



**BC JHL**



**SOUVENIR PROGRAM  
1990 / 91**

**— \$1.00 —**

2346

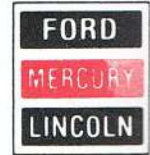
**1989 - 90 Centennial Cup Champions**

**VERNON LAKERS**





Est. Since 1914



- NEW FORD, MERCURY, LINCOLN & FORD TRUCKS
- QUALITY PRE-OWNED VEHICLES
- ALL MAKE LEASING — PERSONAL AND CORPORATE
- LIFETIME SERVICE GUARANTEE
- COMPLETE LINE OF PARTS

*BRITISH COLUMBIA'S OLDEST  
FORD DEALER*

**Phone 545 -0611**

4602-27th Street, Vernon, B.C. Canada V1T 6M1



## President and General Manager's Message

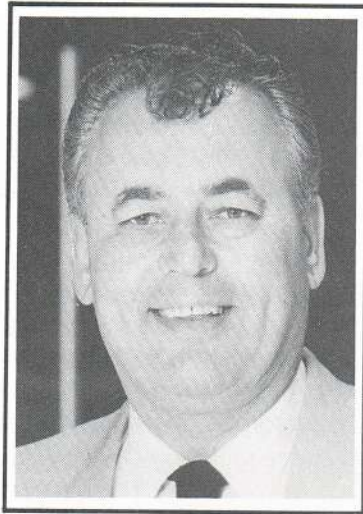
Welcome to another season of junior hockey in Vernon.

Last season, it was an honour for us to bring the Centennial Cup back to the West and for the first time, to the City of Vernon. I want to dedicate that win to the City of Vernon and to the fans and to thank all the people who came to the arena to cheer us on in that final game.

We are looking forward to another exciting season — we may not win every game but will give it an honest effort every night. Our coaching staff of Ed Johnstone and Keith Chase will help give the Vernon Lakers' fans a good, fast, hard hitting brand of hockey.

Our goal this year will be to provide hockey fans with exciting hockey and to repeat as Centennial Cup Champions.

On behalf of our players, coaches and myself, our thanks for all your support in the past and we'll try our best to be deserving of that support again this year.



MEL LIS

Sincerely,

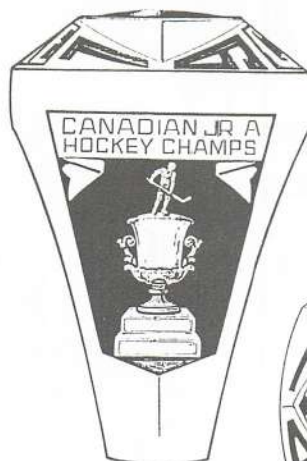
Mel Lis,  
President/General Manager



# HERFF JONES

RECOGNITION • EDUCATION • MOTIVATION

1315 Inkster Boulevard  
Winnipeg, Manitoba R2X 1P6  
(204) 633-8448—Toll Free 1-800-665-7636 Fax: (204) 694-5024



Todd Krohn

Sales Representative, Scholastic Products

4310-47th Street  
Red Deer, Alta T4N 1P5  
Office: (403) 343-0415  
Fax: (403) 341-3300

The proud supplier of the **Centennial Cup Championship Ring**

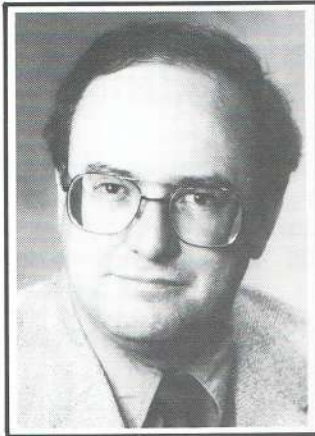
*A Tradition of Excellence*





## President's Message

1990 - 1991 SEASON



On behalf of the British Columbia Junior Hockey League, I wish to take this opportunity to extend a warm welcome to all on our 30th year of exciting and competitive Junior "A" hockey action.

This league's superior calibre of play was proven by winning the National Championship (Centennial Cup) in three of the last five seasons. (Penticton 1985-86, Richmond 1986-87 and Vernon 1989-90). I congratulate the Vernon Lakers on their thrilling Centennial Cup victory as well as the runnerup and BCJHL record setting New Westminster Royals.

All the BCJHL teams are committed to providing a high calibre of skilled hockey in their communities and to developing both excellent hockey players and solid young men. There are 35 former BCJHL players on current National Hockey League rosters. They include the likes of Brett Hull, Stan Smyl, Glenn Anderson and Andy Moog. At the present time over 90 former BCJHL players attend Canadian and American Colleges and Universities on scholarships.

A special welcome is extended to our new franchises in Bellingham, Chilliwack, Penticton and Victoria.

Finally, I would like to send special greetings for the 1990-91 season to team management and coaching staff. To the players I hope you work hard in every game and display all your hockey talent to the best of your ability. This experience will be a stepping stone to greater things in your future. Make good use of your opportunity.

Best regards,

Ron Boileau  
President

### Good Luck Lakers!

from the

### ZUBOT FAMILY & STAFF



- ★ TUNE UPS
- ★ BRAKE
- ★ SHOCKS
- ★ ALIGNMENTS
- ★ MAGS &
- ★ ACCESSORIES

### 549-5111

2407 - 48th Avenue, Vernon

Where Quality, Choice & Price are a Must!  
We're the ones you can TRUST!



## ON THE ROAD, A THOROUGH BRED. OFF THE ROAD, A BRUTE.



### BOB PETERS



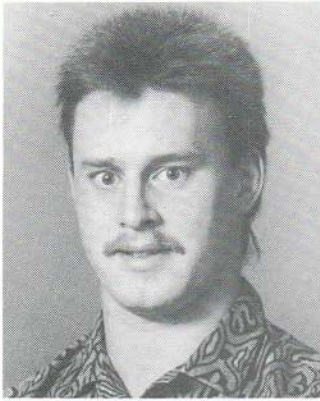
3300 - 43rd Ave., Vernon

Dealer  
#8415

### 542-0371

1989 - 90 CENTENNIAL CUP CHAMPIONS





**KEITH CHASE**

## Meet the Coaches . . .

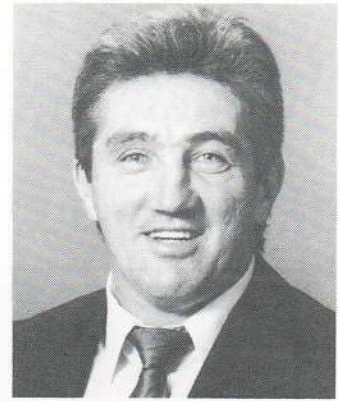
When Mel Lis bought the Vernon Lakers five years ago, Keith Chase was one of the defencemen of that team. Today, he's the last link of that group.

This is Chaser's third year as an assistant coach with the club and success has followed his every

foot-step. He lists the 1987-88 B.C. Junior Hockey League and Provincial Championships that year as his career highlights as well as last year's Centennial Cup championship.

Keith's basic coaching philosophy is that you do everything you can to win, within reason of course. He believes that you must teach the players something along the way and to assist them with that maturing process both on and off the ice.

How does one top last year's national championship? "That's easy," said Chase with no hesitation. "You top it by winning another one."



**ED JOHNSTONE**

Vernon Laker hockey fans can expect one thing from the team this season; hard work and hustle.

Ed Johnstone, going into his fourth year on the Laker's coaching staff, expects his charges to play the way he did: hard-nosed, give-no-quarter, and honest effort.

Johnstone played in the 1979 Stanley Cup finals against Montreal with the New York Rangers and also played well enough in the 1981 NHL all-star game to be chosen second star. But he says the American Hockey League's Calder Cup victory with the 1986 edition of the Adirondack Red Wings rates right up there in terms of his career highlights. His coaching highlight was, of course, winning the Centennial Cup.

Ed's personal goal is to become a Head Coach in the NHL some day. He says that coaching is like a second career to him and is like being a rookie all over again.

Johnstone is looking forward to a new season and has hopes of taking the Vernon Lakers to the Centennial Cup Tournament in Sudbury next May.

# CENTURION FITNESS CENTRE



### ★★ SPECIALIZED PROGRAMS ★★

- ~ Beginner's "Safe Conditioning"
- ~ Reconditioning & Rehabilitation
- ~ Sports Training
- ~ Body Building
- ~ Aerobic Classes

VERNON'S OFFICIAL TRAINING CENTRE

**4701 - 29th St.**  
**Call 545-8943 or drop by**



THE CORPORATION OF THE CITY OF VERNON

3400 - 30th Street, Vernon, British Columbia V1T 5E6  
Telephone (604) 545-1361



Office of the Mayor

1990



It gives me great pleasure to extend a warm welcome, on behalf of Council and all citizens of Vernon, to the players, officials and fans of the 1990/1991 B.C. Junior Hockey League.

We congratulate all teams and in particular our home team, the Vernon Lakers, for their hard work and dedication to the game of hockey. Through the efforts of these dynamic players, our citizens and visitors alike can expect to watch hockey at its very best.

We congratulate the Vernon Lakers Team in winning the 1990 Centennial Cup Championship which was held in Vernon last Spring. This event held much excitement and was enjoyed by both players and fans alike.

We look forward to another successful hockey season. Good luck and best wishes to everyone.

Anne Clarke,  
Mayor.

## Vernon Daily News

*"Committed to Service"*

- Up to date NEWS
- Guaranteed service, delivered to your door

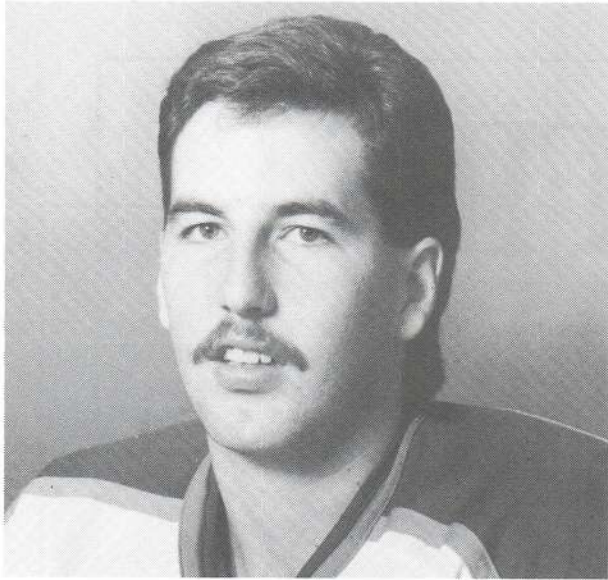
For convenient home delivery call...

**545-0671**

**Fresh daily!**







## STACY PAULSEN

**Birthdate:** February 25, 1972  
**Height:** 6' 4"  
**Weight:** 200  
**Hometown:** Penticton  
**Last Team:** Columbia Valley Rockies  
**Statistics:** Played 26 games,  
 8 goals, 18 assists, 26 points

# Go Lakers Go!

## S. P. SEYMOUR (1964) LTD.

PLUMBING — HEATING — POOL SUPPLIES  
 GAS, OIL, ELECTRIC HEATING  
 4217-25th Avenue, Vernon, B.C. • 542-4122

## Vernon Insurance Agencies Ltd.

GEORGES DANSEREAU • GENE NATSUHARA

# Good Luck Lakers!

3118 - 32nd AVENUE, VERNON, B.C.  
**545-5311**

# The People's Choice

Local sports means a lot to this community. That is why your community newspaper, The Morning Star dedicates a considerable portion of its lineage base to the reporting of local sporting events.

Anchored by sports editor Mike McQuillen, the sports reporters of The Morning Star are dedicated to bringing you all of the sporting news from the North Okanagan.



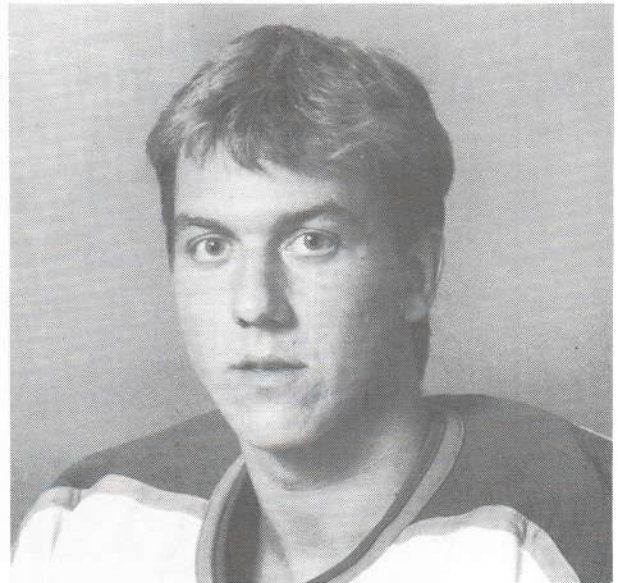
**MIKE McQUILLEN**  
Sports Editor

Call us with news of your team's sports event  
*The peoples' first choice in sports!*



4409-29th St.  
 (Across from Bakers Dozen)

Sports Action Line  
**545-3322**



## LORNE KANIGAN

**Birthdate:** May 11, 1970  
**Height:** 6' 0"  
**Weight:** 185  
**Hometown:** Castlegar, B.C.  
**Last Team:** Vernon Lakers  
**Statistics:** Played 42 games,  
 23 goals, 25 assists, 48 points

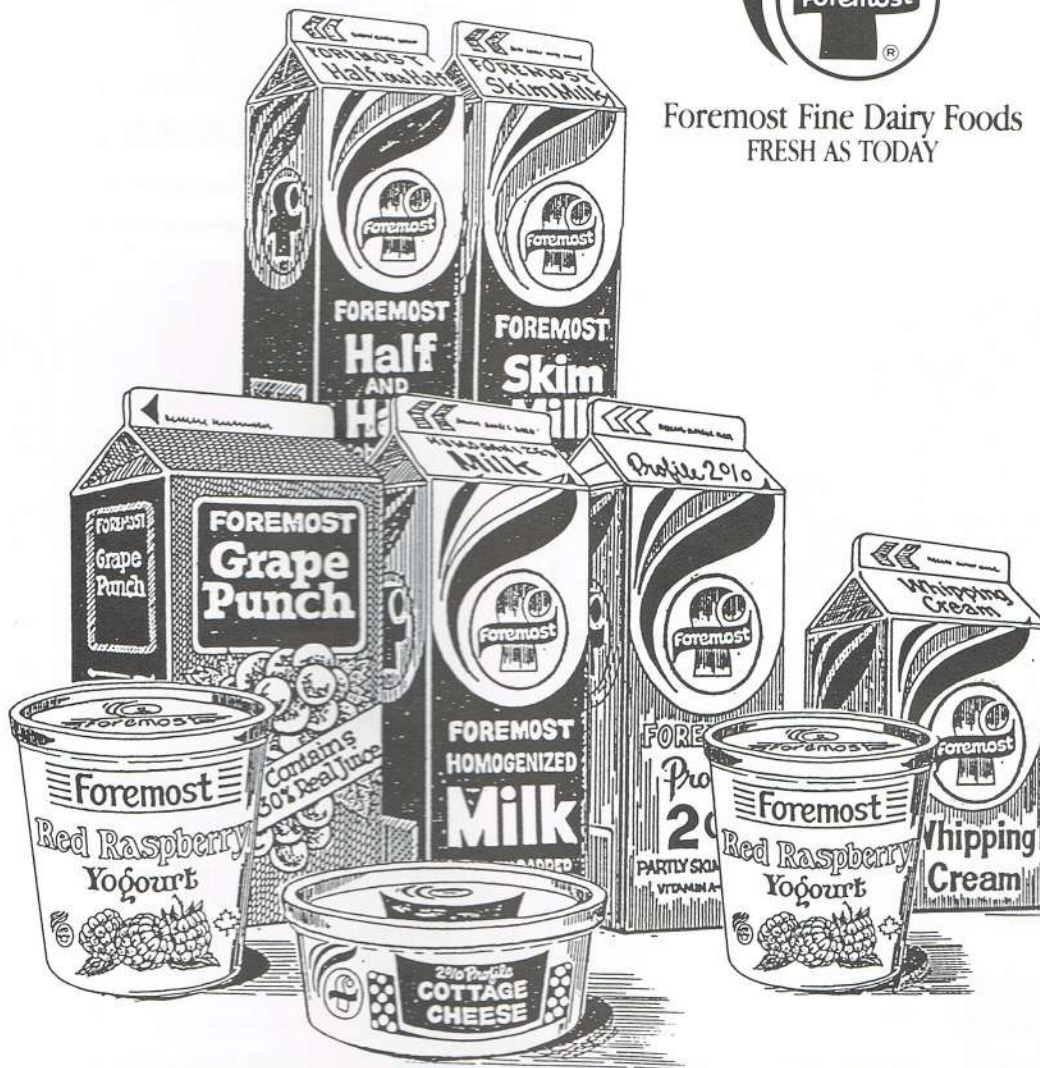


# BEING FIRST IS FOREMOST!

First in quality ... Taste ... Freshness ...  
It's our commitment to you. As is our pride ...  
Pride in our people ... Pride in our standards  
of excellence ... and the products that we  
produce ... from milk ... yogurt ... ice cream ...  
cottage cheese ... party dips ... dairy products  
that are foremost ...

