticton and Kamloops.

Two Vernon clubs, Rovers and Blues open on the road; while Spartans and United start their seasons at McDonald Park.

All games are at 2 p.m. except those noted. The schedule is:

March 27: Penticton vs. Vernon Rovers; Vernon Spartans vs. Kamloops (12:30); Osoyoos vs. Vernon Blues (1 p.m.); Kelowna Gatsby's vs. Kelowna Willow Inn; Vernon United vs. Kelowna Teamsters.

April 4: Vernon United vs. Kelowna Gatsby's (12:30); Willow Inn vs. Osoyoos; Kamloops vs. Vernon Blues; Penticton vs. Vernon Spartans; Vernon Rovers vs. Kelowna Luigi's.

April 10: Easter weekend — no games scheduled.

April 17: Luigi's vs. Spartans (12:30); Blues vs. Penticton; Kamloops vs. Willow Inn; Osoyoos vs. United (1 p.m.); Gatsby's vs. Teamsters.

April 24: Teamsters vs. Osoyoos (12:30); Kamloops vs. United; Willow Inn vs. Penticton; Blues vs. Luigi's (12:30); Spartans vs. Rovers.

May 1: Rovers vs. Blues; Luigi's vs. Willow Inn; Penticton vs. United; Kamloops vs. Teamsters; Gatsby's vs. Osoyoos (12:30).

May 8: Royal Cup preliminary round.

May 15: Gatsby's vs. Kamloops (12:30); Penticton vs. Teamsters; United vs. Luigi's (12:30); Willow Inn vs. Rovers; Blues vs. Spartans.

May 21 & 22: Penticton tournament.

May 29: Spartans vs. Willow Inn (12:30); Rovers vs. United; Luigi's vs. Teamsters; Gatsby's vs. Penticton (12:30) Kamloops vs. Osoyoos (12:30).

June 5: Royal Cup first round.

June 12: Osoyoos vs. Penticton; Gatsby's vs. Luigi's; Rovers vs. Teamsters (12:30); United vs. Spartans; Willow Inn vs. Blues (12:30).

June 19: Blues vs. United; Spartans vs. Teamsters (12:30) Gatsby's vs. Rovers; Luigi's vs. Osoyoos (12:30); Penticton vs. Kamloops (12:30).

June 26: Royal Cup semi final.

July 2 & 3: Vernon Tournament.

July 10: Kamloops vs. Kelowna Luigi's; Vernon Rovers vs. Osoyoos (12:30); Gatsby's vs. Vernon Spartans; Teamsters vs. Vernon Blues (12:30) Vernon United vs. Kelowna Willow Inn.

July 16 & 17: Kimberly Tournament.

July 24: Willow Inn vs. Teamsters; Blues vs. Gatsby's; Osoyoos vs. Spartans; Rovers vs. Kamloops (12:30); Luigi's vs. Penticton (12:30).

July 30, 31 & August 1: Prince George tournament.

Aug. 7: Rovers vs. Penticton; Kamloops vs. Spartans; Blues vs. Osoyoos (12:30); Willow Inn vs. Gatsby's; Teamsters vs. United (12:30).

Aug. 14: Gatsby's vs. United (12:30); Osoyoos vs. Willow Inn; Blues vs. Kamloops; Spartans vs. Penticton (12:30); Luigi's vs. Rovers.

Aug. 21: Spartans vs. Luigi's; Penticton vs. Blues; Willow Inn vs. Kamloops (12:30); United vs. Osoyoos (12:30); Teamsters vs. Gatsby's.

Aug. 28 Royal Cup Final.

Sept. 3 & 4: Kelowna Tournament.

Sept. 11: Osoyoos vs. Teamsters; United vs. Kamloops; Penticton vs. Willow Inn; Luigi's vs. Blues; Rovers vs. Spartans.

Sept. 18: Blues vs. Rovers; Willow Inn vs. Luigi's; United vs. Penticton (12:30); Teamsters vs. Kamloops (12:30); Osoyoos vs. Gatsby's.

Sept. 25: Kamloops vs. Gatsby's; Teamsters vs. Penticton (12:30); Luigi's vs. United; Rovers vs. Willow Inn (12:30) Spartans vs. Blues.

Oct. 2: Willow Inn vs. Spartans (12:30); United vs. Rovers; Teamsters vs. Luigi's; Penticton vs. Gatsby's; Osoyoos vs. Kamloops (12:30).

Oct. 9: Penticton vs. Osoyoos; Luigi's vs. Gatsby's; Teamsters vs. Rovers (12:30); Spartans vs. United; Blues vs. Willow Inn (12:30).

Oct. 16: United vs. Blues; Teamsters vs. Spartans, Rovers vs. Gatsby's (12:30); Osoyoos vs. Luigi's, Kamloops vs. Penticton (12:30).

Oct. 23: Luigi's vs. Kamloops (12:30); Osoyoos vs. Vernon Rovers (12:30); Spartans vs. Gatsby's, Blues vs. Teamsters (12:30), Willow Inn vs. United.

Oct. 30: Teamsters vs. Willow Inn, Gatsby's vs. Blues (12:30), Spartans vs. Osoyoos (12:30), Kamloops vs. Rovers (12:30), Penticton vs. Luigi's (12:30).

Result remains unchanged

MELBOURNE (Reuter) — Australia won the centenary cricket test against England today by 45 runs after the game swung back and forth on a gripping last day.

The winning margin was the same as when Australia won the first test between the two countries in 1877.

England's bid to win the match faltered after tea when they lost five wickets for 41 runs to be all out for 417.

The special test was the only match against Australia on a brief visit by England following a victorious tour of India.

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