SKI TIPS

By TOM FERRIS
Ski School Director
Tillicum Valley

Buying a boot

Dozens of people ask me each year, "Who makes the best boot?" That's like asking a golf pro who makes the best putter! The one that fits you is the best.

Try on every boot in town until you find it. I prefer a softer boot with a bit of flex at the ankle hinge because it is more comfortable than a stiff boot and allows you to absorb rough terrain.

For a racer, a stiff boot transfers the pressure more effectively to the ski, but any skier needs to have good balance and the boot itself won't give it to you.

So, unless you are a very demanding skier, look for comfort in a boot. You can find it.

PUT 'EM UP

Homer Alexis, left, and Corey Viala slug it out during a Vernon Boxing Club workout. The club, which now has about 35 members, works out every Monday, Wednesday, and Friday night. Sessions are held in the club gym, next to Vernon Meat and Lockers. New members are welcome. (Daily News Photo)

No place like home for Cents

By THE CANADIAN PRESS

Calgary Centennials returned to home ice and climbed back onto the victory wagon, after six losses in road games, by beating Lethbridge Broncos 7-5 in one of four Western Canada Hockey League games played Friday night.

In the other games, New Westminster Bruins moved into first place in the league's Western Division by dumping the league's cellar-dwellers, Regina Pats, 8-1 in New Westminster.

Kamloops Chiefs took over sole possession of third spot in the Central Division with a 5-2 win over the visiting Portland Winter Hawks, now in the bottom of the Central Division, while Saskatoon Blades registered a 4-3 come-from-behind victory over Winnipeg Monarchs in Saskatoon.

The Calgary game was a tight one, with the two teams tied 2-2 after 40 minutes, and both goaltenders, Broncos' Rollie Boutin and Centennials' Jerry Price, faced 40 shots.

But the two-goal efforts of Doug Lecuyer and Scott Kolewasky and the single tallies of Grant Morin, Doug Robb, and Dave Morrow, gave the win to Calgary. Rocky Saganiuk and Mike Panteluk each scored a pair for Lethbridge and Steve Tambellini added a single.

A total of 16 minor penalties were handed out in the game, 10 of them to Centennials, who also picked up two misconducts to Lethbridge's one. Each team had one major penalty.

Several players scratching

NEW YORK (AP) — Some players are scratching out an existence in the National Hockey League — literally scratching a mysterious skin rash that already has sent five players to hospital for treatment.

Dr. William Schorr, a dermatologist at the Marshfield Clinic in Wisconsin, says the rash, resembling psoriasis, generally begins on the hands and effects those parts of the body that come in contact with equipment.

Treatments, not always effective, include the use of creams, pills, heat lamps and steroid injections.

Players in the NHL first joked about the rash, considering it just a part of the game, before some of them began missing games.

"The story I'm getting is that every team in the National Hockey League has been getting skin problems," Dr. Schorr explained. "Our objective is to get photographs of every player who has it and get a breakdown of the chemical ingredients that go into the locker room."

Dermatologists handling cases around the league agree the rash is non-communicable, but its cause and the reason for the sudden outbreak are unknown.

The SPORTS Page

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Oilers and Aeros battle to 0-0 tie

By THE CANADIAN PRESS

It's not every day that Houston Aeros are shut out and pick up a point in the process, but it happened in a World Hockey Association game Friday night.

	East Division				
	W	L	T	F	A	P
Quebec	15	10	1	119	100	31
Cincinnati	13	9	2	110	88	28
Indianap	13	10	2	85	97	28
Minnesota	9	12	4	76	83	22
New Eng	9	12	4	85	92	22
Birmingham	8	20	1	94	118	17
	West Division					
Winnipeg	15	10	1	124	88	31
Houston	10	7	4	79	61	28
San Diego	13	10	2	83	86	28
Phoenix	12	11	2	90	103	26
Edmonton	11	14	1	74	94	23
Calgary	9	14	2	74	83	20

Edmonton goalie Ken Broderick turned aside 31 shots and Houston's Wayne Rutledge blocked 24 drives as the Oilers and Aeros played to the third scoreless tie in WHA history.

