

Games here Saturday and Sunday

**NORTH**  
**SPORTS**  
**OKANAGAN**

# Vernon plays host twice this weekend

Vernon Essos take to the ice twice this weekend and both games will be played before home town fans.

Saturday night, Essos play host to fifth place Victoria Cougars and in a Sunday afternoon fixture, take on second place New Westminster Royals.

Both games are con-

sidered important as far as the Essos are concerned and they are going to be trying hard for those all-important wins.

Essos record against both clubs has been good so far this season. In two games played against both, Essos have a one win, one tie record.

In the opening game of the year, Essos downed Royals 7-5 here at Vernon and then managed a 5-5 tie with the same club while on their first swing through the Coast area.

Against Victoria the record is the same. Essos managed a 4-4 tie with the Cougars at Victoria and then came out on top of a 6-3 score back here in Vernon.

Two wins by Vernon this weekend, coupled by losses by both New Westminster

## *Vernon curling club schedule*

Friday, Dec. 8: 7 p.m. — Business Girls. 9 p.m. (D) — National vs Simpson; Watson vs Copan; White vs Kennedy; A. Green vs McDonell; Hatch vs Frizzell.

Saturday, Dec. 9 — Mixed League 7 and 9 p.m.

Sunday, Dec. 10 — Men's Commercial 1 and 3 p.m.; United Church Group, 8-10 p.m.

Monday, Dec. 11 — 6 p.m. — Business Girls. 8 p.m. (A) — Little vs Brown; Bradley vs Dunn; Kashuba vs G. Green; Marsland vs Sammartino; Schmidt vs Corner. 10 p.m. (B) — LeBlond vs Briggs; Guenther vs Pouchard; Hall vs Blatchford; Nolan vs Henschke; Jensen vs Anderson.

Tuesday, Dec. 12: 7 p.m. (E) — Farynuk vs Hunter; Bowes vs Goulding; Ferguson vs Siemans; Sheardown vs Kinnard. 8 p.m. (D) — Kennedy vs Simpson; A. Green vs Frizzell; Copan vs McDonell; Watson vs Hatch; White vs National. 10 p.m. (C) — Bell vs Kurbis; Atchison vs French; Meek vs Sutherland; Ogasawara vs Wetherill; Dickson vs Wodinsky.

and Victoria could put the Essos back in second spot for standings in the B.C. league.

Game time Saturday is set for 8:30 p.m. and the Sunday fixture starts at 2:30 p.m.

## *Ski Tips*

*by Gerry Goudge, C.S.I.A.*

Our first method of controlling our speed and stopping is a manoeuvre called the "snowplow." It is also the basic position for all elementary turns. The skis are placed in a V position with the tails apart and the tips together but not touching, approximately two inches