

Local juniors begin training

The fall feeling in the air these days can attest to the fact that ice hockey is just around the corner.

To prove the point, local officials of the Vernon Esso junior hockey club have set in motion plans for the up coming season.

Ice is due to go in at civic arena in the very near future with first practise sessions for local hopefuls set to begin on or about Sept. 15, followed by the main training camp starting on the 21st of the month.

The 1968-69 junior "A" B.C. league schedule has been drawn up and Vernon hockey fans will see their team meet Kamloops here in Vernon on Oct. 5 for the opening game of the four team loop 40 game schedule.

The windup of the regular schedule has been dated for March 1 and will see Esso host Victoria here.

Preliminary training sessions for local skaters hoping to make the Essos roster will begin with gym training starting next Monday night at the recreation centre and running three times a week thereafter until hockey season starts.

Monday, Wednesday and Friday nights have been set aside for this get-in-shape program. Each session starts at 7:30 p.m. and runs through for approximately an hour, followed by a brisk swim in the pool or a sauna bath. All those attending these training nights are asked to bring gym strip and bathing suits.