With the tie, the Aeros extended their home undefeated streak to 13 games. The shutout was only the second suffered by the Aeros in their last 256 regular-season contests.

The other scoreless ties both involved the now-defunct Cleveland Crusaders. The Crusaders and Minnesota Fighting Saints played to a 0-0 tie on Dec. 17, 1975 and Cleveland and Chicago Cougars played to a goal-less draw on Jan. 8, 1974.

In other games Friday night, Cincinnati Stingers beat Calgary Cowboys 6-4, Quebec Nordiques and New England Whalers played to a 5-5 tie and Winnipeg Jets edged Minnesota Fighting Saints 4-3.

ABGRALL SCORE TWO

Dennis Abgrall scored two goals to lead the Stingers past Calgary.

Blaine Stoughton, Cincinnati's leading scorer, got his 17th goal in the first period and centre Jacques Locas made it 2-0 at the end of the first period.

Calgary's Lynn Powis tipped in a loose puck in the second period then Abgrall slapped a six-foot shot between the legs of goalie Don McLead.

Peter Driscoll then caught Stingers' goalie Paul Hoganson out of the net to reduce the Cincinnati lead to 3-2. Dudley scored for Cincinnati and Rick Jodzio for the Cowboys as the Stingers took a 4-3 lead into the final period.

Cincinnati defencemen Ron Plumb got his first goal of the season in the final period and Abgrall got his second of the game. Calgary's Danny Lawson added a goal during a scramble in front of the net.

A goal by Christian Bordeleau with 30 seconds remaining in regulation time earned Quebec its tie with the Whalers.

SPORTS BRIEFS

WERBENIUK LOSES

MELBOURNE (Reuter) — England's Graham Miles and Australian Eddie Charlton were the first players through to the semi-finals of the world match play snooker championships. Miles defeated Bill Werbeniuk of Winnipeg by 18 frames to 11 with the final frame not played. Charlton beat South African Pierre Mans 17-8.

NAME HEAD COACH

CHAMPAIGN, Ill. (AP) — Gary Moeller, defensive coordinator to Bo Schembechler at Michigan, was named head football coach at the University of Illinois Friday.

Moeller, 35, a former Ohio State star, succeeds Bob Blackman, who was fired.

AWAITS DECISION

DETROIT (AP) — Detroit Pistons forward Marvin Barnes entered a plea of no contest Friday to charges of carrying a concealed weapon. A hearing date of Dec. 16 was set to determine whether the plea will be accepted. The National Basketball Association star was arrested at Detroit Metropolitan Airport Oct. 9 when x-rays disclosed an unloaded handgun and five bullets in his luggage.

TEAM THREATENED

STATE COLLEGE, Pa. (AP) — Penn State coach Joe Paterno, members of his staff, and at least one of his football players were threatened with physical violence and possible death during the last half of the season. "We have had a series of letters and telephone calls which have threatened us, by 'us' I mean people on the coaching staff, families, one of our players and even his mother," Paterno said Friday.

BILLS SNOWED OUT

BUFFALO (AP) — Buffalo Bills, with one of their practices wiped out by heavy snow, left for Miami on Friday, a day early, to finish preparing for their National Football League game Sunday against the Dolphins. The Bills were unable to practice Thursday after the third snowstorm of the week hit the Buffalo area.

ACQUIRE SALTER

SEATTLE (AP) — Seattle Seahawks have acquired safety Bryant Salter on waivers from Miami Dolphins, the NFL team said Friday. The six-foot-five, 196-pound Salter is in his sixth pro season. He had been traded to Miami by Washington Redskins prior to the start of the 1976 season.

PIN POINTS

November 25, 1976
Thurs. 7-9

Women's high single — Debbie Smoliak 255, high triple — Irene Walker 729, high average — May Tuck 272.

Men's high single — Shig Tabata 358, high triple — Shig Tabata 834, high average — John Tykalovich 252.

Team high single — H. Keller 1329, high triple — Vernon Fruit Union 3756.