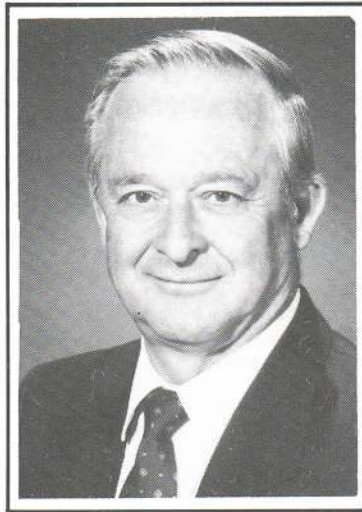


Foremost Fine Dairy Foods  
FRESH AS TODAY



*Best of Luck to the Vernon Lakers!*





## *MLA's Message . . .*

Dear Hockey Fans:

Welcome to Vernon . . . home of the Centennial Cup Champions!

Vernon is certainly proud of the Lakers, who last year captured our hearts by hosting and winning the Centennial Cup tournament.

This will be another great year of anticipation for the Lakers and their fans. Everyone involved with the Laker Franchise can be proud of their accomplishments.

Best wishes to all teams and their fans for another great season.

Sincerely,

Lyall F. Hanson  
M.L.A. Okanagan North  
Minister of Municipal Affairs,  
Recreation and Culture



# BOOSTER CLUB



*“Join Us For Fun!”*

- Appreciation & Awards Banquet
- 50/50 Raffle & Hockey Pool At All Home Games
- Souvenir & Publicity Booths
- Players, Billets & Booster Club “get Acquainted” Night

JOIN US IN HELPING TO ENSURE TOP QUALITY ENTERTAINING HOCKEY REMAINS AND GROWS IN VERNON AS WE LOOK FORWARD TO THE VERNON LAKERS DEFENDING THEIR NATIONAL CHAMPIONSHIP TITLE THIS SEASON.

***BE INVOLVED! BE A LAKER BOOSTER!***



The Vernon Lakers and Checkers Pub are Vernon's winningest combination. We've got an unbeatable number of drafted imports on our team. So many, in fact we're sure it's a shut out!!

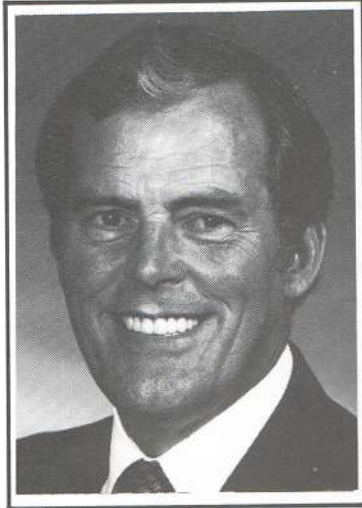
Checkers Pub in the Vernon Lodge.

3914 - 32nd Street • Vernon, B.C. • V1T 5P1





Province of British Columbia  
*Office of the Premier*



It is with a great deal of pleasure, that I extend my warmest greetings and very best wishes to the Vernon Lakers Hockey Association and their many fans and supporters, as you commence your 1990-91 Hockey Season.

The competition this season is certain to be keen, and the fans will see some first class action on the ice. To achieve a competitive level of skill in any sport is not an easy task — I am very much aware of the long hours of training and dedication of these very fine athletes, and of the importance of the support given them by their families, coaches and loyal fans. I remain confident that you will continue to uphold the superb level of achievement attained last year as winners of the Centennial Cup, and extend my very best wishes for your continued success this season.

On behalf of the people and Government of British Columbia, may I convey best wishes to all players for a truly memorable and fun-filled hockey season, and a hearty "thank you" to the many volunteers and organizers in the community for their hard work and commitment in support of Junior Hockey.

Sincerely,

William N. Vander Zalm  
PREMIER

**The Drawing Room  
Consulting Ltd.**

**CONTRACT DRAFTING AND  
BUILDING DESIGN SERVICES**

DAVE HEARD

545-2709 — VERNON, B.C.

821 Fairweather Road

V1T 8T9

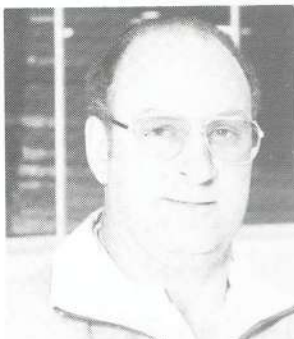
AUTO PROPANE AND GASOLINE



**ICG LIQUID GAS LTD**

Division of Inter-City Gas Corporation

4606 - 27th Street — Vernon — Phone 542-9622



VIC CHENIER

**VERNON LAKERS**



**TRAINING STAFF**



WAYNE SORCI



## CONFUSED?? SEE OUR EXPERTS

Building or redecorating your home or office can be a pleasurable experience. Work with our professionals and make an exciting statement in every room.

**We Supply, NEW OR REUPHOLSTERED  
Furniture,  
Wallcoverings,  
Window Treatments**

**542-1151**      *Design Consultant on staff*

*Correale Upholstery  
& Drapery House*

*Serving Vernon and Area for 30 Years*

3004 - 39th Avenue, Vernon, B.C.



### **DAVE KILDUFF**

**Birthdate:** February 17, 1972  
**Height:** 5' 9"  
**Weight:** 155  
**Hometown:** Penticton, B.C.  
**Last Team:** Columbia Valley Rockies  
**Statistics:** Played 25 games,  
Avg. 2.71, 4 assists, 4 points



**TOLKO INDUSTRIES  
CONGRATULATES  
THE VERNON LAKERS  
ON THEIR CONTINUING  
COMMUNITY EFFORT...**

**TOLKO**



# Go team, go.

The team at your local Chevron station is rooting for you all the way.

And if you'd like some of our friendly service and a fill of one of our top quality gasolines, come on in and give us a ding.

Before the game, or after it.

Either way, you can't lose.

---

***Good Luck Vernon Lakers***

**from the Vernon Chevron Team.**

**DARYL WEITZEL, Daryl's Chevron — 32nd Street & 33rd Avenue**

**GORDY STARK, Vernon Chevron Self-Serve — 27th Street & 45th Avenue**

**AL & FLORA STERLING, White Valley Superette — Lavington**

**JACK HOWARD, Vernon Bulk Plant — 37th Street**

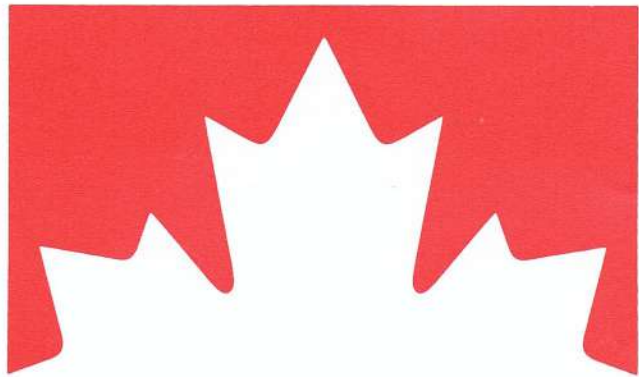
---

**Chevron.**



**Your Town Pump.**





**PETRO-CANADA®**

## Good Luck Lakers

In The 1990 - 91 Season

from your  
PETRO-CANADA  
RETAILERS & ASSOCIATES

Petro-Canada offers a full range of automobile services  
in the Vernon area

- Full Service
- Service Centres
- Convenience Stores
- Self Service
- Car Care

*Call today for Service Centre Appointments  
or for information on other great savings  
at any of our retail outlets*



**PETRO-CANADA**

Dealers in Petro-Canada Products



**PETRO-CANADA**

Mike's Village Green Service, 4709 - 27th Street

**542-1255**

7-11 Convenience Store, 3201-39th Avenue

**542-0785**

Polson Park Service, 2701 - Highway 6

**542-1425**

Corner Grocery, 5487 Okanagan Landing Road

**542-8908**

McDonald Park Convenience Store, 4300-27th Street

**542-9160**





Autoplan

With You for the Best of Your Life!

# BARON INSURANCE

AGENCIES LTD.  
DOWNTOWN VERNON  
VILLAGE GREEN MALL  
LUMBY



POLSON PLACE CINEMAS

Famous Players Inc.  
275-2306 Coldstream Road  
Vernon, British Columbia  
V1T 8C2

(604) 542-1107

Bruce McCulloch  
Manager

## LEADING LAKER SCORER



A member of the **TRILON** group.

**W. J. (Bill) DIETT**  
Sales Representative

**NORM BRENNER**  
Sales Representative

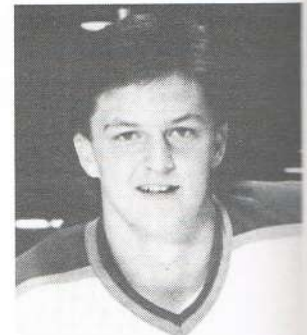
*Serving The Community That Serves Us.*

Residential Real Estate Services	Bus: (604) 545-6077
104 - 2802 - 30th Street	Fax: (604) 545-4814
Vernon, B.C. V1T 8G7	Res: BILL — (604) 542-7141
	Res: NORM — (604) 549-1233

A DIVISION OF ROYAL LePAGE REAL ESTATE SERVICES LTD. REALTOR

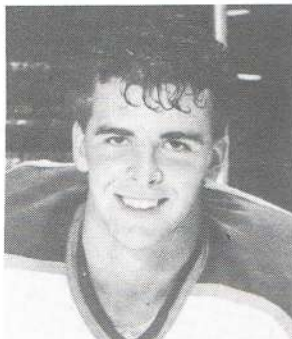
### PREVIOUS WINNERS:

- 1982 - 83 . . . . Mike Enemark  
Stacy Wakabayashi
- 1983 - 84 . . . . Dave Wensley
- 1984 - 85 . . . . Nick Kapicki
- 1985 - 86 . . . . Dennis Holland
- 1986 - 87 . . . . Kevin Scott
- 1987 - 88 . . . . Dallas Drake
- 1988 - 89 . . . . Tony Szabo



**DAVE OLIVER**  
1989 - 90

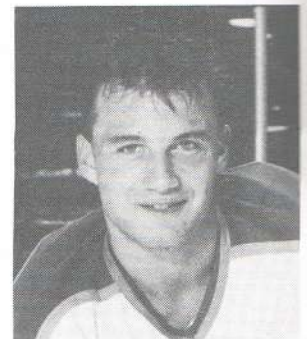
## LAKER DEFENCEMAN OF THE YEAR



**MIKE DENNIS**  
1989 - 90

### PREVIOUS WINNERS

- 1982 - 83 . . . . Gavin Shuya
- 1983 - 84 . . . . Ken MacKenzie
- 1984 - 85 . . . . Tony Christy
- 1985 - 86 . . . . Shawn Lafroth
- 1986 - 87 . . . . Campbell Blair
- 1987 - 88 . . . . Phil Soukoroff  
Chad Biafore
- 1988 - 89 . . . . Adrian Markin



**DEAN ZAYONCE**  
1989 - 90

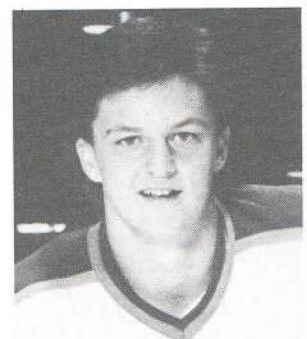
## MOST VALUABLE LAKER PLAYER

Sponsored by...



### PREVIOUS WINNERS

- 1982 - 83 . . . . Gavin Shuya
- 1983 - 84 . . . . Rob Kossan
- 1984 - 85 . . . . Greg Kowal
- 1985 - 86 . . . . Dennis Holland
- 1986 - 87 . . . . Doug Spooner
- 1987 - 88 . . . . Dallas Drake
- 1988 - 89 . . . . Tony Szabo



**DAVE OLIVER**  
1989 - 90



# GEORGE RANDALL'S MEN'S WEAR

QUALITY MEN'S  
CLOTHING AT  
AFFORDABLE PRICES

*We wish you a successful  
1990 - 91 season!*

2805 - 32nd Street, Vernon, B.C. V1T 5L9  
**(604) 542-3111**

**L  
I  
S**

**Lis Equipment  
& Tool Rentals Ltd.**

24-HOUR SERVICE

- CONSTRUCTION EQUIPMENT
- INDUSTRIAL SUPPLIES
- RENTALS

977 Laval Crescent  
Kamloops, B.C.  
372-0911

920 Waddington Drive  
Vernon, B.C.  
549-5113

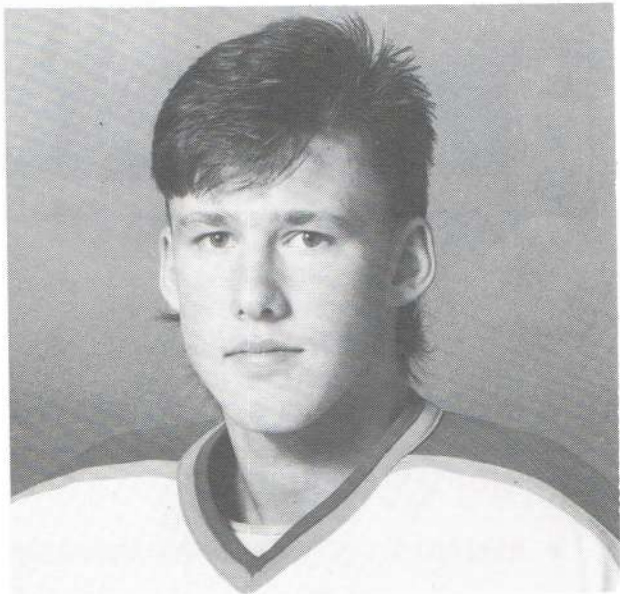


TOP ROW, LEFT TO RIGHT:  
Mike Knapton, Brad Neumeier,  
Jason Elders, Lorne Kanigan,  
Troy Ewanchyna, Mike Dennis,  
Cam Sylven, Darren Naylor.

MIDDLE ROW, LEFT TO RIGHT:  
Dr. John Wheeldon (Team Doctor), Keith Chase (Asst.  
Coach), Paul MacLean, Don Monteith, Rylan Ferster,  
Shane Morson, Marcel Aubin, Rob Atkinson, Dave  
Oliver, Sonny Jenkins, Vic Chenier (Team Trainer).

FRONT ROW, LEFT TO RIGHT:  
Murray Caton, Garth Geddes, Dean  
Zayonce, Mel Lis (G.M.), Bruce  
Ramsay, Ed Johnstone (Coach), Duane  
Dennis, Barry McLeod, Dean Kuntz.





## MURRAY CATON

**Birthdate:** December 3, 1971  
**Height:** 6'  
**Weight:** 165  
**Hometown:** Chetwynd, B.C.  
**Last Team:** Vernon Lakers  
**Statistics:** GA 3.96

**GOOD  
LUCK  
LAKERS**



## HILLVIEW GOLF

1101 - 14th Ave. VERNON, B.C. V1B 2S6



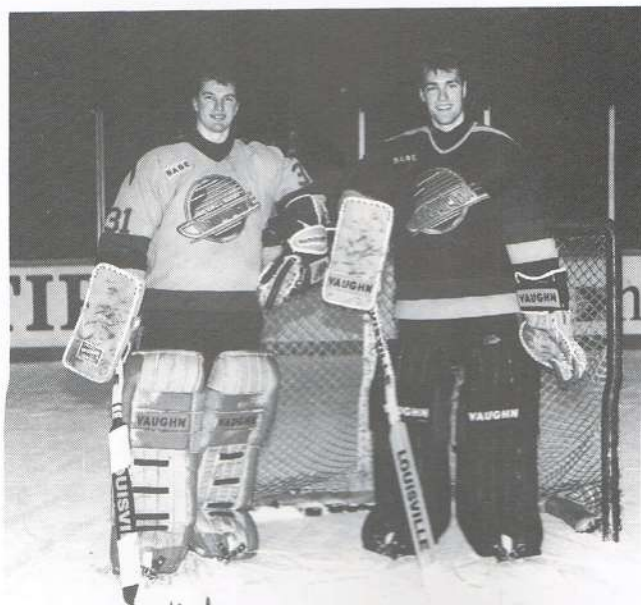
## PRICE & MARKLE

EQUIPMENT LTD.

