

SKI TIPS

By TOM FERRIS
Ski School Director
Tillicum Valley



Edge Control

What are you doing to get effective edge control? With today's ski equipment, the most effective means of controlling the degree of edging is with the knees flexing at the ankles, knees and hips. You are free to control edging with lateral knee motion. But many skiers are still using their hip or an upright stance and leaning into the hill to put their skills on edge. Try side-slipping on a steep slope and find out what you are doing. If you are using excessive hip or leaning into the hill to control slip, try standing lower in the legs and rolling "he knees in and out."

If it works for you, you have just scratched the surface of effective edge control.

Stars earn tie with Canadiens

By SCOTT ABBOTT

The Canadian Press The form chart says Montreal Canadiens should handle Minnesota North Stars with ease.

Team	NHL Campbell Conference				
	W	L	T	P	P
Philadelphia	22	8	1	1	28
Pittsburgh	17	13	1	1	22
Washington	15	14	1	1	17
Montreal	12	17	1	1	12
St. Louis	11	17	1	1	11
Chicago	10	18	1	1	10
Colorado	9	19	1	1	9
Minnesota	7	20	1	1	7
Vancouver	10	16	1	1	10
Prince of Wales Conference					
Edmonton	24	8	1	1	33
Toronto	17	15	1	1	26
Calgary	11	20	1	1	19
North Division					
Pittsburgh	27	6	1	1	34
Los Angeles	12	16	1	1	22
San Diego	12	16	1	1	22
Washington	10	22	1	1	18

The Canadiens, held to a tie for the second consecutive night, have a 27-6 record for 80 points, tops in the league and the North Division.

In another game, Philadelphia Flyers blanked Los Angeles Kings 2-0.

In World Hockey Association action, England Whalers downed Cincinnati Stingers 8-4. Minnesota Fighting Saints dropped Birmingham Bulls 4-2 and San Diego Mariners edged Winfour 4-3.

BOWMAN ANGRY

Canadiens coach Scott Bowman was incensed at the work of the officials Thursday. He claimed the North Stars were given more leeway than Montreal.

Referee Ron Hogarth handed out several penalties late in the second period with the referee established as ruling the Montreal crowd of 15,883.

After serving one of the penalties, Montreal's Guy Lafleur, scored behind the North Stars net and jostled for the puck with Minnesota goalie Gary Smith only to skate away to the Canadiens bench with the wind knocked out of him.

After leaving the ice, the league-leading scorer fell against the end of the bench, striking his forehead. He received two stitches above the left eye but could not say if they were caused by the fall or Smith's stick.

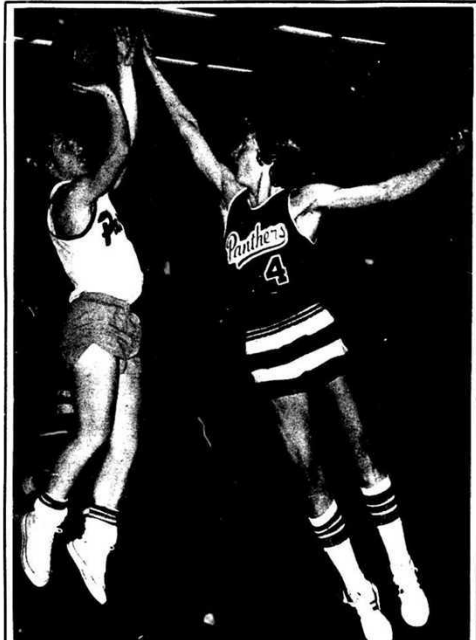
Lafleur returned for the third period, when he scored his second goal of the game and 50th of the season. Montreal got single goals from Doug Risebrough, Goo Gaijney and Rejean Houle.

HICKE TIES GAME

Ernie Hicke's second goal of the game at 19:04 of the third period produced the tie for the North Stars. Steve Jensen also scored twice, with Dean Tavanous getting the other goal.

ABOUT \$2.5 MILLION

Tennis complex gets funds



VERNON PANTHERS' Gary Steve King goes up to block a shot during Thursday's Grad Game at VSSS. King scored 25 points, but Grads rallied in the second half to upset Panthers 80-75. (Daily News Photo)

Grads run over Panthers 80-75

By DON KENDALL
Daily News Sports Editor

The old legs proved they still have a little life left in them Thursday night as the Vernon Senior Secondary School Grads dumped Vernon Panthers 80-75 before more than 100 spectators at VSSS.

Panthers' Coach Rick Inrig had planned for his club to outrun the Grads, but things didn't quite work out that way.

The Grads, led by hustling guard Mike Soeba, baffled Panthers with a full-court press and fastbreak. Soeba, perhaps the smallest player to ever don a uniform at VSSS, scored only two points, but forced numerous turnovers and set up the offence.

