

# SKI TIPS

By TOM FERRIS  
Ski School Director  
Tillicum Valley

## SITTING BACK

You've noticed that racers often stand low on their skis as the good, fast mogul skiers, and so does your friend Harvey. Except Harvey's stance is more like an out-of-control crouch. What's the problem?

There are three hinges, ankles, knees, and hip. Harvey is flexible in the knees only. He is low, but out of balance.

On relatively flat terrain the hip should be over the middle of the ski so that you feel the weight on the middle of your foot.

On steeper terrain the hip moves back but notice that the weight remains over the middle of the foot.

Be flexible and you won't get caught with your pants down.

# Legion awarded protested game

Okanagan Mainline Minor Hockey Association has upheld Vernon Legion's protest of the game played against Kelowna Braves, in Kelowna, on Dec. 12.

The game was protested on the grounds that Kelowna used an illegal number of players, and that the game was prematurely suspended after the time clock had been left running due to a disturbance among spectators.

Kelowna Minor Hockey Association was informed of the protest by appointing a referee of the same age group as the players, thus placing the young official in an impossible position to control the game.

As a result of the league ruling, Vernon lost one game on a three-game suspension, but gained in the league standings. Legion now holds down first place comfortably, having only dropped one point in 10 games.

League action for Vernon is halted until after the holiday season. League play resumes when they host Kamloops Jan. 8 in 10 games.

The club said Cahill phoned Akles himself with the same information.

"After further discussions with Cahill it was made evident that Cahill wanted to stay in Toronto," the Lions said, and the club executive committee decided not to force him to honor his contract.

Lions said the release was contingent on suitable compensation. Cahill said he would accept Cahill sign with another CFL club in 1977.

# Lions release hold on Cahill

VANCOUVER (CP) — British Columbia Lions said today the club is releasing Leo Cahill from his contractual obligations with the club and both sides are free to negotiate with other teams.

The Lions said Friday Herb Solway, Cahill's lawyer, phoned Akles early this week and said, "Leo has had second thoughts about leaving Toronto because of a family matter and would like to get out of the contract."

# SPORTS BRIEFS

**SIGN ON FOR ONE YEAR** — Regina (CP) — John Payne confirmed Friday that he has signed a one-year contract to continue as head coach of Saskatchewan Roughriders of the Western Football Conference. Payne's contract runs for four years with the Roughriders in 20 wins, 20 losses and one tie. He coached the team to three consecutive second-place finishes in the WFC and a first-place finish in this year. His salary was not released.

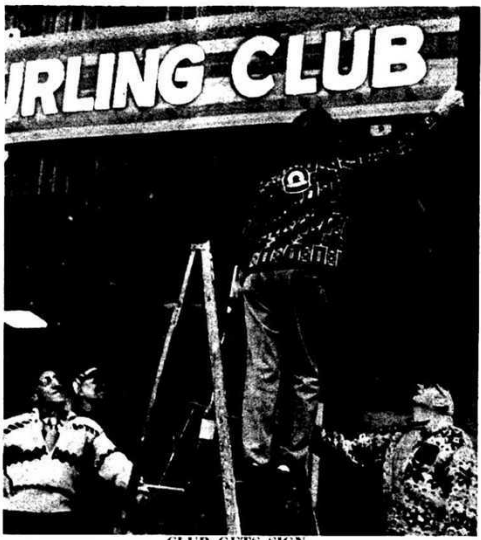
**COLLECTOR'S ITEM** — CHICOPEE, Mass. (AP) — The footballs used by the now-defunct World Football League have become collector's items. Spalding, which manufactured the WFL balls, has been marketing some of the leftover pigskins as sports memorabilia. A first-year gold ball bearing the signature of commissioner Gary Davidson goes for \$75. The second season conventional brown ball sells for \$60.

**PRICE TAGGED** — BUFFALO (AP) — Buffalo Braves of the National Basketball Association announced the trade Friday of guard Jim Price to Denver Nuggets in return for forward

Gus Gerard and guard Chuckie Williams. The Braves obtained Price only last month from Milwaukee Bucks in exchange for a 1977 first-round draft pick.

**WHA CONFIRMS FIGHT** — PANAMA CITY, Panama (AP) — The World Boxing Association announced Friday that world heavyweight champion Muhammad Ali's next title defence will be against George Foreman before May 30. Elias M. Cordova, WHA president, told a news conference that the WHA had received a telegram dated Dec. 13 from Ali saying he would defend his title against Foreman.

**SAINTS KEPT ALIVE** — ST. PAUL, Minn. (AP) — Mayor George Latimer announced an agreement Friday to keep Minnesota Fighting Saints of the World Hockey Association afloat for two weeks while local ownership for the team is sought. Latimer said the St. Paul Area Chamber of Commerce agreed to finance a \$200,000 trust fund to be handled by the mayor's office and to raise the team's \$123,000 payroll, which would be paid by the St. Paul civic centre.