*Power Transmission Products  
and Industrial Supplies*

1020 Waddington Drive, Vernon, B.C. • Phone 545-6041

☆ 10 LOCATIONS IN BRITISH COLUMBIA ☆



STEVE WEEKS

KIRK McLEAN

*Two of the best wear the best!*

## VAUGHN CUSTOM SPORTS CANADA

**Makers of Handmade Goal  
Equipment . . . Available at  
Sun Valley Sports in Vernon**

Vaughn would like to  
congratulate Mel Lis  
and Ed Johnstone and  
the Vernon Lakers  
on winning the  
Centennial Cup

**VAUGHN CUSTOM  
SPORTS**

CANADA





"TOYOTA... We Care"™

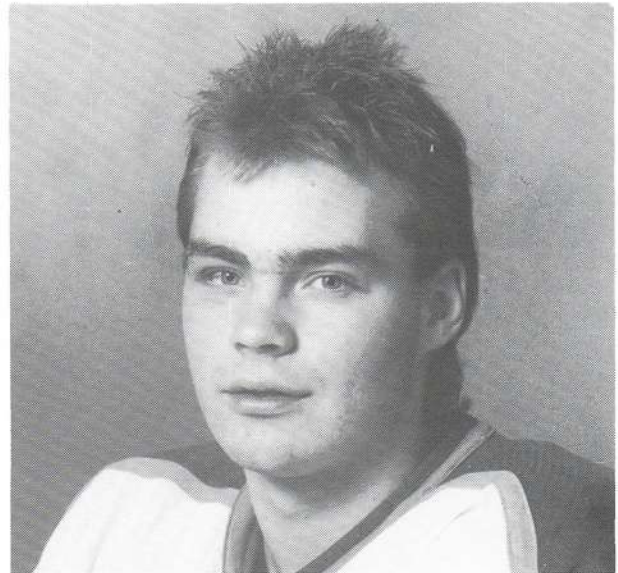
## VERNON TOYOTA CENTRE LTD.

4376 - 27th STREET, VERNON, B.C. V1T 4Y4

**545-0687**



TOYOTA  
...We Care™



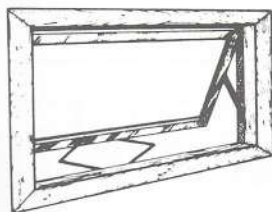
### TONY TOTH

**Birthdate:** January 25, 1973  
**Height:** 6'  
**Weight:** 190  
**Hometown:** Whitehorse, Yukon  
**Last Team:** Columbia Valley Rockies  
**Statistics:** Played 45 games,  
5 goals, 37 assists, 42 points

## BEST OF LUCK LAKERS!

From Vince, Stan, Ken & Staff

## FAIR GLASS LTD.



**BEAT THE HIGH COST OF HEATING!**  
Wood Casement & Awning Windows  
5 Year Conditional Guarantee On Sealed Units  
**INCREASE THE VALUE OF YOUR HOME!**  
Remodelling Or New, Your Resale Value Will Increase.  
**ALL INTERIOR & EXTERIOR DOORS AND MOULDINGS**  
— FREE ESTIMATES —



#107 - 1735 Dolphin Road, Kelowna  
1835 - 11th Avenue, Vernon, B.C.

860-6097  
545-6096

FOR ALL YOUR  
TRAVEL NEEDS . . .

### *Carefree* **TRAVEL LTD.**

3328 - 30th Avenue  
Vernon, B.C.  
545-2154

AIRLINE TICKETS AT AIRPORT PRICES

## SPALLUMCHEEN GOLF & TENNIS CLUB

- 18 Holes - Driving Range
- 9 Hole Executive Course
- Rentals - 4 Tennis Courts

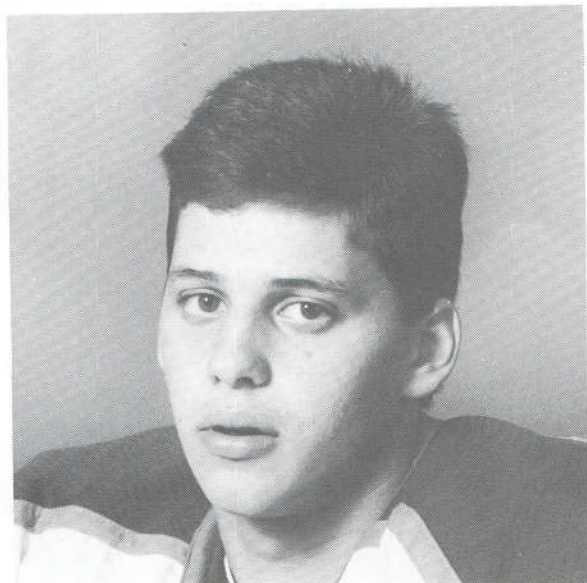
FULL FACILITIES

**Club House 545-5711**

**Pro Shop 545-5824**

400 Highway 97, Vernon





### DAVID VECCHIO

**Birthdate:** August 15, 1972  
**Height:** 5' 10"  
**Weight:** 175  
**Hometown:** Castlegar, B.C.  
**Last Team:** Castlegar Rebels  
**Statistics:** Played 40 games,  
 20 goals, 34 assists, 54 points



## VERNON BAKERY

DAILY  
 FRESH PASTRIES  
*Specialty Orders Welcome*  
*Open 6 Days a Week*

**542-2780**

Your Hosts:  
 Evert and Fred 3413 - 30th AVENUE

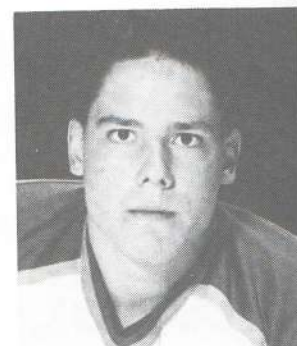
## MOST IMPROVED LAKER

MOST IMPROVED TROPHY  
 PROVIDED FOR ANNUAL  
 PRESENTATION BY THE  
 VERNON LAKERS  
 BOOSTER CLUB  
 1987 - 88



### PREVIOUS WINNERS

1987 - 88 ..... Adrian Markin  
 1988 - 89 ..... Garth Geddes



**MARCEL AUBIN**  
 1989 - 90

## MOST SPORTSMANLIKE AWARD

SPONSORED BY...

**TORO'S PUB**

**CARLO  
 DAGOSTINI**  
 1220 KALAMALKA  
 LAKE ROAD  
 VERNON, B.C.  
 V1T 6V4



**545-7856**

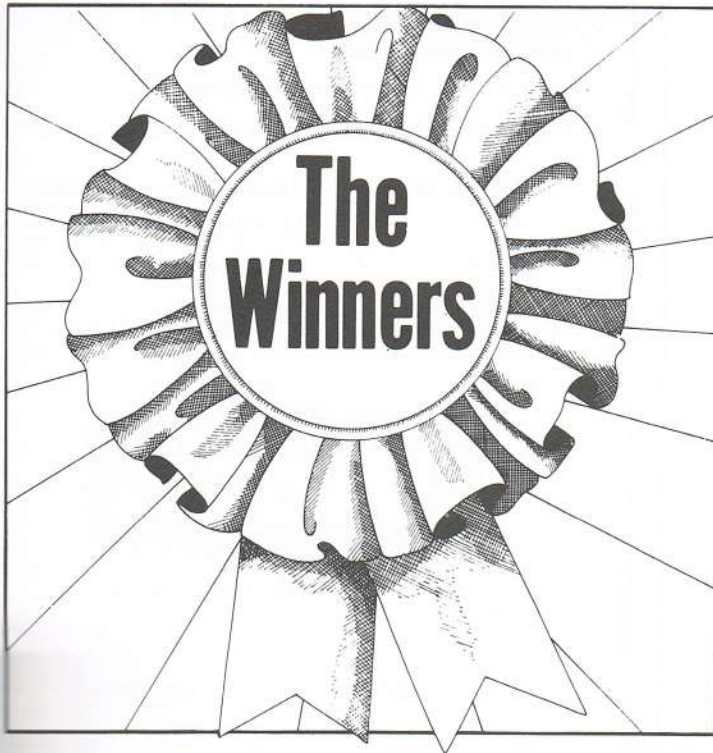
### PREVIOUS WINNERS

1982 - 83 ..... Stacy Wakabayashi  
 1983 - 84 ..... Rob Kossan  
 1984 - 85 ..... Al Young  
 1985 - 86 ..... Doug Spooner  
 1986 - 87 ..... Al Young  
 1987 - 88 ..... Jamie Steer  
 1988 - 89 ..... Cam Sylvan



**BRAD NEUMEIER**  
 1989 - 90

1989 - 90 CENTENNIAL CUP CHAMPIONS



**“THE VERNON LAKERS”**

Bring Out the *BEST* In  
Junior Hockey

Have A *GREAT* Season!!

**Village Green**  
M A L L

4900 - 27 STREET, VERNON, B.C.

*Best Wishes &  
Congratulations  
to our  
Junior 'B'  
Affiliate ...*



**Columbia Valley Rockies**

for their accomplishments

89 - 90 K.I.J.H.L.

**“LEAGUE CHAMPIONS”**

**WESTERN CANADA  
CHAMPIONS**



NATIONALLY GUARANTEED

**MASTER MUFFLER**

“Dual Exhaust Specialists”

Free Estimates

“We’re Cheaper & Faster at Master”

2719 - 44th Avenue

**549-1414**



FOOD SERVICE PRODUCTS

**Carnation Stouffer’s Dinner-Time  
Que Bueno! Trio 1-Step L. J. Minor  
Libby’s**

DAVID EARLE

1-800-663-0043





## COREY SPRING

**Birthdate:** May 31, 1971  
**Height:** 6' 3"  
**Weight:** 205  
**Hometown:** Cranbrook, B.C.  
**Last Team:** Cranbrook Colts  
**Statistics:** Played 20 games,  
 20 goals, 14 assists, 34 points



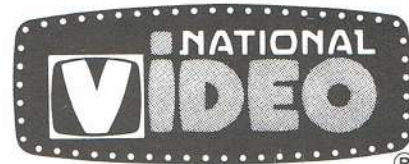
## MIKE DUNN

1529 KEEHN RD., KELOWNA, B.C. V1X 5P3

**POWER TRAIN & BRAKE SPECIALISTS**  
 FOR ALL MAKES  
 OF LIGHT AND HEAVY DUTY TRUCKS

BUS. PHONE (604) 861-5511  
 BUS. PHONE (604) 545-2121

RES. (604) 765-1245



BRING THE STARS HOME TONIGHT! <sup>SM</sup>

BRING THE STARS HOME TONIGHT!

3104 - 27th Street - Vernon

PHONE 549-3090

**THE VALLEY'S BEST  
 MOVIE SELECTION**

## COME IN AFTER THE GAME

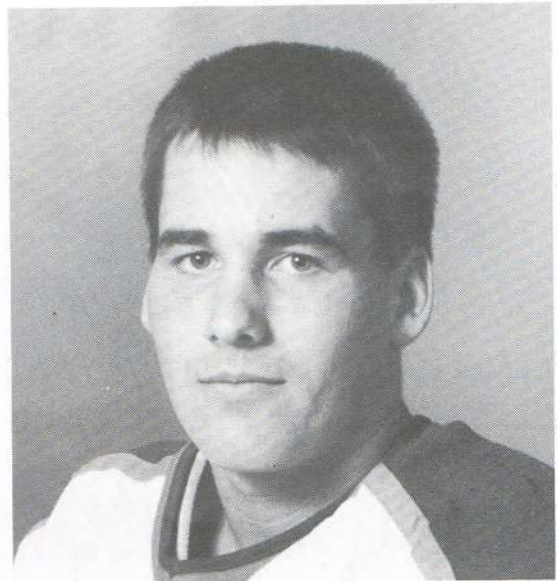


## World Famous Fries™.

Nobody makes french fries like McDonald's. Those golden, crispy fries you just can't wait to get your hands on. Always hot. Always fresh. Always perfect with your favorite McDonald's sandwich.

**IT'S A GOOD TIME  
 FOR THE GREAT TASTE** 

**HWY 97 NORTH — ACROSS FROM VILLAGE  
 GREEN SHOPPING CENTRE**



## TREVOR FORSYTHE

**Birthdate:** February 6, 1970  
**Height:** 6'  
**Weight:** 190  
**Hometown:** Ashcroft, B.C.  
**Last Team:** Williams Lake Mustangs  
**Statistics:** Played 48 games,  
 27 goals, 33 assists, 60 points



# Ilmel's Sport Shoppe Ltd.

"Your Total Sports Specialist"

- We carry one of the biggest selections of hockey equipment
  - ★ over 30 models of skates
  - ★ over 50 models of sticks
  - plus a full line of protective equipment.
- Over 100 models of athletic shoes to choose from.
- Complete line of men's or ladies sport clothing.
- Full line of fishing gear (rods, reels, tackle, tackle boxes and fly tying materials).
- Everything for those racket enthusiasts (tennis, racquetball, squash & badminton).
- Golf shoes, carts and accessories.
- Fantastic range of camping gear.
- Full line of curling equipment.
- Unbelievable selection of softball equipment (balls, gloves, bats, helmets, etc.).
- Also we have the greatest deals on team equipment, team uniforms and team jackets.

"OUR GOAL IS TO PLEASE YOU"

Serving you from two locations:

Winfield Shopping Centre  
766-4455

Northgate Plaza - Kelowna  
860-4448

# BONANZA®

Where The Extras Don't Cost Extra.®

Our all you-can eat food bar includes fresh garden vegetables, crisp deli salads, hot soups, fresh hot buns, cheese, fruits and even desserts  
The best part it's all free with every dinner.

That's our *Freshtastiks*  
Food Bar

Highway 97  
Vernon

ONLY AT BONANZA

## VERNON LAKERS — 1990 - 91 SCHEDULE



Super Valu 2 Locations to Serve You!  
Downtown and Polson Place Mall

DATE	DAY	GUEST	HOME	TIME
1 Sept. 21	Fri.	Vernon	Kelowna	8:00 p.m.
2 Sept. 22	Sat.	Kelowna	Vernon	8:00 p.m.
3 Sept. 28	Fri.	Merritt	Vernon	8:00 p.m.
4 Sept. 29	Sat.	Vernon	Merritt	8:00 p.m.
5 Oct. 5	Fri.	New West.	Vernon	8:00 p.m.
6 Oct. 6	Sat.	Penticton	Vernon	8:00 p.m.
7 Oct. 9	Tues.	Vernon	Kelowna	7:00 p.m.
8 Oct. 12	Fri.	Chilliwack	Vernon	8:00 p.m.
9 Oct. 18	Thurs.	Vernon	Merritt	7:30 p.m.
10 Oct. 19	Fri.	Powell River	Vernon	8:00 p.m.
11 Oct. 23	Tues.	Vernon	Chilliwack	8:00 p.m.
12 Oct. 25	Thurs.	Victoria	Vernon	7:00 p.m.
13 Oct. 27	Sat.	Nanaimo	Vernon	8:00 p.m.
14 Oct. 30	Tues.	Vernon	Chilliwack	8:00 p.m.
15 Nov. 2	Fri.	Vernon	Kelowna	8:00 p.m.
16 Nov. 3	Sat.	Kelowna	Vernon	8:00 p.m.
17 Nov. 7	Wed.	Vernon	Penticton	7:00 p.m.
18 Nov. 9	Fri.	Penticton	Vernon	8:00 p.m.
19 Nov. 10	Sat.	Bellingham	Vernon	8:00 p.m.
20 Nov. 15	Thurs.	Vernon	Bellingham	6:30 p.m.
21 Nov. 16	Fri.	Vernon	New West**	7:30 p.m.
22 Nov. 20	Tues.	Kelowna	Vernon	7:00 p.m.
23 Nov. 23	Fri.	Vernon	Nanaimo	8:00 p.m.
24 Nov. 24	Sat.	Vernon	Powell River	8:00 p.m.
25 Nov. 25	Sun.	Vernon	Powell River	7:00 p.m.
26 Nov. 28	Wed.	Chilliwack	Vernon	7:00 p.m.
27 Nov. 30	Fri.	Vernon	Merritt	8:00 p.m.
28 Dec. 2	Sun.	Vernon	Penticton	7:00 p.m.
29 Dec. 4	Tues.	Vernon	Kelowna	7:00 p.m.
30 Dec. 6	Thurs.	Vernon	Merritt	7:30 p.m.