"300" Club Shig Tabata 358, John Tykalovich 321.

TEAM STANDINGS	
Morners	319
Pin Ups	315½
The Speedy "S"	311
Alley Crocks	193½

November 26, 1976
IOF Fri. Mixed

Women's high single — Millie Haycock 289, high triple — Betty Griffin 653, high average — Marlene Ivanitz 190.

Men's high single — Mark Kaltzaley 298, high triple — Mark Kaltzaley 778, high average — Mark Kaltzaley 225.

Team high single — Road Runners 1314, high triple — Bionic Five 3659.

TEAM STANDINGS	
Strikers	275
Road Runners	260
Shawn	250
VBS	247

November 26, 1976
Gym Dandy Bowling Club

Women's high single — Amanda Lennard 198, high double — Ida Giles 342, high average — Ida Giles 171.

Men's high single — Stewart Giddens 312, high double — Glyn Ramsdale 751, high average — Glyn Ramsdale 175.

Bowler of Week — Ladies, Linda Fisher, 35 pins over average, men's — John Schultz, 62 pins over average.

November 25, 1976
Thurs. Morning Coffee Party

Women's high single — Rosella Harrad 268, high triple — Lil Jamieson 691, high average — Lil Jamieson 213.

Team high single — Alley Crocks 1307, high triple — Alley Crocks 3643.

Panthers win tourney opener

Vernon Panthers dumped Merritt 63-46 in the opening game of the Salmon Arm Golds Basketball Tournament on Friday.

Brent Zimmer was the big gun for the short-handed Panthers with 18 points and 17 rebounds. Centre Tom Davison and guard Ed Waitte chased added 12 points each for the winners.

Vernon is missing four players who are in Prince George with the schools' volleyball team. And to compound Coach Rick Inrig's problems, Brent Kursel fouled out of Friday's game.

Panthers were scheduled to take on highly-ranked Princess Margaret, of Surrey, today at 2 p.m.

Ingrig said, "I think we have a pretty good chance of beating P.M. if we stay out of foul trouble. If we start taking a lot of fouls, we can forget it."

Finals of the eight-team tournament are scheduled tonight

BRENT ZIMMER
. . . leads attack

Vikings' new goalie looks good despite loss

Vernon Vikings lost a B.C. Junior Hockey League game Friday, but appear to have found a second goaltender.

Kelowna Buckaroos defeated Vikings 5-2 in the Regatta City, but Vernon net minder Rick Mallott played well in his first game as a Viking.

BCJHL STANDINGS					
INTERIOR DIVISION					
TEAM	GP	W	L	T	Pts
Penticton	33	24	7	2	50
Kelowna	32	22	9	1	45
Vernon	31	14	16	1	29
Merritt	30	9	21	0	18
Kamloops	31	8	23	0	16
COAST DIVISION					
Nanaimo	32	22	10	0	44
Bellingham	29	16	12	1	33
Langley	31	14	17	0	28
Maple Ridge	32	13	18	1	27
Abbotsford	29	9	17	0	18

Mallott, 17, kicked out 27 shots and could not be faulted on any of the Bucks' goals.

Vikings' General Manager Vern Dye said, "This kid comes to play hockey. I think he is going to help us."

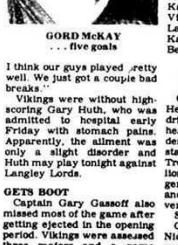
GETS REST

One of Vernon's biggest problems so far this year had been trying to get first string netminder Keith Ferner some rest. Friday's game was the first string netminder Keith Ferner some rest. Friday's game was the first in 31 outings, Ferner did not play between the pipes.

Les Koch and John Oliver scored two goals each for Kelowna while Rick Benningahof added a single.

Steve Danahin and Darcy Wilkinson replied for Vernon.

Dye said, "Despite the loss,



GORD McKAY
. . . five goals

I think our guys played pretty well. We just got a couple bad breaks."

Vikings were without high-scoring Gary Huth, who was admitted to hospital early Friday with stomach pains. Apparently, the ailment was only a slight disorder and Huth may play tonight against Langley Lords.