He played the 1975-76 season with Panthers, and was seldom used as a starter. However, Inrig employed him on numerous occasions, as a sparkplug. When his club went flat on Thursday, he provided all the spark the Grads needed.

Panthers led 22-16 after the first quarter and 38-35 at half-time, however, Grads caught fire in the third quarter and took a 68-53 lead.

Inrig said, "I certainly didn't expect the Grads to come out running like they did. They turned the game into a track meet."

Morris Vardabasso led the winners' attack with 15 points while Eric Parker sunk 13. Ron Collins and Dave Smith scored 10 apiece, with Smith's points all coming in the second-half.

Steve King was the top sniper for Panthers with 20 points. Brent Zimmerman and Dave Turner dropped a 12

each while Ed Waterhouse added 10.

Panthers were without Tom Davison, currently on holidays, and Kirk Christian, who is suffering from the flu. Inrig's bench was further depleted when Mike Kormos and Waterhouse both fouled out.

While the boys' game was far more exciting than anyone had anticipated, the girls' game was equally exciting. Vernon Royals defeated the VSSS Grads with little difficulty 25-22.

Lori Ogasawara led Royals' attack with 12 points while Terri Rosman netted 10. Anita Sobon and Cindy Makarek were top snipers for the Grads with six points each.

Grads held a 14-12 lead at half-time but Royals came back with 12 unanswered points in the third-quarter to put the game out of reach.

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WCHL all-stars bombard Soviets

By JOHN SHORT
The Canadian Press

Ontario's representatives in the International Junior Hockey Tournament were unhappy Thursday night because they had trouble getting out of their dressing room but the Soviet Union representatives had as much reason to be unhappy because they did not.

Ontario fell two goals behind in the first six minutes and dropped a 4-0 decision to the Quebec Major Junior Hockey League All-Stars and the hapless young Soviet squad was blasted 9-0 by the favored Western Canada Hockey League All-Stars.

The results left the WCHL on top of the double-round-robin competition with four consecutive victories. Quebec holds second place with three wins and a loss and the Ontario

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Caper moved to Jan. 16

North Okanagan Cross-country Ski Club's Ski Caper has been postponed from Jan. 2 to Jan. 16.

For further information contact Stuart Sport.

Soccer leagues extend deadlines

Vernon Parks and Recreation District has announced the extension of registration for the Girls Five-a-side and the Men's

Russians hammer Houston

HOUSTON (AP) - Houston Aeros coach Bill Dineen believes that the Russian Soviet Union team is probably the best team in all of hockey.

Dineen has a high opinion of the Russians but he also has a high opinion of his own team. He said that his team is probably the best in all of hockey.

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HAPPY NEW YEAR!

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TIGER AWARD WINNERS banquet this week. From left: Dorothy Hon the Most Valuable Player and Top Scorer Trophies, Jamie McKensie was selected Most Deserving Player, Gilles Beausu was named Tiger of the Year, and Rich Zechel was picked as the player who best combined dedication and ability. (Daily News Photo)



Zechel was picked as the player who best combined dedication and ability. (Daily News Photo)

Four matches in playoffs

Four matches were played this week in Men's Volleyball League playoffs at the Vernon Recreation Complex. Monday Auduballs defeated Sun Auto 2-0, 15-12, and 15-11; Pleasant Valley Bunch of God dumped Alliance Church 15-10 and 15-8; Phantoms downed Auduballs 15-5, 5-0, and 15-10; and Trinity United Church of God 15-10 and 15-8.

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Four teams enter tourney

Vernon Recreation Complex gymnasium will be the scene of a men's senior "B" volleyball tournament on Sunday, from 2 to 8 p.m. This will be a four-team round-robin tournament with teams from Winfield and Vernon. It is the first in a series of events for men's senior "B" volleyball in the 1976-77 season. The Vernon club has been hosting games as well as travelling to communities in the Okanagan Valley.

The final game, David Munk and Terry Orloff scored for the winners.

CLUB FINAL. Meanwhile, Salmon Arm Parks and Recreation defeated champion Parks and Recreation 4-0 Thursday to take first place in the annual Merritt Centennial 6-4, Nanaimo Clippers and Bellinham Blazers 4-3, and Maple Ridge Bruins beat Abbotsford Flyers 8-5.

IN GREYER PLACE. Mike Wills scored two goals for the Bucks and goalie Randy Struch stopped Merritt Captain Neil Robinson on a penalty shot.

In other league play Thursday, Kelowna edged Merritt Centennial 6-4, Nanaimo Clippers and Bellinham Blazers 4-3, and Maple Ridge Bruins beat Abbotsford Flyers 8-5.

The win by Kelowna moves them one point ahead of Penitence on top of the league's Interior Division. Kelowna has 16 points, Penitence has 15. They have one game-in-hand.

Randy Wills scored two goals for the Bucks and goalie Randy Struch stopped Merritt Captain Neil Robinson on a penalty shot.