\*\* denotes game played at alternate location.

DATE	DAY	GUEST	HOME	TIME
31 Dec. 8	Sat.	Merritt	Vernon	8:00 p.m.
32 Dec. 11	Tues.	Vernon	Chilliwack	8:00 p.m.
33 Dec. 14	Fri.	Vernon	Penticton	7:30 p.m.
34 Dec. 15	Sat.	Powell River	Vernon	8:00 p.m.
35 Dec. 19	Wed.	Chilliwack	Vernon	7:00 p.m.
36 Dec. 21	Fri.	Penticton	Vernon	8:00 p.m.
37 Jan. 4	Fri.	Vernon	Merritt	8:00 p.m.
38 Jan. 5	Sat.	Merritt	Vernon	8:00 p.m.
39 Jan. 9	Wed.	Vernon	Penticton	7:00 p.m.
40 Jan. 11	Fri.	Chilliwack	Vernon	8:00 p.m.
41 Jan. 12	Sat.	Vernon	Chilliwack	8:00 p.m.
42 Jan. 13	Sun.	Vernon	New West.	7:00 p.m.
43 Jan. 19	Sat.	Victoria	Vernon	8:00 p.m.
44 Jan. 22	Tues.	Penticton	Vernon	7:00 p.m.
45 Jan. 26	Sat.	Bellingham	Vernon	8:00 p.m.
46 Jan. 30	Wed.	Vernon	Penticton	7:00 p.m.
47 Feb. 1	Fri.	Kelowna	Vernon	8:00 p.m.
48 Feb. 2	Sat.	Merritt	Vernon	8:00 p.m.
49 Feb. 5	Tues.	Nanaimo	Vernon	7:00 p.m.
50 Feb. 7	Thurs.	Vernon	Bellingham	6:30 p.m.
51 Feb. 8	Fri.	Vernon	Chilliwack	8:00 p.m.
52 Feb. 12	Tues.	Merritt	Vernon	7:00 p.m.
53 Feb. 14	Thurs.	Vernon	Victoria	7:30 p.m.
54 Feb. 15	Fri.	Vernon	Nanaimo	8:00 p.m.
55 Feb. 16	Sat.	Vernon	Victoria	7:30 p.m.
56 Feb. 22	Fri.	New West.	Vernon	8:00 p.m.
57 Feb. 23	Sat.	Kelowna	Vernon	8:00 p.m.
58 Feb. 26	Tues.	Chilliwack	Vernon	7:00 p.m.
59 Mar. 1	Fri.	Vernon	Kelowna	8:00 p.m.
60 Mar. 2	Sat.	Penticton	Vernon	8:00 p.m.





PHONE 542-9309  
HOME 542-8464  
HOME 545-1168

HERB SCHNEIDER  
DAVE SCHNEIDER

• Glass for Every Purpose

4409-28th STREET • VERNON, B.C. • V1T 7W5

**SUBARU**<sup>®</sup>  
SERVICE



• MECHANICAL • BODY SHOP • WINDSHIELDS  
• TOWING • R.V. REPAIRS • SNOWMOBILES And REPAIRS

542-2324



1830 Hwy. 6 (Just Past Polson Mall) Vernon, B.C. V1T 8V3

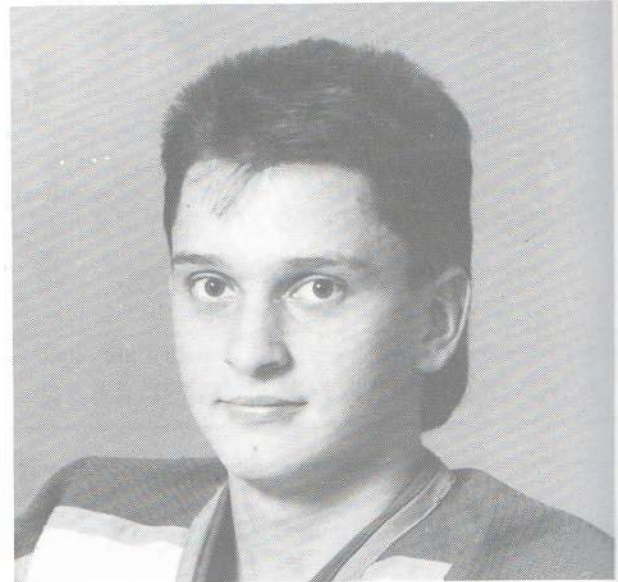
Roy's  
**TIRE SERVICE  
LTD.**

"Complete Tire Service"



Phone 545-2729  
4207-24th Ave., Vernon, B.C.

ROY HERRLING  
Owner-Manager



**JASON ELDERS**

Birthdate: December 20, 1970  
Height: 5' 10"  
Weight: 185  
Hometown: Winfield, B.C.  
Last Team: Vernon Lakers  
Statistics: Played 56 games,  
23 goals, 30 assists, 53 points



Member of  
SPORTS DISTRIBUTORS  
OF CANADA  
(Over 150 store buying power)

3334 - 30th AVENUE (Next to Eaton's) • Downtown Vernon  
**542-2852**

"HOCKEY SPORTS  
SPECIALISTS"

COMPLETE TEAM &  
CORPORATE  
OUTFITTERS

IN-STORE  
SILKSCREENING

IN-STORE  
EMBROIDERY



**ELECTRICAL CONTRACTORS**  
RESIDENTIAL, INDUSTRIAL &  
COMMERCIAL INSTALLATIONS

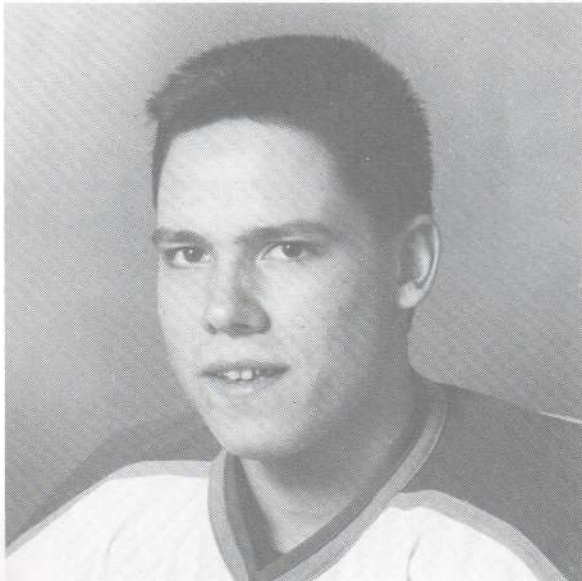
- SALES • MAINTENANCE • RENOVATIONS
- ENERGY MANAGEMENT
- FIRE & SMOKE DETECTION
- SECURITY/INTRUSION ALARM SYSTEM

**AL SCHUCK**

1901 - 48th Avenue — Vernon — Phone 545-3254

1989 - 90 CENTENNIAL CUP CHAMPIONS





## MARCEL AUBIN

**Birthdate:** September 28, 1970  
**Height:** 6' 2"  
**Weight:** 200  
**Hometown:** Kelowna, B.C.  
**Last Team:** Vernon Lakers  
**Statistics:** Played 55 games,  
 6 goals, 7 assists, 13 points



## The SUNDOWNER

2501 - 53rd Avenue  
 Vernon, B.C.  
 PHONE 542-5142

### THE LAKERS AND THE SUNDOWNER RESTAURANT

East of the Golden Arches

**No. 1 IN THEIR DIVISION !**



**The SUNDOWNER Has Been  
Found GUILTY of Being One**

**of the Most  
WANTED**

**Restaurants In Town**

**SUNDAY BRUNCH**  
 Adults Senior 10 & Under  
 \$8.49 \$6.99 \$3.99

**Tough to beat . . .**

- \* 50 item Soup & Salad Bar
- \* Catering Specialist
- \* Friendly Service plus

The Original Home of  
the Real Meal Deal

Not to mention a menu that will  
score big with you! (Over 85 items)

**VERNON'S LARGEST SELECTION  
OF SEAFOOD (33 items)**

**HOURS:**

Monday-Friday  
 11 a.m. - 10 p.m.  
 Saturday  
 11 a.m. - 10 p.m.  
 Sunday  
 10:30 a.m. - 10 p.m.  
 Holidays  
 5 p.m. - 10 p.m.



**TAKE  
A STEP  
ABOVE  
THE  
CROWD!**

**RE/MAX®**

• Vernon  
 3100 - 32nd Avenue

## Vernon's #1 Realtor

- Offices Coast to Coast in  
Canada & the U.S.A.
- Full Relocation Service
- Free Market Evaluation

For "Above the Crowd" Service  
call ...

**549-4161**

EASY TO FIND  
 ACROSS FROM  
 THE POST OFFICE



- ICBC CLAIMS
- FACTORY MATCHED PAINT
- GLASS REPLACEMENT

CELETTE BENCH SYSTEM - FREE ESTIMATES

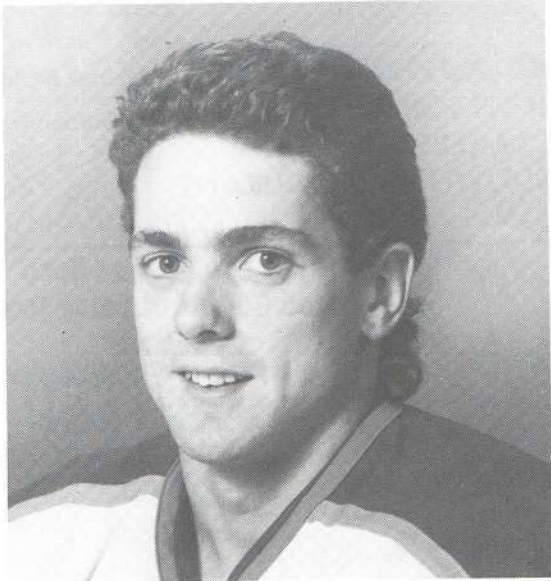
"In our 23rd year"

**545-2291**



2814 - 37th Avenue, Vernon, B.C.  
 (Across Tracks from Vernon Arena)





**BRIAN McDONALD**

**Birthdate:** September 23, 1971  
**Height:** 5' 9"  
**Weight:** 170  
**Hometown:** Kitimat  
**Last Team:** Merritt Centennials  
**Statistics:** Played 53 games,  
20 goals, 21 assists, 41 points

THE NEW



Sunshine

**HONDA**

CIVIC  
PRELUDE  
CRX

Who Says  
You Can't  
Buy Love?

4705 - 27th Street, Vernon, B.C. V1T 4Y8

**VERNON GIFT &  
TROPHY HOUSE CO.**

CUSTOM BUILT TROPHIES & PLAQUES

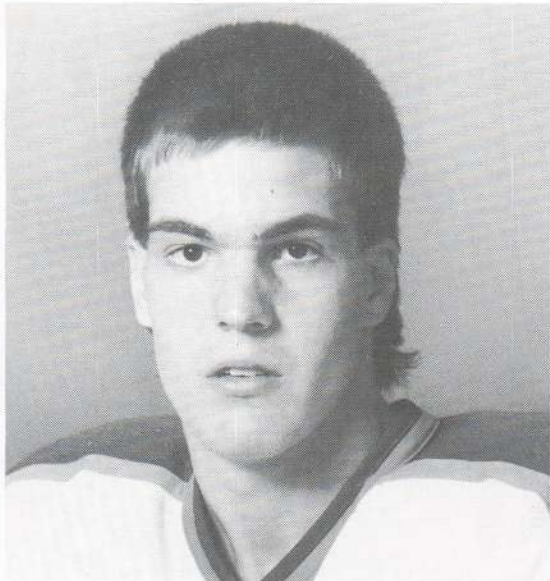
PLASTIC ENGRAVING



*Claude Desimone • Sam Desimone*

**TELEPHONE: 542-8483**

**3003A - 30th AVENUE, VERNON, B.C. V1T 2C1**



## TROY BECKER

**Birthdate:** May 5, 1971  
**Height:** 6' 2"  
**Weight:** 190  
**Hometown:** Winfield  
**Last Team:** Kelowna Midget 'AAA'  
**Statistics:** Played 35 games,  
 18 goals, 20 assists, 35 points

# Best of Luck LAKERS

from all of us at . . .



**Western Sportswear  
& Cresting**

BOX 1912 • VERNON, B.C. • V1T 8Z7  
100 KAL LAKE ROAD

PAUL WORTH

**(604) 542-5511**

Fax: (604) 542-9757 • Res: (604) 545-2430

- ★ ALL TEAM UNIFORMS
- ★ COMMERCIAL PROMO WEAR
- ★ QUALITY IN-STORE SILKSCREENING
- ★ QUALITY CHENILLE CRESTS & EMBROIDERY

## Two Great Reasons to add GATORADE® THIRST QUENCHER to your Starting Line-Up

### 1. GATORADE WORKS!

When you exercise your whole body gets thirsty. Gatorade® Thirst Quencher is made to satisfy the thirst that comes with physical exertion. That's why pro athletes use it!

The next time you visit your neighbourhood sporting goods store, reach for Gatorade and reach for that winning edge.



### 2. MORE THAN JUST A DRINK!

Gatorade is more than just another thirst quencher. Gatorade belongs in the arena and on the field. That's why we created Gatorade Sports, to help sports at all levels grow and prosper. If you have a tournament or special event coming up, write Gatorade Sports to see how we can help.



GATORADE SPORTS  
1133 YONGE STREET, TORONTO, ONTARIO M4T 2Z3  
**FOR THAT DEEP DOWN BODY THIRST™**





# B.C. WELDING SUPPLIES LTD.

Welding Friendship with Quality Products and Service since 1957



## Welding Equipment & Supplies

- Industrial Gases
- Specialty Gases
- Torches
- Regulators
- Arc Welders
- Electrodes
- Wire Feeders
- Wires
- Safety Products
- Welding Accessories

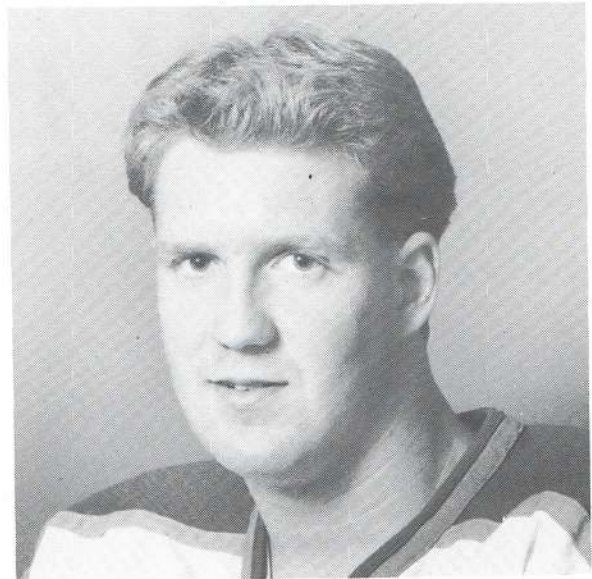
P.O. Box 1150  
7861 Highway 97 N.,  
Vernon, B.C.  
V1T 6N4  
(604) 542-0393

9-1753 Dolphin Avenue  
Kelowna, B.C.  
V1Y 8A6  
(604) 860-4455

780 Laval Crescent  
Kamloops, B.C.  
V2C 5P3  
(604) 374-7147

601-23rd Street  
Castlegar, B.C.  
V1N 2N5  
(604) 365-2144

1606A Cranbrook St. N.,  
Cranbrook, B.C.  
V1C 3S8  
(604) 426-5454



## JEFF GOREN

**Birthdate:** February 9, 1971  
**Height:** 5' 10"  
**Weight:** 170  
**Hometown:** Calgary  
**Last Team:** Rossland Warriors  
**Statistics:** Played 31 games,  
12 goals, 38 assists, 50 points

Go  
LAKERS  
Go!