GETS BOOT

Captain Gary Gassoff also missed most of the game after getting ejected in the opening period. Vikings were assessed three majors and a game misconduct while Kelowna had two majors. Each team picked up two minors.

Langley, who had a rough time in Penticton, are in Vernon tonight, for an 8 p.m. game.

In the Peach City, the league's top sniper Gord McKay fired five goals to lead Vees to a 13-6 win over the Lords.

TIES RECORD

McKay's output tied the BCJHL single-game scoring mark for the second time. The 18-year-old left winger had a five-goal game last season-also against Langley. He now has a season total of 43 goals.

In Nanaimo, Clippers defeated the lowly Kamloops Braves 3-1. Kelly Short led the attack with two goals.

In other games tonight, Nanaimo visits Abbotsford and Maple Ridge Bruins host Kamloops. On Sunday, Vikings are in Merritt, Langley is at Kelowna, and Kamloops travels to Bellingham.

Two games this weekend

Two games are scheduled this weekend in North Okanagan Hockey League action.

Tonight in Lumby, Flying Frenchmen play host to the unbeaten Vernon Sport Cougars. Game time is 8:30 p.m.

Sunday at 6 p.m., Price and Markle hosts Enderfield Raiders at the Vernon Civic Arena.

Block Bros. suffer loss

Vernon Raiders edged Block Brothers 2-1 in Men's Popeye Broomball League play this week at the Centennial Rink.

Glen Inglis and Bill Hague scored for the winners while Beau McIvor countered for Blocks.

In another game, Okanagan College blanked Sliders 3-0. Ken Carlson, Dale Bentley, and Bill Kakin scored for College.

Vernon loses one in volleyball meet

Second-ranked Vernon Panthers have a 6-1 record after two days of play in the provincial boys' volleyball championships in Prince George.

Vernon is tied for the lead in the B division with Kitimat. Mission and Williams Lake are in second spot with 5-2 records.

On the A side, top-ranked Prince George Polars have a perfect 6-0 record, however, their 88-game winning streak came to an end.

LOST GAME

Courteney won a game from Prince George, but Polars won the match, 15-3, 14-16, and 15-11. Courtenay is second with a 6-1 mark, and North Kamloops third at 5-2.

Vernon's only loss Friday was to sixth-ranked Mission 15-10 and 17-16. In other games, Panthers took two straight from Cowichan, Centennial of Coquitlam, and Spectrum of Victoria.

In today's opening game, Panthers faced Kitimat, and the winner of that game advanced directly to the semi-finals tonight. Loser must playoff in the quarter-finals.

SPLIT GAMES

Earlier this season, at the UBC tournament, Vernon and Kitimat split two games.

The team leader for Panthers to date has been Dave Turner. Vernon Coach Barrie Reid said, "Turner has been exceptional. He is doing everything well. Mike Kormos and Dan Watts have also been doing a job for us."

Only chance of the two top-ranked teams meeting is in the championship game, scheduled tonight, at 9 o'clock.

Worst record in NHL owned by Vancouver

The Canadian Press

Quick now, who owns the worst record in the National Hockey League.

	W	L	T	F	A	P
Campbell Conference						
Patrick Division						
Islanders	15	7	3	87	62	33
Phila	12	7	4	87	72	30
Atlanta	12	8	6	91	81	30
Rangers	11	11	4	93	87	26
Smythe Division						
St. Louis	12	11	2	78	94	26
Chicago	10	13	3	74	93	22
Colorado	9	15	3	73	88	19
Minnesota	6	15	4	68	105	16
Vancouver	4	19	2	68	107	14
Prince of Wales Conference						
Adams Division						
Boston	19	6	1	102	76	39
Buffalo	13	6	3	76	54	29
Toronto	12	9	4	96	84	28
Cleveland	6	12	7	66	84	19
Norris Division						
Montreal	19	4	4	137	61	42
Los Angeles	8	11	9	92	92	25
Pittsburgh	9	11	5	74	85	23
Detroit	8	13	4	69	83	20
Washington	7	15	3	69	102	17

It is neither Washington Capitals nor Cleveland Barons, although their records are something neither club can look at with much pride. Eliminate Colorado Rockies from consideration because the Denver-based team has moved into third spot in the league's Smythe Division.