**CLUB GETS SIGN**  
After more than four years without any form of exterior identification, the Vernon Curling Club got a sign this week. Putting the finishing touches on the sign erected are from left, past president of the club Stewart Fraser, past president of the senior

curiers Bert McCallum, and senior curler George Palmer. (Daily News Photo by Jack Nitti)

**The SPORTS Page**  
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VERNON DAILY NEWS, SATURDAY, DEC. 16, 1976

# Winnipeg Jets sweat out a tie

MOSCOW (CP) — Winnipeg Jets dirtied with the United States in the first period to run up a lead after Green's slapshot goal behind goaltender Goran Hogosta at 8:06.

But Hogosta kept them away with some tremendous saves and Hedberg earned them a tie at 13:14. Braasars, Lundberg and Karlsson scored between 8:48 and 8:08 of the second period as the Swedes closed all over the Jets.

The Soviet Union had its hands full with a stubborn Finnish team backed by the high goaltending of Marjuss Mattman. The clubs were tied 1-1 after the first period and 2-2 in the second until the Soviets scored two breakaway goals to break the game open.

They led 5-2 at the end of the second and coasted to their second consecutive victory. Boris Mikhailov scored twice for the Soviets with Sergei Kapustin also getting a pair. Other Soviet goals were scored by Helmut Baldert, Alexander Golikov, Victor Zhukov and Piotr Pirindin.

Scoring for Finland was Tapio Lehtinen, Keskitalo, Sillanen and Auvo Vaananen. Finland plays a Czechoslovakia in today's only game.

# Steelers aim to get Super Bowl

By ASSOCIATED PRESS  
Pro football critics often complain that the Super Bowl rarely lives up to its advance notice.

Well, if the National Football League is worried about another letdown this time around, there is a solution.

Commissioner Pete Rozelle might consider bottling Sunday's Pittsburgh Steelers-Baltimore Colts American Conference playoff and saving it for presentation in Pasadena, Jan. 9.

The post-season action got underway today with Minnesota Vikings playing host to Washington Redskins in the National Conference and New England Patriots taking on the Raiders in Oakland in the AFC.

The survivor of the Pittsburgh Steelers will take a giant step toward the Super Bowl.

The Steelers dropped four of their first five games and seemed set to fade out of sight. But they recovered with a nine-game winning streak during which their defense surrendered 38 points, an average of five goals a game.

Their turnaround was reminiscent of Baltimore's performance a year ago when the Colts lost four of their first five and then zoomed into the playoffs with nine straight victories.

**STEELERS WON**  
Ironically, the same teams met in the first round last year with Pittsburgh ending Baltimore's Cinderella season by winning 20-10 after trailing in the third quarter.

"We're better prepared to cope with the Steelers than we were last year," said linebacker Stan White. "We surprised ourselves last year by getting to the playoffs and we were pleased to hit ourselves for being there. Just getting there isn't enough anymore."

# Enquist puts five into net

By THE CANADIAN PRESS  
Centre Paul Enquist of Calgary Centennials had the biggest goal-scoring day of his Western Canada Hockey League career Friday night, firing five goals-three in the third period.

Calbridge Broncos scored three goals within 22 seconds in the second period, but top Kamloops Chiefs 5-2 at Kamloops in the only game that was not a sell-out.

# Overtime goal by Yves Kelowna

By THE CANADIAN PRESS  
General Moxley's second period overtime to give Maple Ridge Bruins an 8-7 win over Kelowna Braves in the British Columbia Junior Hockey League game before about 40 fans Friday night.

In other BCHJHL action, Penitence Vees played a strong defensive game to defeat Bellingham Blazers 4-2 and Langley Lords rolled to an 8-6 win over Abbotsford Flyers.

The home town Bruins led 7-3 with 22 minutes remaining and led 8-1 at 6:22. Randy Irving led the winners with three goals. Evan Williams with two, Rob McLaren and Stuart Robertson completed the scoring.

Scott MacLeod scored three goals for Kelowna while John Olear and Rick Beninghoff added two apiece.

Randy Struch stopped 83 shots in the home net while Richard Martins made 30 stops for Maple Ridge which saw seven of nine minor penalties in the cleanly-played contest.

By GERRY SUTTON  
The Canadian Press  
Coach Al Arbour believes the slump is over for New York Islanders and that spells a return to the National Hockey League opponents.

By THE CANADIAN PRESS  
NHL Composite Conference Standings

Team	W	L	T	P	Pts
Philadelphia	17	7	14	84	41
Atlanta	13	13	12	137	33
St. Louis	12	16	4	118	28
Montreal	11	17	12	124	23
Colorado	8	17	5	108	21
Chicago	7	19	12	119	19
Vancouver	7	22	9	133	19

The coach breathed a sigh of relief Friday night as the Islanders defeated the Atlanta Flames 4-2. That extended the Islanders' undefeated streak to 11th game.