# PARKWAY PROPANE

*Large and Small  
We Service  
All*

RADIO  
CONTROLLED

WE DELIVER  
**542-3200**

AN AGENT  
FOR

**Premier**  
PROPRANE INC.

# The Referee Says . . .

(Penalties & signals  
& how to tell 'em)



**SLASHING**  
CHOPPING MOTION OF  
HAND ACROSS FOREARM

**MISCONDUCT**  
PLACING HANDS  
ON HIPS REPEATEDLY  
AND POINTING TO  
PENALIZED PLAYER



**DELAYED PENALTY**  
POINTING REPEATEDLY TO  
PLAYER TO BE PENALIZED  
UNTIL PLAY IS STOPPED

**HOLDING**  
HOLDING WRIST WITH OTHER  
HAND EXTENDED IN FRONT  
OF CHEST.



**SLOW WHISTLE**  
WHISTLE HELD ABOVE HEAD  
IF PLAY RETURNS TO NEUTRAL  
ZONE WITHOUT STOPPING, ARM  
IS PULLED DOWN AS PUCK  
CROSSES LINE



**HIGH STICKING**  
HOLDING BOTH CLENCHED  
FISTS, ONE ABOVE OTHER, AT  
FOREHEAD HEIGHT



**INTERFERENCE**  
ARM CROSSED IN FRONT  
OF CHEST



**CHARGING**  
ROTATING CLENCHED  
FISTS IN FRONT OF CHEST



**HOOKING**  
TUGGING MOTION WITH  
HANDS TOWARD MIDRIF



**ICING**  
ARMS ARE CROSSED  
ON CHEST



**TRIPPING**  
STRIKING RAISED RIGHT  
LEG WITH RIGHT  
HAND BELOW KNEE



**WASHOUT**  
SWINGING ARMS LATERALLY  
ACROSS BODY, PALMS DOWN.  
BY REFEREE: GOAL DISALLOWED  
BY LINEMAN: NO ICING OR OFF SIDE



**CROSSCHECKING**  
FORWARD-BACKWARD  
MOTION OF CLENCHED  
FISTS CHEST HIGH



**ELBOWING**  
EITHER ELBOW  
TAPPED WITH  
OPPOSITE HAND



COLGATE-PALMOLIVE CANADA

Wishes the Vernon Lakers  
Another Successful Season  
in 1990 - 91





# DUNBAR

## AUTOMOTIVE CUSTOM ENGINE REBUILDERS

- Engine Machine Shop
- Stock & High Performance Auto Parts
- Propane Conversion Centre
- R.V. Parts & Supplies
- Tires and Wheels
- Mufflers and Brakes
- Radiator Shop
- 4-Wheel Drive Specialists

### *We Repair All Makes & Models*

COMPLETE INSTALLATION & REPAIR SERVICE CENTRE

**545-7733**

**542-2685**

2405 - 53rd AVENUE - VERNON

*(Behind & accross from McDonalds Hamburgers)*



### JOHN HANCOCK

**Birthdate:** July 30, 1970

**Height:** 6'

**Weight:** 172

**Hometown:** Victoria, B.C.

**Last Team:** Columbia Valley Rockies

**Statistics:** Played 26 games,  
31 goals, 36 assists, 67 points

# UNITED CARPET®

PROFESSIONALLY TRAINED  
SALES STAFF



*"The Colour Co-ordinating  
Experts!"*



WE OFFER ONE OF THE LARGEST SELECTIONS OF  
QUALITY MATERIALS, SERVICE & INSTALLATIONS

RESIDENTIAL — COMMERCIAL  
TILE — SHEET VINYL — CERAMICS & HARDWOOD — BLINDS

*Serving The North Okanagan Since 1976*

ARGOSHEEN DEALER

AUTHORIZED DEALER

**LEVOLOR®  
MONACO™**

**542-1211**



4400 - 29th Street, Vernon  
OPERATED BY SPELCHAN HOLDINGS LTD.



## **TROPHY WINNERS — 1989 - 90 SEASON**

### **— TEAM TROPHIES —**

NAT BAILEY CUP — League Championship:  
NEW WESTMINSTER ROYALS

FRED PAGE TROPHY — Coastal Championship:  
NEW WESTMINSTER ROYALS

RYAN HADFIELD MEMORIAL CUP — Interior Championship:  
VERNON LAKERS

FRED WELLS MEMORIAL TROPHY:  
INTERIOR ALL STAR TEAM

### **— INDIVIDUAL TROPHIES —**

WALLY FORSLUND TROPHY — TOP GOALIE (Pair):  
CORY CADDEN, TODD JONES, New Westminster Royals

TOP LEAGUE SCORER:  
MARK KARPEN, New Westminster Royals

TOP SCORER — INTERIOR DIVISION:  
DAVE OLIVER, Vernon Lakers

TOP SCORER — COASTAL DIVISION:  
MARK KARPEN, New Westminster Royals

BEST GOALIE TROPHY:  
CORY CADDEN, New Westminster Royals

BOB FENTON TROPHY — Most Sportsmanlike Player:  
SHANE HENRY, Powell River Paper Kings

SANDMAN INN TROPHY — Most Valuable Player:  
CHRIS KABAN, Nanaimo Clippers

JOE TENNANT MEMORIAL TROPHY — Coach of the Year:  
JOHN OLVER, New Westminster Royals

ERNIE GARE SR. MEMORIAL TROPHY — Scholastic Player of the Year  
(NO WINNER)

BRUCE ALLISON MEMORIAL TROPHY — Rookie of the Year  
(1990 - 91 first winner)

TIM HORTON DONUTS DEFENCEMAN OF THE YEAR TROPHY — Top Defenceman  
(1990 - 91 first winner)

ALL STAR TEAMS — 1st Team from Each Division  
(1990 - 91 first winners)





**MOVING AND STORAGE**  
 LOCAL AND LONG DISTANCE MOVING  
 DELIVERY SERVICE

*Serving the Vernon Area for Over 25 Years*

"FOR YOUR MOVING EXPERIENCE"

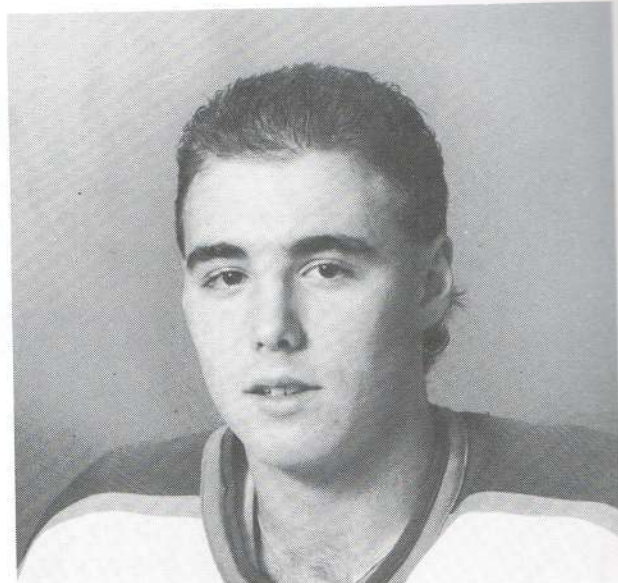
## **CIDEL MOVING & STORAGE**

LTD.

FREE ESTIMATES

2101 - 43rd STREET  
 VERNON, B.C.

542-4254 or 549-1558  
 24 HOUR ANSWERING SERVICE



## **SHAWN POTYOK**

**Birthdate:** July 5, 1971

**Height:** 5' 10"

**Weight:** 173

**Hometown:** Creston, B.C.

**Last Team:** Yorkton Terriers Jr. A Sask.

**Statistics:** Played 68 games,  
 15 goals, 17 assists, 32 points

QUALITY  
 MENS' WEAR

DRESS & CASUAL  
 FORMAL RENTALS

**GOOD LUCK, LAKERS!**

## **Country Casuals**

*"For the Man That Knows the Difference"*

3106 - 30th Avenue • Vernon, B.C. • V1T 2C2  
 TELEPHONE: 549-4204

*Willy's Motor Inn*

## **Best of Luck LAKERS**

- QUIET .. 1 ½ BLOCKS OFF HIGHWAY 97 •
- Across from Vernon Recreation Complex and Curling Rink

SITZMARK RESTAURANT  
 WILLY AND SHIRLEY LEITNER

3309 - 39th Avenue - Vernon - Phone (604) 545-3351

## **MOST VALUABLE PLAYER IN PLAYOFFS**

SPONSORED BY ...

*Oley Kasper*

DENTURIST

3002 - 33rd STREET,  
 VERNON, B.C. V1T 5S9

**542-7423**

RES: 545-6193

### **PREVIOUS WINNERS**

- 1982 - 83 ..... Gavin Shuya
- 1983 - 84 ..... Nick Kapicki
- 1984 - 85 ..... Scott Young
- 1985 - 86 ..... Doug Spooner
- Scott King
- 1986 - 87 ..... Jason Palmer
- 1987 - 88 ..... Glen Fry
- 1988 - 89 ..... Chris Fairlie
- Sean Stewart



**CAM SYLVEN**  
 1989 - 90

1989 - 90 CENTENNIAL CUP CHAMPIONS

*For People On The Go It's . . .*

# KAL TIRE

## FOR ALL YOUR TIRE NEEDS

GOODYEAR — MICHELIN — YOKOHAMA

**Plus . . . BATTERIES & CHAINS**

*With*

### MECHANICAL SERVICES AT MOST LOCATIONS

- Tire Balancing
- Front End Alignments
- Brakes
- Shocks
- Oil, Lube, Filter

#### ASK ABOUT KAL'S OWN CUSTOMER PROTECTION POLICY

Featuring . . . FREE FLAT REPAIRS and TREAD LIFE GUARANTEES

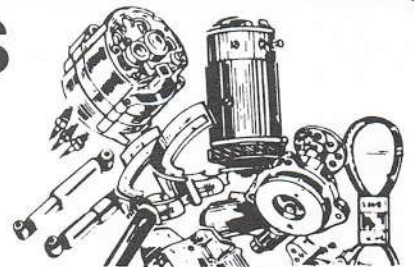
Honoured at over 75 locations to serve you better

## NAPA AUTO PARTS

NAPA CHASSIS PARTS  
ENGINE PARTS  
BELTS  
CV-JOINTS  
BRAKES



COMPLETE LINE OF  
AUTOMOTIVE  
& INDUSTRIAL PARTS  
PAINT & BODYSHOP  
SUPPLIES  
MACHINE SHOP  
SERVICES AVAILABLE



VERNON

**542-1331**

8 - 1800 Kalamalka

*"When The Name Is NAPA, The Standard Is Quality"*



ARMSTRONG

**546-3137**

3215 Smith Drive

LUMBY

**547-2288**

1991 MILLER

## FARRER ENTERPRISES LTD.

- Construction Equipment Rentals
- Form Rentals
- Crane Truck Service
- Concrete Accessories

4509 - 25th Avenue, Vernon, B.C. V1T 1P5

**Phone 545-9108**

TOM FARRER  
Res. 542-1433

CHARLES FARRER  
Res. 545-1121



# M&K READY-MIX LTD.

**ENGINEERED QUALITY CONCRETE  
CONCRETE FOR ALL BUILDING PURPOSES**



**RADIO DISPATCH**

**OPEN 6 DAYS  
A WEEK**

**545-7238**

EVENINGS 542-8253

**SAND  
& GRAVEL**

650 WADDINGTON, VERNON

## LAKER ROOKIE OF THE YEAR

SPONSORED BY...



3011 - 28th Street

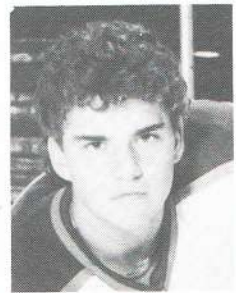
545-4949



**JASON ELDERS**  
1989 - 90

### PREVIOUS WINNERS

- 1982 - 83 .. Nick Kapicki
- 1983 - 84 .. Bruce Major
- 1984 - 85 .. Shawn Lafroth
- 1985 - 86 .. Dennis Holland
- 1986 - 87 .. Greg Olson
- 1987 - 88 .. Jamie Steer
- 1988 - 89 .. Dave Oliver



**TROY EWANCHYNA**  
1989 - 90

## LAKERS UNSUNG HERO

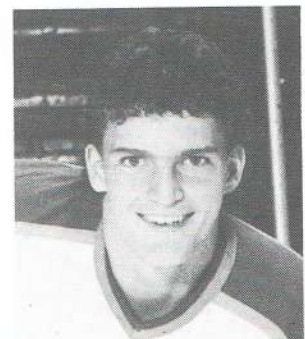
SPONSORED BY...

"UNsung HERO"  
TROPHY PROVIDED FOR  
ANNUAL PRESENTATION  
BY THE VERNON LAKERS  
BOOSTER CLUB  
1987 - 88



### PREVIOUS WINNERS

- 1987 - 88 ..... Michael Paller
- 1988 - 89 ..... Dean Zayonce



**GARTH GEDDES**  
1989 - 90

1989 - 90 CENTENNIAL CUP CHAMPIONS





# Good Neighbours



## Teamwork and Sportsmanship

Canada Safeway is a proud sponsor of Minor Hockey throughout B.C. This is just part of our overall commitment towards helping young people develop physically and socially through teamwork & sportsmanship.

Our Company is pleased to provide assistance and sponsorship for many amateur youth teams and sporting events including hockey, ringette, soccer, baseball, swimming and track.

Canada Safeway and our employees are proud to be "Good Neighbours," and part of and involved in our community.

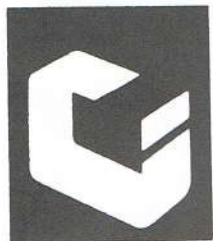




## OKANAGAN SCREENPRINTERS

CUSTOM SCREENPRINTING OF...  
DECALS • BUMPER STICKERS • HATS  
COMMERCIAL & MAGNETIC SIGNS  
T-SHIRTS • SPORTSWEAR • JACKETS

Carol or Tiny MacDonald 542-7336  
1-4311-25th Ave., VERNON, B.C. V1T 1P5



## Capri

INSURANCE

*"Insuring Your Future Today"*

Telephone 545-9135  
Polson Place Mall, Vernon, B.C.

## GOLDSTREAM AUTO WRECKERS LTD.

FREE TELETYPE SERVICE  
FAX LINE: 545-7110



### CAR DIVISION

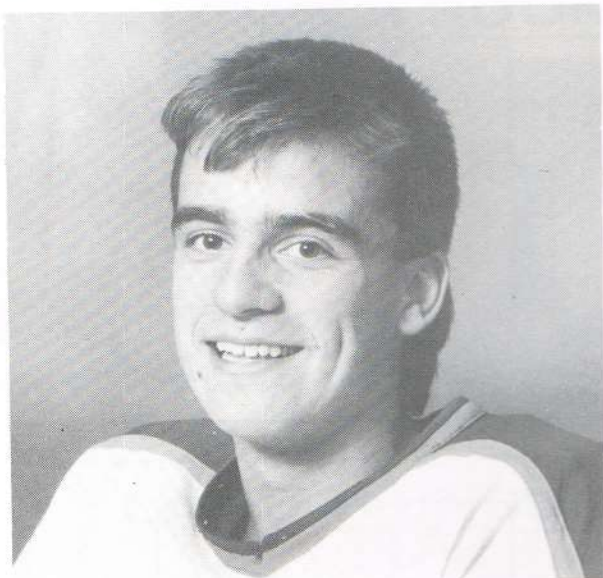
QUALITY PARTS FOR MOST DOMESTIC AND IMPORT CARS  
**542-1364** 3201 - 45th AVENUE, VERNON, B.C.  
(In the Anderson Subdivision)



### TRUCK DIVISION

• PICK-UP & 4X4 PARTS • SPECIALIZING IN DIESEL  
ENGINES & HEAVY TRUCK PARTS • HEAVY TRUCK SALES

**545-0781** 3240 - 48th AVENUE, VERNON, B.C.  
(In the Anderson Subdivision)



## KEVAN RILLOF

**Birthdate:** February 8, 1973  
**Height:** 6' 1"  
**Weight:** 185  
**Hometown:** Castlegar, B.C.  
**Last Team:** Castlegar Rebels  
**Statistics:** Played 38 games,  
7 goals, 15 assists, 22 points



*Waddy's* Family  
Restaurant

- Open Daily at 5:30 a.m.
- All-Day Breakfast
  - Non-Smoking Section Available
  - Licenced

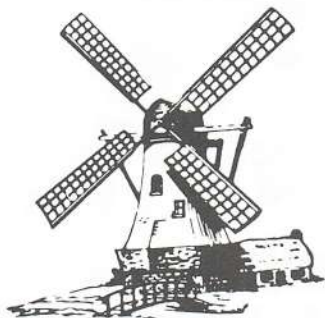
PHONE 542-7161

4101 - 32nd STREET — VERNON  
Corner 41st Ave & Highway 97

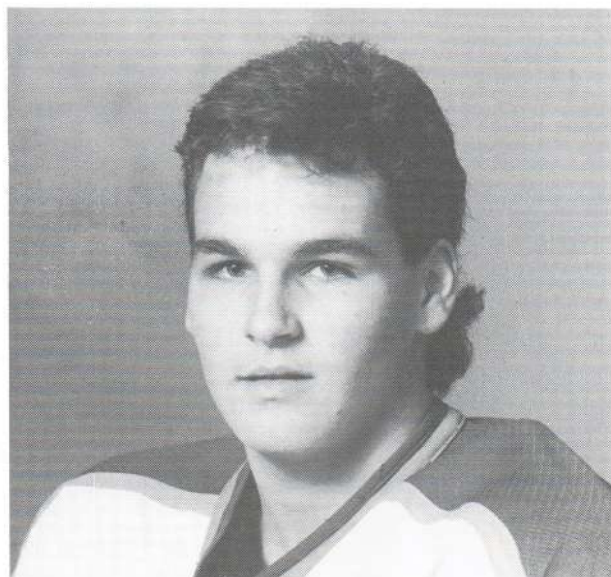
THE WADSWORTH FAMILY:  
Ken & Ruth, Dave, Jeff, Ric and Mark