The Rockies, who won only 12 games last season when the team was based in Kansas City and known as the Scouts, recorded their eighth win of the 1976-77 campaign Friday night as they scored a 3-2 victory over the NHL's worst team, Phil Maloney's Vancouver Canucks.

In other games, the Barons tied St. Louis Blues 2-2, Atlanta Flames defeated Boston Bruins 3-1 and the Capitals and Philadelphia Flyers fought to a 4-4 tie.

The Canucks, now 6-19-2, had two players acquired Thursday in a deal the Flames in their lineup, but defenceman Larry Carriere and forward Hilliard Graves did not turn things around for Vancouver. The two players were acquired for John Gould and a draft choice.

MAY MAKE TRADES

Maloney said he could make more trades to help his team out of the basement of the Smythe Division.

He said he thought the Canucks played well enough for a tie in Denver, but a silly mistake by veteran defenceman Dennis Kearns led to the gamewinning goal by Simon Nolet with 2:28 left to play.

Kearns left his point position to chase after a loose puck. Nolet beat him to it and skated away on a two-on-one breakaway with Jocelyn Pyatt to score the winner.

Pyatt had the other two Rockies goals with Rick Blight and Bob Dailey scoring for Vancouver.

In Richfield, Ohio, the Barons snapped their five-game losing streak, but remained winless in their last eight games.

Scoring has been Cleveland's big problem as the Barons have scored three or fewer goals in 21 of their last 26 games.

Dennis Maruk's second goal of the night with five minutes remaining gave the Barons the tie. Claude Larose and Larry Patey replied for St. Louis.

SHOVES IN REBOUND

In Atlanta, Eric Vail shoved a rebound past Gilles Gilbert late in the third period to help as the Flames continued to battle for second-place in the tight Patrick Division.

Both the Flames and the Flyers have 30 points, just three behind front-running New York Islanders.

The Flyers missed a chance to move to within two points of the slumping Islanders when Hartland Monahan's 11th goal of the season with 30 seconds to play gave the Caps the tie.

Tonight, New York Rangers visit Minnesota North Stars, the Islanders play host to Buffalo Sabres, Atlanta goes to St. Louis, Montreal Canadiens entertain Pittsburgh Penguins, Los Angeles Kings play host to Detroit Red Wings and Chicago Black Hawks are in Toronto.

Sunday, the Rangers are at home to the Leafs, Cleveland goes to Philadelphia, Washington is at Boston, the Canucks are in Chicago and the Rockies visit Buffalo.

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COMING EVENT
The Full Gospel Businessmen's Fellowship International
BANQUET
Friday, Dec. 10th at 6:30 p.m.
in the Village Green Inn, Vernon, B.C.
The guest speaker will be Keith Davis, Kelowna, B.C. Keith is the Field Representative for the Full Gospel Businessmen's Fellowship International. Tickets available at O.K. Church Supplies, Vernon, B.C. Phone Bob Bouma 542-4757, Martin Van Duyn 545-7805.

WATCH GOOD NEWS
Every Sunday on BCTV at 12:00 Noon or on CHBC-TV at 11:30 p.m. An interesting representation of how Jesus Christ has and can change the lives and interests in both the highly successful businessman and also those that have failed including the men and women in everyday walk of life.

SPORTS BRIEFS

FILION ON TARGET

COLUMBUS, Ohio (AP) — Herve Filion, harness racing driver with most wins, is headed toward an unprecedented eighth driving title, statistics compiled by the U.S. Trotting Association state. Filion, 39-year-old native of Angers, Que., has won 385 races and $2.01 million through November.

SHARE GOLF HONORS

CINCINNATI (AP) — Jack Nicklaus and Jerry Pate were named co-winners of male golfer of the year award, and Judy Rankin was chosen female golfer of the year by the Golf Writers' Association of America on Friday.