The survivor of the Pittsburgh Steelers will take a giant step toward the Super Bowl.

By THE CANADIAN PRESS  
Generally, there's no place like home for teams in the World Hockey Association.

That was before Friday night's games when Houston Aeros, New England Whalers and Phoenix Roadrunners were a generous to their visitors.

Birmingham Bulls took a 4-3 triumph over the Houston Aeros in the first period.

For the Aeros, it was their first defeat since last season after piling up a record of 10 wins and four ties.

The win leaves the Bruins two points behind third place Bellingham in the Coast Division.

**SCREWS WORKED HARD**  
In Penitence, Vees netted Jim Schmitt faced only 18 shots while Ben Schrey blocked 45 goals to keep the Blazers in the game.

Craig Gagnier, Gord McKay, Mike Bracko and Gary Eades scored for the Vees while Lindgren and Juka Naukarainen scored the Bellingham goals on power plays.

The Vees held period leads of 3-0 and 5-1 and took nine of 10 minor penalties.

By THE CANADIAN PRESS  
Bellingham Blazers are in Vernon tonight to take on the Vikings at 8 p.m. Besides an opportunity to watch the exciting Blazers, fans will win Christmas turkeys.

Penitence leads the inferior Division by three points over Kelowna.

Langley remained in second place in the Coast Division after the home ice win over Abbotsford but the Lords still trail first-place Nanaimo Clippers by 18 points.

Langley led 4-1 at the end of the first period and 7-3 at the end of the second.

**JACKSON LEADS LORDS**  
Terrence Jackson paced Langley with three goals and George Walter added a pair.

Langley outshot Abbotsford 43-37. Abbotsford lost eight of 14 minor penalties.

Tonight, Kamloops Braves play at Penitence, Langley is at Nanaimo, Kelowna is at Abbotsford and Vernon will play host to Bellingham.

Washington Capitals surprised Toronto Maple Leafs 2-0 as Guy Charron paced the winners with a goal and an assist.

The Islanders, first place in the tough Patrick Division, haven't exactly been burning the league in recent weeks but their record of 20 wins, seven defeats and four ties compares favourably with the other leading clubs.

"We've been playing better and I think our lineup is over," Arbour said after defenceman Dennis Potvin paced the team with a goal and two assists.

The Capitals made 3-1 on a power-play goal by Hartland Monahan at 16:21 of the second period.

Laszy McDonald narrowed the margin to the third period while the Leafs were a man short.

All the teams play tonight with New York Rangers at Chicago, Buffalo visiting the Islanders, Philadelphia at St. Louis, Atlanta at Detroit, Montreal at Los Angeles, Washington at Pittsburgh, Vancouver at Minnesota, Colorado at Toronto and Boston at Cleveland.

On Sunday, it's Cleveland visiting the Rangers, Colorado at Philadelphia, Pittsburgh at Boston, Detroit at Buffalo and St. Louis at Chicago.

The win for the Oilers moved them into fourth place in the West Division, three points behind the Aeros and one ahead of the Roadrunners.

Indianapolis climbed into a second-place tie with Cincinnati Stingers, both with 36 points, three behind Quebec.

Mark Napier's second goal of the game and his second of the season at 18:01 of the final period helped Birmingham to its win before 8,000 fans.

Vaclav Nedomany also scored twice for the Bulls. Gordie Howie scored the first period for the Aeros.

Bill Blett best goalie Clay Hebertson at 6-4 of the second period to give the Oilers their first win over the Roadrunners before a crowd of 3,145 at Phoenix.

Ken Eroderick, who made 35 saves including 13 in the first period, got the shutout.

A Mike goal by Bob Stienkai at 5:31 in overtime gave Indianapolis its win before 8,824 fans in Hartford, Conn.

Stienkai's 90-foot lob shot took a bounce over the right shoulder of goalie Cap Ramey and fell into the net.

The Racers and Whalers traded three period goals in the score 4-4, forcing the overtime period.

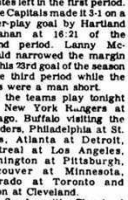
Ken Lockwood, Gene Pascoak, Al Karlander and Hugh Harris got the other



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**TOURNAMENT CHAMPS**  
Team members are from left, back row, Bamby Rai, Gary Fyfe, Duane Bragg, Jürgen Kongsdorf, Gordon Chagn, and Coach Sam

Deimos, Front row, Kevin Thorlakson, David Chonin, Lane Kamke, Miles Kitback, and Bobby

Hodgson, J. W. English School, of Lumby, was named most sportswoman. (Daily News Photo)

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