1989 - 90 CENTENNIAL CUP CHAMPIONS

# Good Luck



# Old Dutch



## KURT TAYLOR

**Birthdate:** July 8, 1972  
**Height:** 5' 9"  
**Weight:** 175  
**Hometown:** Quesnel  
**Last Team:** Quesnel Millionaires  
**Statistics:** Played 48 games,  
43 goals, 52 assists, 95 points



B.C. Telephone  
*wishes*  
*the Vernon Lakers*  
*another Championship*  
*Season*



## Sedgwick James

Insurance  
Kamloops Branch

ALL LINES

COMPETITIVE RATES

- Official Brokers for  
British Columbia Cattlemans Association  
and Independent Loggers Association
- Personal Insurance Services
- Liability • Bond • Commercial
- Industrial • Business



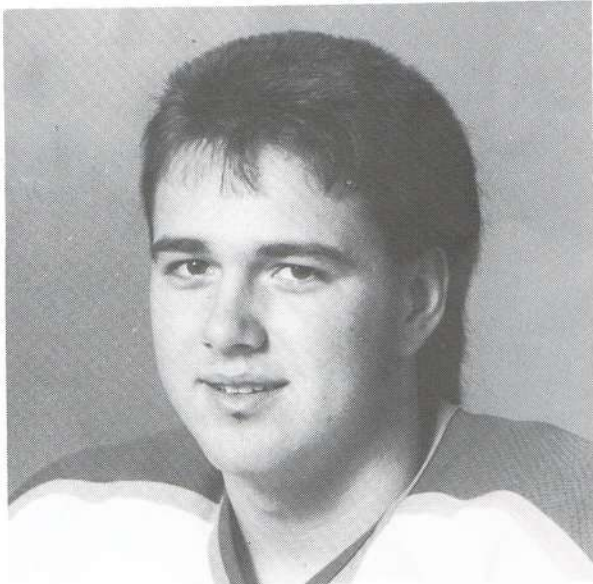
DAVE KEENE — Manager



COLIN KNOX

# 374-3133





**TERRY KLAPSTEIN**

Birthdate: April 22, 1970  
 Height: 5' 9"  
 Weight: 185  
 Hometown: Quesnel  
 Last Team: Victoria Cougars  
 Statistics: Played 64 games,  
 25 goals, 39 assists, 64 points



**SANDMAN INN**  
 Vernon



We hope that our guests will enjoy their stay at the Sandman Inn, where you'll find "the best homemade pies in vernon"



**SANDMAN INN**  
 Vernon

4201 - 32nd Street, Vernon, B.C. • Telephone: 542-4325

**EVER-KRISP**  
 PRODUCE

*Wishing the Lakers  
 the Best of Luck!*



**"GET FRESH FOR LESS"**

2902 - 43rd Avenue

**545-2223**

**542-3309**

**— FUND RAISING SPECIALISTS —**



**MEDICAL TEAM**



**DR. JOHN WHEELDON**  
 Team Physician



**PATRICK HICKINBOTTOM**  
 Team Physiotherapist

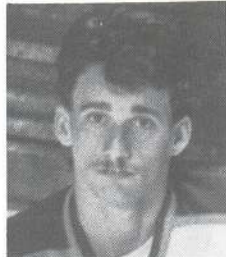


**DR. MAURY BANKS**  
 Team Chiropractor

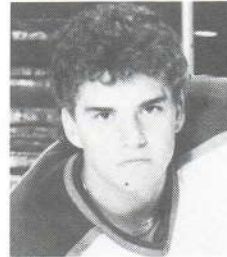
1989 - 90 CENTENNIAL CUP CHAMPIONS



CRAIG BEDARD



TONY SZABO



TROY EWANCHYNA



KEVIN SCOTT



CAMPBELL BLAIR

1986 - 90



1986 - 90

### SCHOLARSHIP RECIPIENTS

CAMPBELL BLAIR	1986 - 87	University of Maine
KEVIN SCOTT	1986 - 87	Northern Michigan University
CRAIG BEDARD	1986 - 87	University Alaska (Fair.)
SHAWN HOWARD	1986 - 87	University Minn. (Duluth)
DOUG SPOONER	1986 - 87	University of Alaska (Anc.)
PHIL SOUKOROFF	1987 - 88	Northern Michigan University
JAMIE STEER	1987 - 88	Michigan Tech University
DALLAS DRAKE	1987 - 88	Northern Michigan University
MIKE BARKLEY	1987 - 88	University of Maine
DARCY MARTINI	1987 - 88	Michigan Tech University
GREG PARNELL	1987 - 88	Michigan Tech University
DANE JACKSON	1987 - 88	University of North Dakota
COREY CARLSON	1988 - 89	Denver University
TONY SZABO	1988 - 89	Northern Michigan University
TROY EWANCHYNA	1989 - 90	Princeton University
DAVE OLIVER	1989 - 90	University of Michigan
ROB ATKINSON	1989 - 90	Merrimack University
MIKE DENNIS	1989 - 90	University of Illinois (Chicago)



DANE JACKSON



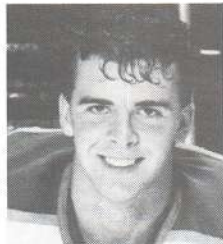
PHIL SOUKOROFF



DALLAS DRAKE



JAMIE STEER



MIKE DENNIS



ROB ATKINSON



DAVE OLIVER



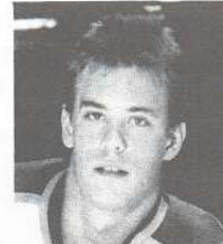
GREG PARNELL



DARCY MARTINI



SHAWN HOWARD



CORY CARLSON



DOUG SPOONER

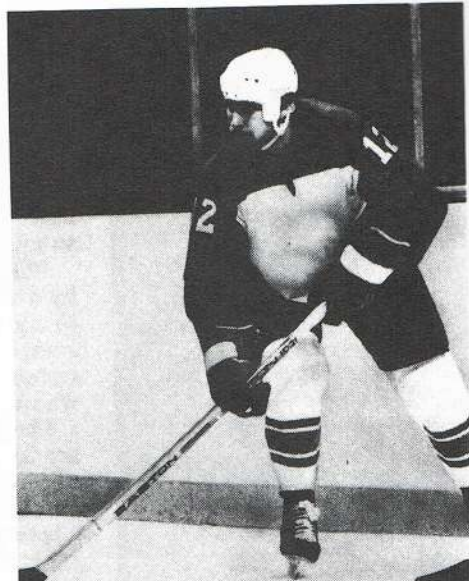


MIKE BARKLEY





# Test his



Tim Kerr

# metal

The Easton aluminum hockey stick.

Not only is it the only choice for top NHL goal scorer, Tim Kerr. It's also the only choice for Mark Howe, Mike Ridley, Gary Suter, Steve Thomas, Walt Poddubny, Jay Wells and dozens of other NHL stars.

Which isn't surprising.

Because Easton aluminum sticks are designed to deliver a performance no wood stick can match.

Our precision engineered aluminum shaft won't bend or twist. And our specially textured shaft surface insures a surer grip. So you always get maximum control.

Plus our sticks are lighter and better balanced. For faster stick acceleration. Better feel of the puck. And a more complete shot every time.

*Look what Easton did for Tim Kerr. Before he used our stick, his season high was 22 goals. Now Tim's a consistent 50-goal man. "I think the snap in the shaft helps my shot," he says.*

But you don't have to be a pro to get the Easton advantage. Easton sticks are available in a full range of flex patterns for every level of play, and every type of player.


So try one today.

And start putting *our* metal to the test for yourself.

 **EASTON**

Taking hockey out of the ice age.

Marketed and distributed exclusively by  **EASTON SPORTS**, 577 Airport Blvd., Burlingame, CA 94010

 Easton Sports, Canada, 9670 route Transcanadienne, Ville St-Laurent, PQ, H4S 1V9



# 6 MONTHS

Yes . . . in 6 months Vernon Interior Printers will be 100 years old. It was on May 14, 1891 that W. J. Harber merged his printing shop with Angus K. Stuart to form a firm which became known as The Vernon News Printing and Publishing Co. Ltd. The commercial printing portion of this firm eventually evolved into Vernon Interior Printers Ltd. in 1973.

Many times our competition wished we would not succeed in business, however, you don't become 100 years old by being a poor printer. Now we are looking forward to completing our second hundred years.



## VERNON INTERIOR PRINTERS LTD.

2901 - 29th St., Vernon, B.C.  
Telephone: 542-3393



## MIRKO PELLIZZARI

Birthdate: March 5, 1972  
Height: 5' 8"  
Weight: 155  
Hometown: Quesnel  
Last Team: Richmond Sockeyes

## **EXPERIENCED SALES PROFESSIONALS COME BUILD YOUR FUTURE WITH US!**

**Our top producers earn \$100,000  
or more and qualify for:**

- Group life, disability, medical, dental, benefits;
- Reduced mortgages, performance bonuses, stock purchase plan;
- Participating investment program, co-operative advertising;
- Company supplied sales and promotional materials, training conventions;
- Awards and recognition

**Do you have the following  
qualities?**

- Self-starter, high motivation
- Minimum of two years in direct sales
- Enjoy meeting and working with people
- Currently earning above average income
- Care about integrity and job satisfaction

**If YES, we can offer you a guaranteed  
income incentive package to join our team.**

**For more information, call 545-9188**



**Building futures  
since 1940.**



PHONE 542-6669  
24 HOUR ANSWERING SERVICE

EMERGENCY FLOOD &  
FIRE RESTORATION

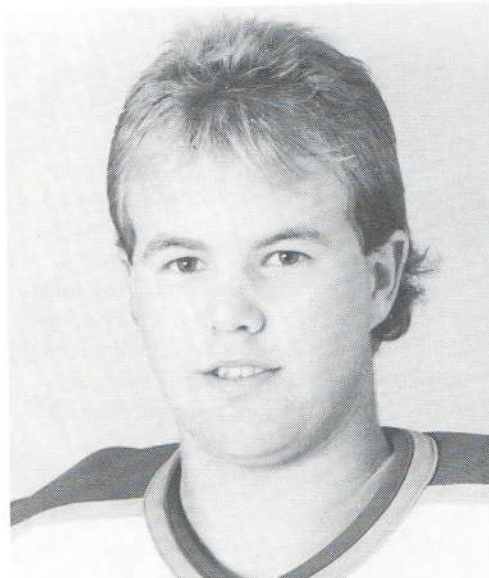
**KALAMALKA  
CARPET & FABRIC CARE**  
POWERFUL TRUCK MOUNTED  
CLEANING EQUIPMENT

*"Serving Vernon & Area Since 1980"*

**GRANT ROLSTON**  
OWNER OPERATOR

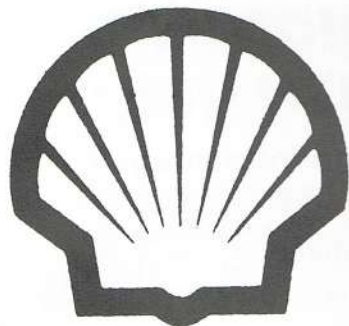
5730 SILVER STAR RD.,  
VERNON, B.C. V1T 6L6

**Our best  
to you.**

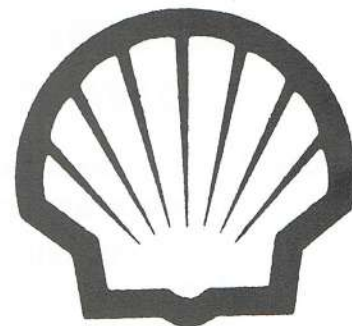


**KEVIN COX**

**Birthdate:** March 30, 1970  
**Height:** 5' 10"  
**Weight:** 180  
**Hometown:** Cranbrook, B.C.  
**Last Team:** Columbia Valley Rockies  
**Statistics:** Played 29 games,  
13 goals, 24 assists, 37 points

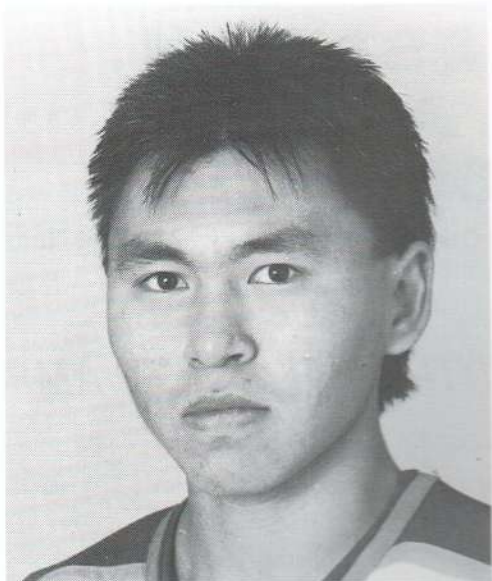


**Best of Luck  
LAKERS**



From your Vernon Area Dealers

- **Dobie's Shell Service**  
4419 - 27th Street  
**542-2233**
- **Shell Canada Products**  
Bulk Sales  
3500 - 27th Avenue  
**542-1343**
- **Abernathy's Shell**  
1901 Kalamalka Lake Rd.  
**542-1311**
- **Lavington Market Shell**  
**545-8370**



### TIM GORDON

**Birthdate:** May 6, 1970  
**Height:** 5' 10"  
**Weight:** 175  
**Hometown:** Inuvik, N.W.T.  
**Last Team:** Hobbema Hawks  
**Statistics:** Played 58 games,  
 27 goals, 24 points, 51 points

ROB EHMAN

PHONE  
545-6811

MARK EHMAN

## R&M GLASS & TRIM

#3, 4505 - 23rd STREET • VERNON, BRITISH COLUMBIA

COMPLETE GLASS SERVICE • AUTO • HOME • COMMERCIAL

☆ ICBC AND PRIVATE INSURANCE GLASS CLAIMS ☆

AUTOMOTIVE STRIPING AND PROTECTIVE MOULDINGS

WINDOW TINTING — SUN ROOFS  
SCREENS — PLEXIGLASS — MIRRORS

## AUDIO PACIFIC

### IMPORTS

SPECIALIZING IN IMPORT RECORDS  
AND COMPACT DISCS

PATRICK DAVIES

**549-3600**

#4 - 4300 - 27th Street, Vernon, B.C V1T 4Y4  
Fax: (604) 549-1888 • Res: (604) 549-4797

# Gerry O's

COLD BEER & WINE STORE



2900 - 30th Street

542-3333



### UNIVERSAL FASTENING & CONCRETE ACCESSORIES CANADA INC.

Lloyd Johnson  
BRANCH MANAGER

BUS. PHONE (604) 374-6295

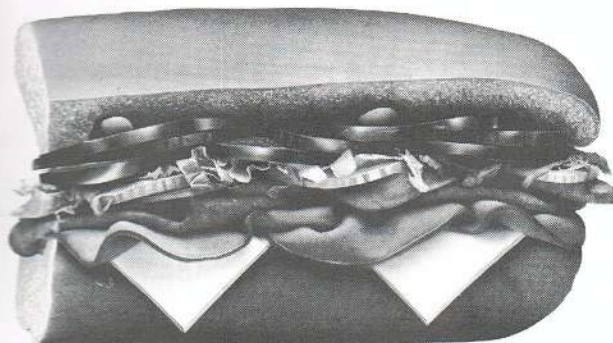
RES. PHONE (604) 376-0415

FAX NO. 372-1586

855 LAVAL CRESCENT

KAMLOOPS, B.C.

## LATE NIGHT BITES.



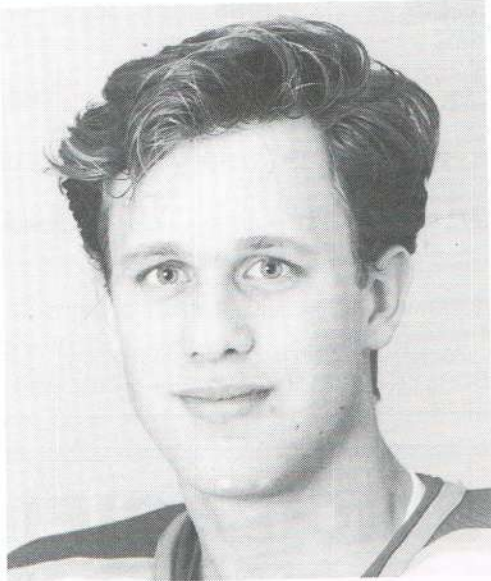
Subway's got the best tasting subs under the stars. All your favorite meats piled high on fresh baked bread — topped with free fixin's. Want a late night bite? Make it Subway tonight.

**545-6555**

4400 - 27th STREET, VERNON, B.C.







## KRIS BJORNSON

**Height:** 6' 1"  
**Weight:** 180  
**Hometown:** Calgary, Alberta  
**Last Team:** Calgary Jr. B. Bruins  
**Statistics:** Played 53 games,  
 24 goals, 40 assists, 64 points

# WEST-CAN AUTO SUPPLY



Your Quality Parts Store with Brand Names.

*GOOD LUCK  
CENTENNIAL CUP CHAMPS!*

Because you support B.C. Junior Hockey  
clip this ad and we  
will give you . . .

**10% OFF**  
your next purchase

Limit one per customer

1140 - 4th Ave., S.W.  
Salmon Arm, B.C.

4308 - 29th St.,  
Vernon, B.C.

**832-7770**

**542-3305**



# Sun Dial LIGHTING

RETAIL & WHOLESALE LIGHTING FIXTURES

- LIGHT BULBS
- LIGHT PARTS
- CEILING FANS
- SHADES (Glass & Cloth)

— CONTRACT RATES AVAILABLE —

RAY CREED

**545-7370**

2801 - 44th AVENUE, VERNON, B.C. • FAX: 545-7331 • RES: 545-2065





## Playing A Little Shinny.

Wrap the stick. Sharpen the blades. Check the equipment—don't open your bag inside the house. Go to the rink. Put on your jock. Your garters. Your stockings. Your gloves. Hit the ice. Skate like a mad dog. Make end to end rushes. Take wicked slapshots. Score the winner. Crack jokes in the dressing room. Shower. That's what playing a little shinny is all about.

**Molson Canadian**  
What Beer's All About.

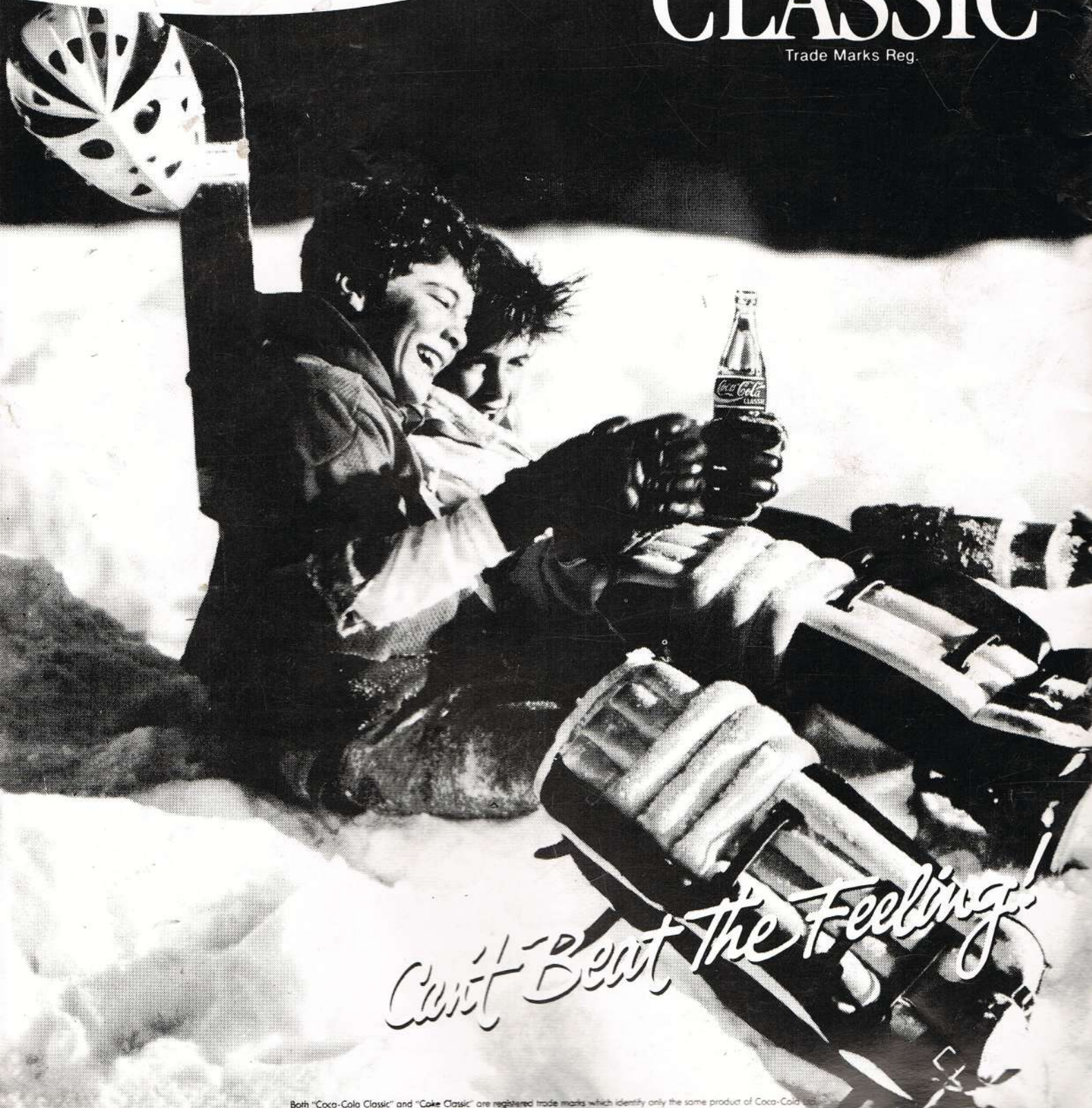




# Coca-Cola

## CLASSIC

Trade Marks Reg.

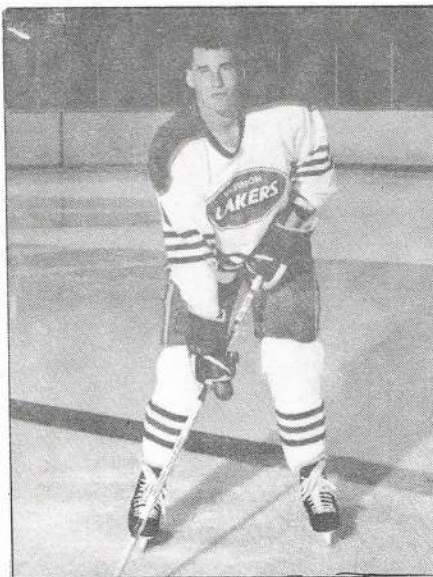


*Can't Beat The Feeling!*

Both "Coca-Cola Classic" and "Coke Classic" are registered trade marks which identify only the same product of Coca-Cola Co.



# 1990-91 VERNON LAKERS



**TREVOR FORSYTHE**  
Defence - 6'1", 190 lbs  
Hometown - Ashcroft, B.C.

**8**

Trevor came to the Lakers after two seasons with the Williams Lake Mustangs of the PCJHL. A tough, consistent blue liner, he would like to continue playing hockey next year, whether at the college level or in the professional ranks.

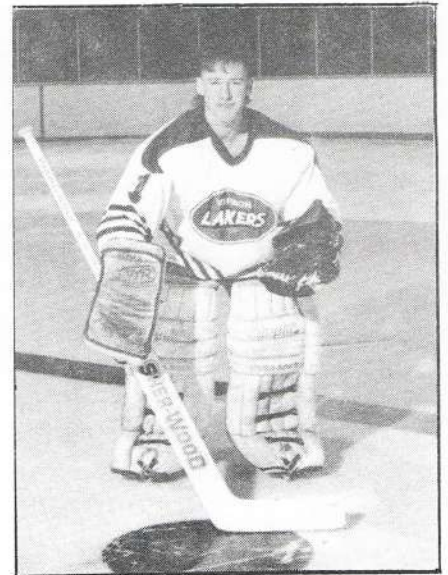
*Trevor Forsythe*  
148



**TROY BECKER**  
Defence - 6'2", 190 lbs  
Hometown - Winfield, B.C.

**10**

A 19 year old, Troy has proven to be a steady, hard working defenceman. He hopes that his efforts on the ice will catch the attention of US college hockey scouts.

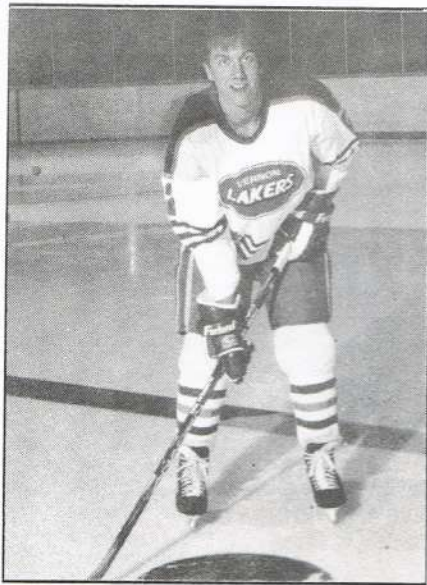


**MURRAY CATON**  
Goal - 6'1", 170 lbs  
Hometown - Chetwynd, B.C.

**1**

Murray is in his second season with the Vernon Lakers. He shut out New Westminster in the final minutes of the 1990 Centennial Cup final game, and would very much like to see this edition of the Lakers compete in a third Centennial Cup Tournament in as many years.





**LORNE KANNIGAN**  
Right Wing - 6'1", 185 lbs  
Hometown - Castlegar, B.C.

**12**

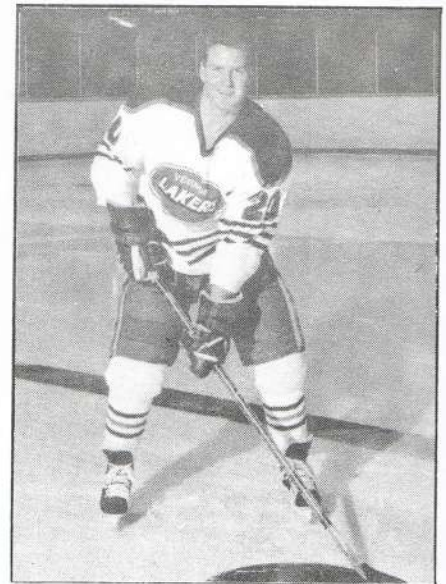
This is Lorne's second season with the Lakers. Next year Lorne hopes to attend a US college on a hockey scholarship. The hard working winger is having an excellent season.



**TERRY KLAPSTEIN**  
Centre - 5'8", 180 lbs  
Hometown - Quesnel, B.C.

**17**

Terry came to the Vernon Lakers after having completed a successful season with the Victoria Cougars. He hopes to continue playing hockey next season, whether it be in Europe, a Canadian college, or in the professional ranks.



**JEFF GOREN**  
Centre - 5'10", 175 lbs  
Hometown - Calgary, Alberta

**20**

Jeff came to the Lakers after a season with the Rossland Warriors in the KIJHL. He has proven to be one of the better defensive forwards for the Lakers. Playing hockey along with getting an education are in Jeff's plans.



**JASON ELDERS**  
Left Wing - 5'10", 185 lbs  
Hometown - Winfield, B.C.

**#27**

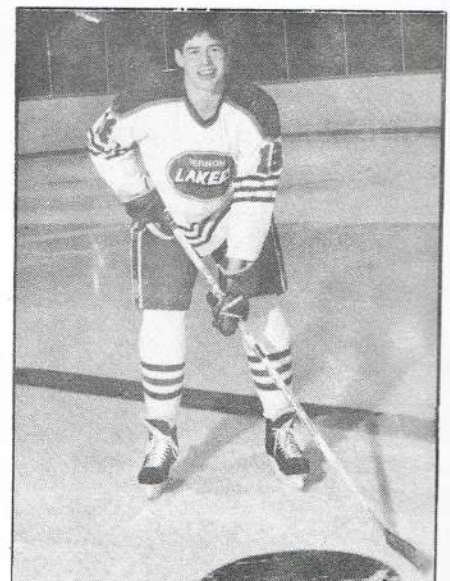
The "Mayor of Winfield" is having a great second season with the Lakers, breaking the record of most goals in a season of 64 set by Tony Szabo two years ago. Next year this speedy winger will attend the University of Denver on a scholarship.



**PHIL ESPOSITO**  
Left Wing - 6'2", 200 lbs  
Hometown - New Haven, Conn., USA

**16**

Phil attended and played hockey with Army Academy in the NCAA last season. This rugged twenty year old winger has given the Laker fans lots to cheer about and is looking forward to playing college hockey again next year.



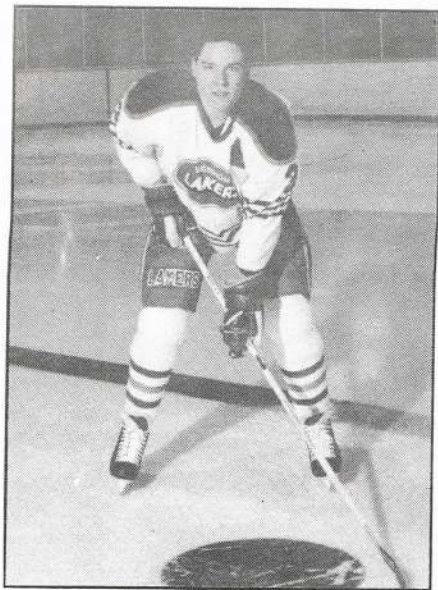
**DUSTY MCLELLAN**  
Left Wing - 6'1", 185 lbs  
Hometown - Ashcroft, B.C.

**18**

After having played AAA Midget hockey last year, Dusty is having a great first season with the Lakers. He is a Grade 12 student at Vernon Secondary School.



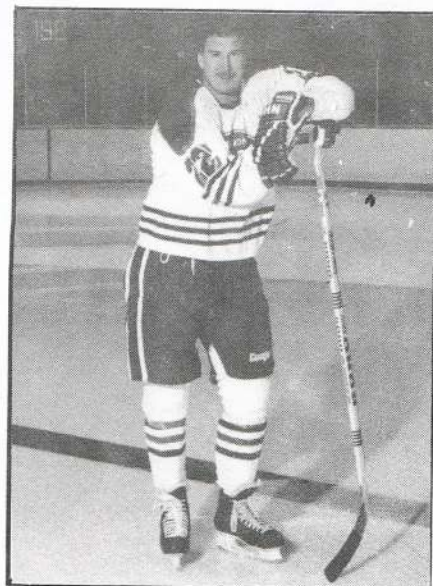




**MARCEL AUBIN**  
 Defence - 6'2", 195 lbs  
 Hometown - Westbank, B.C.

**3**

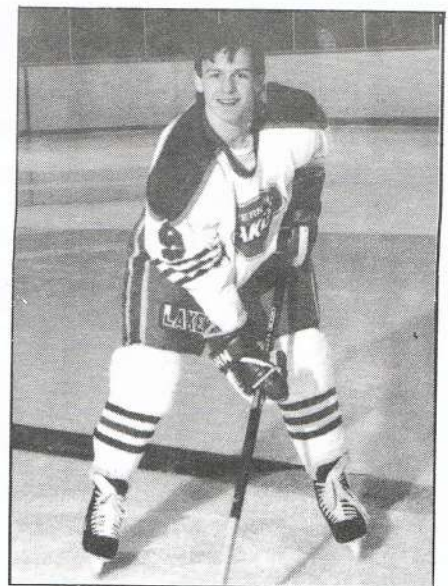
Not unlike three of his teammates who also played on the 1990 Centennial Cup winning team, Marcel is hoping this year's edition of the Vernon Lakers will go on to Sudbury to compete for the National Championship for the third time.



**DREW SAWTELL**  
 Right Wing - 6'2", 200 lbs  
 Hometown - Prince George, B.C.

**22**

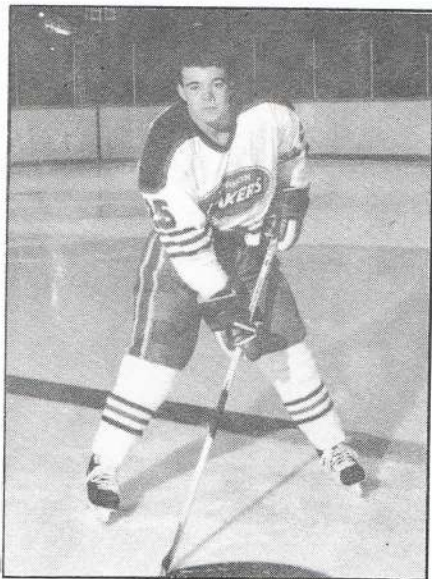
A three year veteran of the WHL, Drew has added both experience and muscle to the Lakers' line-up. He hopes to continue playing hockey next year in the professional ranks.



**SCOTT LONGSTAFF**  
 Centre - 5'10", 170 lbs  
 Hometown - Fort St. John, B.C.

**9**

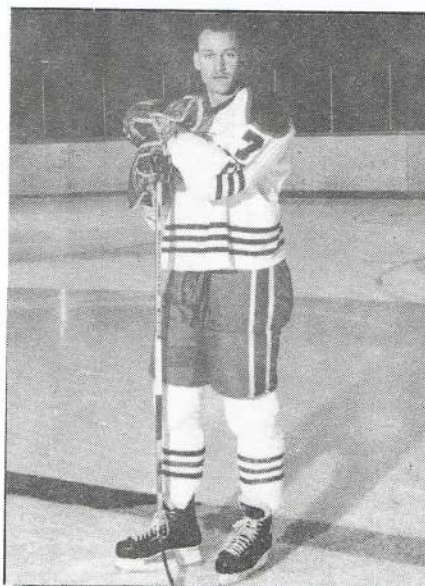
Scott has played on two previous championship teams, the 1987 Puralator Cup and the 1989 Air Canada Cup. The smooth skating centre says his current hockey goal is to help the Lakers win a Centennial Cup.



**ROBERT SHYPITKA**  
 Centre - 5'8", 190 lbs  
 Hometown - Cranbrook, B.C.

**25**

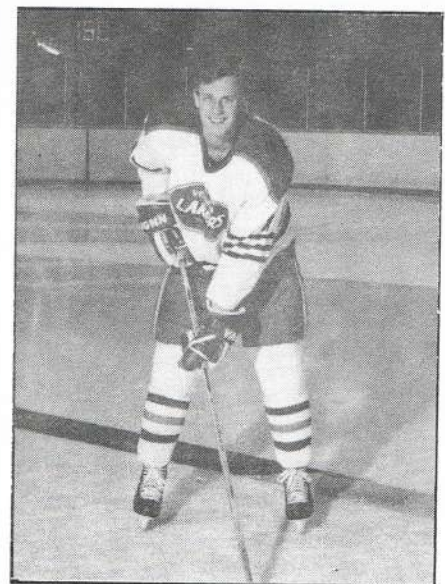
This fast, smooth skating centre is having a good year with 47 goals and 39 assists in 46 games. In his final year of junior hockey eligibility, Rob is hoping to be offered a hockey scholarship to a U.S. college.



**MIKE FISCHER**  
 Defence - 6'3", 200 lbs  
 Hometown - Sedley, Sask.

**7**

A late addition to the line-up, Mike comes to the Lakers from the SJHL where he was an all-star defenceman. Although Mike has been out for the past month due to a shoulder injury, the Lakers' coaching staff is looking forward to having him in the line-up during the playoffs.



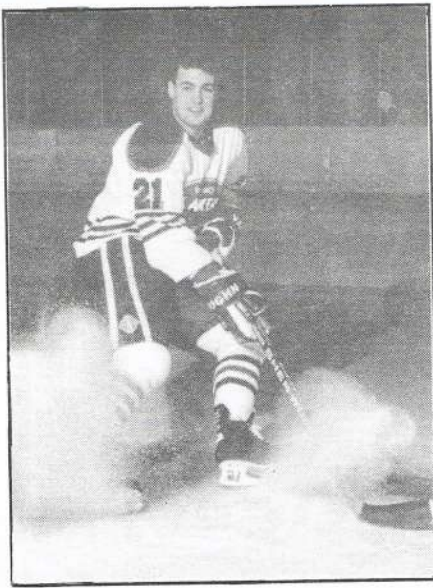
**KRIS BJORNSON**  
 Defence - 6'1", 180 lbs  
 Hometown - Calgary, Ab.

**4**

This smooth skating defenceman with good offensive skills caught the eye of Lakers' coach and GM last summer in Invermere. During the 1988-89 season, Kris played junior hockey in Germany. Next year he plans to attend college in Calgary and play hockey for the college team.



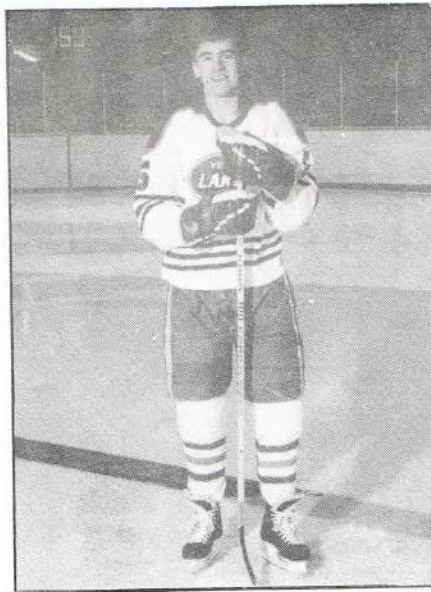




**COREY SPRING**  
Forward - 6'2", 215 lbs  
Hometown - Cranbrook, B.C.

**21**

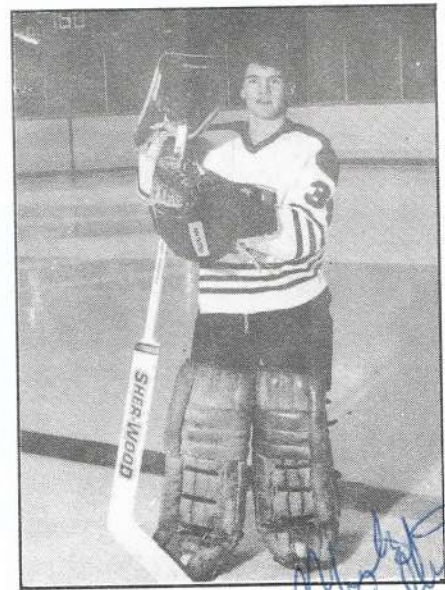
Lakers' coach and GM were impressed with this big, strong centre at the August rookie camp in Invermere. They haven't been disappointed in Corey who hopes that his efforts will catch the eyes of US college scouts.



**KEVIN RILCOF**  
Defence - 6'1", 180 lbs  
Hometown - Castlegar, B.C.

**5**

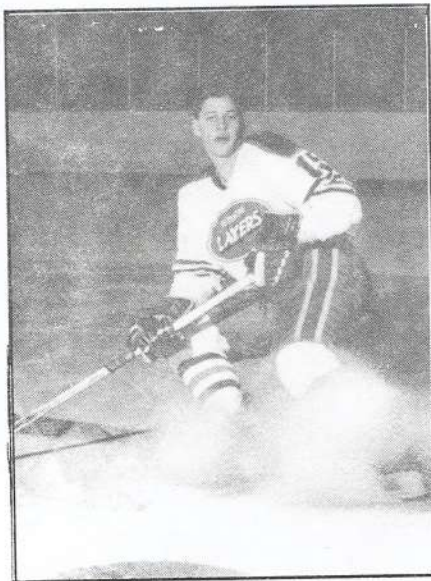
Kevin came to the Lakers after a successful season with the Castlegar Rebels of the KIJHL. He is a Grade 12 student at Vernon Secondary School and hopes for a hockey scholarship to an American Division 1 college. In summer, Kevin plays golf and tennis.



**MIRKO PELLIZZARI**  
Goal - 5'8", 160 lbs  
Hometown - Quesnel, B.C.

**34**

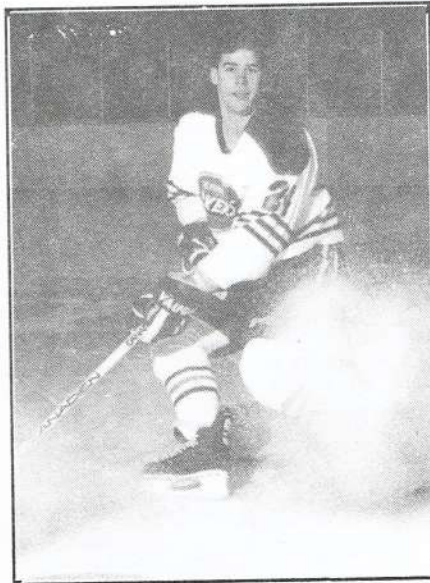
An 18 year old, Mirko has been playing hockey in the BCJHL for 3 years. Like many of his teammates, he too would like a chance to play college hockey.



**DAVE VECCHIO**  
Forward - 5'10", 175 lbs  
Hometown - Castlegar, B.C.

**15**

This speedy winger from the Kootenays plays bigger than his size. Dave is an eighteen year old and an excellent student. He hopes his ability to play hockey along with keeping a high scholastic average will help him attain a US college scholarship.



**RICK EREKENKO**  
Forward - 6'1", 195 lbs  
Hometown - Fort McLeod, Ab.

**24**

Last season, Rick played hockey for the Fort McMurray Oil Barons in the AJHL. Playing hockey for an American or Canadian college are in Rick's future plans.



**SHAWN POTYOK**  
Wing - 5'10", 170 lbs  
Hometown - Creston, B.C.

**11**

Shawn, in addition to playing wing for the Lakers, is also a musician who hopes to have a career teaching music. Last season, Shawn played for the Yorkton Terriers in the SJHL.



**LAKERS' PHOTOGRAPHY**  
BY  
**WAYNE EMDE**



# MOWAT CUP CHAMPIONSHIP

## BCJHL

• HOME •

### VERNON LAKERS

- 1. Murray Caton ✓
- 34. Mirko Pellizzari
- 3. Marcel Aubin ✓
- 4. P Kris Bjornson ✓ 1st 2nd 3rd  
5-2 6-4
- 5. Kevin Rilcof ✓
- 7. Mike Fischer ✓
- 8. Trevor Forsythe ✓
- 9. Scott Longstaff ✓
- 10. Troy Becker ✓
- 11. Shawn Potyok ✓
- 12. Lorne Kanigan ✓
- 15. David Vecchio ✓
- 16. P Phil Esposito ✓
- 17. Terry Klapstein ✓ "C" AG
- 18. ~~Dusty McLellan~~
- 20. ~~Jeff Goren~~
- 21. P Cory Spring ✓
- 22. Drew Sawtell ✓
- 24. P Rick Eremenko ✓
- 25. Rob Shypitka ✓
- 27. Jason Elders ✓

General Manager - Mel Lis  
 Head Coach - Ed Johnstone  
 Assist. Coach - Keith Chase  
 Trainers - Vic Chenier & Wayne Sorci

## PGJHL

• VISITORS •

### PRINCE GEORGE SPRUCE KINGS

- 1. Glenn Nazaruk
- 30. ~~Mark Thom~~
- 2. Jeff Dodds "C"
- 4. Randy Halpape
- 5. Gord Lennox
- 6. Jason Mager
- 7. Parrish Child
- 8. Stirling Delitzoy
- 9. Matt Recchi
- 10. Jason Van Buskirk 'A'
- 11. Mario LeBlanc
- 14. Tom Mix
- 15. Clarence Roulette
- 16. Troy Johnson
- 17. Darren Watson
- 18. Derek Trainor
- 19. Rick Kooses
- 20. Frank Crosina
- 21. Davey Jones
- 22. Preston Roulette
- 24. Shawn Ledinski 'A'

Head Coach - Jeff Rowland  
 Assist. Coaches - Mike Mesic  
 - Scott Farrell  
 Trainer - Stu Berry  
 Equipment Manager - Malcolm Poburan

**Sun Valley**

**S.P.O.R.T.S**  
LTD.

Member of  
SPORTS DISTRIBUTORS  
OF CANADA  
**542-2852**

OVER 150 STORE BUYING POWER

"HOCKEY SPORTS AND TEAM SPECIALISTS" NEWLY ENLARGED HOCKEYSHOP, COMPLETE TEAM & CORPORATE OUTFITTERS, INSTORE SILKSCREENING, INSTORE EMBROIDERY. VISIT OUR DOWNSTAIRS DISPLAY AREA.

3334 - 30th Avenue  
(next to Eatons)  
Downtown Vernon

**SUBARU**  
SERVICE



• MECHANICAL • BODY SHOP • WINDSHIELDS  
• TOWING • R.V. REPAIRS • SNOWMOBILES And REPAIRS

**542-2324**

**Hilltop**  
SALES & SERVICE LTD.

1830 Hwy. 6 (Just Past Polson Mall) Vernon, B.C. V1T 8V3



# VERNON LAKERS

## 1990-91 PLAYOFF SCORING (Includes April 2nd)

No.	Pos.	Player	GP	G	A	TP	PIM	PPG	SHG	WG
17	Ctr	KLAPSTEIN, Terry (70)**	14	7	29	36	8	3	0	2
27	LW	ELDERS, Jason (70)	14	20	14	3	18	2	2	3
25	RW	SHYPITKA, Rob (70)	14	13	17	30	20	1	0	1
22	RW	SAWTELL, Drew (70)**	14	9	18	27	26	3	1	2
16	Ctr	ESPOSITO, Phil (70)	14	13	10	23	83	4	0	2
9	RW	LONGSTAFF, Scott (71)**	13	7	13	20	8	2	1	0
8	Def	FORSYTHE, Trevor (70)	14	3	14	17	50	1	0	1
12	RW	KANIGAN, Lorne (70)	14	5	11	16	9	0	1	1
3	Def	AUBIN, Marcel (70)	14	4	10	14	21	2	0	0
21	Ctr	SPRING, Corey (71)	14	7	5	12	10	2	0	0
4	Def	BJORNSON, Kris (70)	14	4	6	10	10	1	0	0
7	Def	FISCHER, Mike (70)	7	1	5	6	13	0	0	0
24	Ctr	EREMENKO, Rick (71)	14	1	4	5	20	0	0	0
10	Def	BECKER, Troy (71) *	14	0	4	4	18	0	0	0
18	RW	McLELLAN, Dusty (72) *	13	1	2	3	12	0	0	0
11	RW	POTYOK, Shawn (71)	14	1	2	3	12	0	0	0
15	RW	VECCHIO, David (72) *	14	1	1	2	6	0	0	0
5	Def	RILCOF, Kevin (73) *	9	1	0	1	4	0	0	0
20	Ctr	GOREN, Jeff (71) *	12	1	0	1	14	0	0	0
2		STEELE, Chuck (ap)	2	0	1	1	9	0	0	0
		Bench Penalties					2			

### GOALTENDERS

	GP	Min	GA	SO	AVG	W	L	PIM	A	Saves	Save PCT
1 G	14	840	65	0	4.64	12	2	2	1	398	0.860
34 G	0	0	0	0	0.00	0	0	0	0	0	0.000
				1							

ENG.....



# PRINCE GEORGE SPRUCE KINGS

## HOCKEY CLUB

### PLAYOFF SCORING STATS

No.	Player	GP	G	A	TP	PIM
5	LENNOX, Gord	5	4	5	9	17
16	JOHNSON, Troy	5	4	5	9	0
24	LEDINSKI, Shawn	3	2	5	7	2
15	ROULETTE, Clarence	5	3	3	6	18
6	MAGER, Jason	5	2	3	5	26
10	VAN BUSKIRK, Jason	5	1	4	5	4
17	WATSON, Darren	5	2	3	5	42
22	ROULETTE, Preston	5	1	4	5	19
2	DODS, Jeff	5	1	2	3	6
8	DELITZOY, Stirling	5	1	2	3	2
19	KOOSSES, Rick	5	2	1	3	39
20	CROSINA, Frank	5	1	2	3	0
7	CHILD, Parrish	5	0	2	2	4
9	RECCHI, Matt	5	1	1	2	8
11	LEBLANC, Mario	5	2	0	2	0
4	HALPAPE, Randy	5	1	0	1	48
14	MIX, Tom	5	0	1	1	2
18	TRAINOR, Derek	1	0	0	0	0
21	JONES, Davey	3	0	0	0	0

#### GOALTENDERS

		GP	SHOTS	Saves	Save PCT
30	THOM, Mark	4	190	178	0.940
1	NAZARUK, Glenn	1	36	31	0.860



